

KASTURBA HOSPITAL, MANIPAL

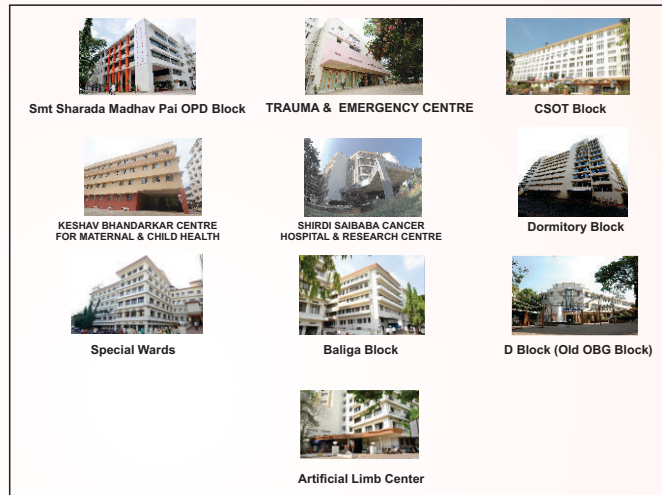


- Kasturba Hospital, Manipal has emerged as a premier healthcare institution providing quality tertiary care to patients - both domestic and international with 2032 beds.
- It is the teaching hospital attached to Kasturba Medical College, Manipal an associate hospital of Manipal University and is managed by Manipal Health Enterprises Pvt.Ltd Systems.
- The state-of-the-art facilities across every department with sophisticated diagnostic and therapeutic care at an affordable cost in the basis of treatment at Hospital.
- The pharmacy of Hospital has an updated generic based formulary providing high quality affordable drugs.
- The services expanded were with an exclusive Trauma and Emergency Centre with diagnostic facilities for emergency services under one roof to provide the patients with excellent care at the earliest.
- Integrated Mother and Child Centre opened for comprehensive care of Women, children and neonates with all the latest and sophisticated facilities.

Accreditations & Certifications

- Kasturba Hospital is the first Medical College Hospital in Karnataka to get the prestigious Accreditation from National Accreditation Board for Hospitals & Health Care Providers (NABH) on 14 September 2009.
- It is ISO 9001:2008 and ISO 14000:2004 certified for QMS/EMS displaying the strong commitment to continuously improve the quality of services provided to the patients.
- In The Week - Nielsen Survey conducted in November 2016 Kasturba Hospital has been awarded the 4th Rank in Best Specialty Hospitals - South Zone.
- Achieved the Guinness World Record for 'The Most Participants in Hand Sanitizing Relay' held on 15th October, 2016.
- Winner of the Commendation Certificate for Performance Excellence from IMC Ramakrishna Bajaj National Quality Award 2014 - 2015.

MAIN BLOCKS



Services available

- ▶ Orthopaedics
- ▶ Neurology
- ▶ Neuro Surgery
- ▶ Cardiology
- ▶ Cardiothoracic Surgery
- ▶ Medical Oncology
- ▶ Surgical Oncology
- ▶ Radiotherapy & Oncology
- ▶ Nuclear Medicine
- ▶ Urology
- ▶ Nephrology
- ▶ In-Vitro Fertilization (MARC)
- ▶ Emergency Medicine
- ▶ Gastroenterology
- ▶ Obstetrics & Gynaecology
- ▶ Anaesthesiology
- ▶ Paediatrics
- ▶ Paediatric Surgery
- ▶ Neonatology
- ▶ Ophthalmology
- ▶ ENT
- ▶ Plastic Surgery
- ▶ Chest & Allergy
- ▶ Skin & STD
- ▶ Clinical Genetics
- ▶ General Surgery
- ▶ General Medicine
- ▶ Psychiatry
- ▶ Clinical Psychology
- ▶ Radio Diagnosis
- ▶ Interventional Radiology
- ▶ **Support services**
- ▶ Dental Surgery
- ▶ Physiotherapy
- ▶ Occupational Therapy
- ▶ Speech & Hearing
- ▶ Artificial Limb Centre
- ▶ Ayurveda
- ▶ Yoga

Psychiatry OPD : +91 820 292217

Helpline

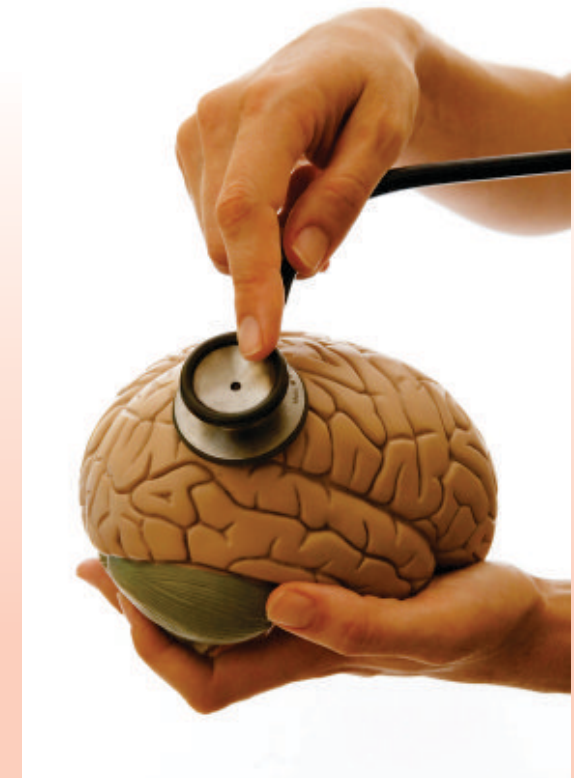
Emergency : +91 820 2575555
 Help Desk : +91 820 2922761
 Enquiry : +91 820 2571201
 Appointment : +91 820 2571967
 Customer care : +91 820 2923188

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Department of Psychiatry



Department of Psychiatry

The Department of Psychiatry at Kasturba Hospital is dedicated to providing quality care to people who experience mental health problems. Personalized treatment programs are moulded to meet the needs of each individual. A team of psychiatrists, psychiatric social workers and clinical psychologists work together to help patients. Patients benefit from the innovation and team philosophy found here. Along with clinical care, the department emphasises excellence in teaching and research.

Treatments offered

Multidisciplinary evaluation of any mental health problem.
Clinical Psychopharmacology.
EEG monitored Electroconvulsive therapy.
Individual Psychotherapy.
Family and Marital therapy.
Group therapy.
Therapy for children and adolescents with emotional and behavioral disturbances.
Therapy for individuals with substance abuse / dependence.
Therapy for emotional disorders associated with physical illnesses.
Counseling.
Home visits to enhance assessment and treatment.

Clinical Services

Daily outpatient and inpatient services at Kasturba Hospital, Manipal.
Evening consultation clinic (Daily OPD's) at Dr. TMA Pai Hospital, Udupi.
24 hours emergency care services.

Community mental health services through extension centers at

- . Home for destitute women
- . School mental health services at Govt. Primary School,
- . Vishwasada mane home for destitute person with mental illness.

- . Udyavara and Karkala camp
- . Telepsychiatry review kandlor PHC and Hebri CHC.
- . Manipal & Kadiyali High School, Udupi.
- . Consultation Liaison Psychiatric Services.
- . Psycho - oncology Clinic.
- . Child and Adolescent Psychiatry Clinic.
- . Deaddiction clinic for alcohol and substance abuse.
- . Psychodermatology Clinic.

Hombelaku is a medium to long term stay and rehabilitation centre for the chronically mentally ill. It is administratively and functionally integrated to the Kasturba Medical College, Manipal. The centre started functioning in January 2010. The centre is a 50 bedded facility for the chronically mentally ill. It is located in the university campus on a 1.5 Acre plot on a hillside facing a valley at Manipal. It provides a calm and soothing atmosphere to facilitate rehabilitative processes. The centre has separate residential wings for men and women. Each wing has 2 bedded rooms and dormitory facilities with common toilet and bath areas. Day care services are also provided at the centre.

Objectives

- . To provide the highest quality clinical care
- . To provide a nurturing environment for healing
- . To facilitate integration of the person into society by training in daily living skills, developing work habits, improving social skills and fostering decision making abilities
- . To minimize disability
- . To provide respite care

Professional inputs - The rehabilitation programs are planned and managed by an experienced team of psychiatrists, psychiatric social workers, clinical psychologists, psychiatric nurses and occupational therapists. The centre has a yoga instructor and a vocational trainer who provide their services. The centre has 24 hour supervision by qualified nurses and ward attendants.

It is the endeavor of the professionals working at Hombelaku to provide holistic, consistent and humane care to the residents. The treating team strives constantly to improve therapeutic input to facilitate the realization of the potential of the residents maximally.

Clinics in Kasturba Hospital

- . Sexual disorder clinic in department of skin and Urology
- . Memory clinic at department of neurology
- . Psychiatry clinic at Asare

