

Department of Obstetrics & Gynecology  
and  
Manipal Obstetrics & Gynecological Society

## Manipal UroGynecology Course 2019



### Course Description:

The Manipal Urogynecology Course is for the Budding Gynaecologists (Post Graduate Students & Young Gynaecologists), to acquaint them with Basic Principles, Scope, Clinical Decision Making, Surgical Techniques and Controversies in Urogynecology. The armamentarium consists of various teaching-learning tools to make it a satiating and enriching experience.

### Course Menu-Card:

27<sup>th</sup> July (Saturday): 7:00 p.m. - 9:00 p.m.

- Inauguration
- Faculty Introduction
- Lecture 1: Scope and Evolution of Urogynecology
- Lecture 2: An Expert's Journey in the Road Less Traversed
- Cover Launch
- Dinner, Music & Comraderies

28<sup>th</sup> July (Sunday): 9:00 a.m. - 4:30 p.m.

9:00 am - 9:20 am : Introduction to the Course Design & Faculty

9:20 am - 11:00 am : **Session - 1**

Anatomical Orientation of Pelvis in relation to Urogynecology (Landmarks, etiopathological injuries/changes & principals of reconstruction - integral theory). Overview of Overactive Bladder with emphasis on Medical Management & Guidelines. Live interactive session from OT to demonstrate surgical options for Severe Urgency & Urge incontinence.

9:20 am - 9:40 am : Applied Anatomy (Urogynecology)

9:40 am - 10:00 am : Overactive Bladder

10:00 am - 11:00 am : Live from OT

**Case 1: Cystoscopy & Botox**

**Case 2: Sacrospinous hysteropexy**

(Introduction to the cases + Basic Technique + Interaction with Audience)

11:00 am- 12:40 pm : **Session - 2**

A journey of Stress Urinary Incontinence – its theoretical aspect & surgical correction. To complete the discussion of incontinence, cystitis needs adequate understanding. By the end of first 2 sessions, we aim to have a detailed understanding of Urinary Incontinence inclusive of demonstration of rare yet practically simple surgical techniques.

11:00 am- 11:20 am : Cystitis & when it is Recurrent

11:20 am- 11:40 am : Stress Urinary Incontinence

11:40 am- 12:40 pm : Live from OT

**Case 3: TVT- Retropubic approach**

**Case 4: Bulkamid Urethral Bulking System**

(Introduction to the cases + Basic Technique + Interaction with Audience)

12:40 pm- 1:00 pm : **Break**

Ease your Muscles & Grab your Lunch

1:00 pm- 3:00 pm : **Session - 3**

Controversies and Courtroom [Working Lunch] It's time to dive deeper. Among the controversies and courtrooms the TRUTH lies somewhere in between. Meshes in vagina have gathered enough disrepute after the FDA warnings. Le fort's is another procedure for which the trainees think that an obituary is already been written. The truth lie somewhere in the grey zones. Let us learn from the experts why are they still using it and for which cases.

1:00 pm- 1:20 pm : Mesh in Prolapse

1:20 pm- 2:00 pm : Le Fort Colpocleisis

2:00 pm - 3:00 pm : Live from OT

**Case 5: Prolapse with mesh**

(Introduction to the cases + Basic Technique + Interaction with Audience)

3:00 pm- 4:00 pm : **Session - 4**

**The Game Show** : It's quiz time! Eight teams based on an earlier internet based open book test will fight to win the **MOST EXCLUSIVE SURPRISE**. The question in the quiz will included only those aspects, which are covered during this course.

4:00 pm- 4:30 pm : **Session - 5**

Live from USA

® One year Follow-up of all cases operated during this course will be demonstrated during the second Manipal Urogynecology Course (2020).