

Communiqué

Newsletter of

Volume 2; Issue 1
June 2017



**MANIPAL COLLEGE
OF DENTAL SCIENCES**
MANGALURU



The Department of Oral and Maxillofacial Surgery, Manipal College of Dental Sciences, Mangalore was founded in the year 1986 with an aim to be pioneers in the field of maxillofacial diagnosis, medical and surgical management. The department was headed by stalwarts in the field including **Dr. Mohan Baliga** and **Dr. Premalatha Shetty**. **Dr Anand Amirthraj**, the current Professor and Head is poised to carry their legacy forward. In the pipeline is a vision for a unique **Maxillofacial Surgical Simulation Laboratory** that will immensely benefit in building confidence in Surgical Skills of all students.

Being a branch of dentistry that lays the foundation for clinical practice and handling medical emergencies in dental practice, OMFS is taught in the third and final years of the BDS curriculum. Apart from sharpening the surgical skills of UGs and PGs, the faculty are actively involved in myriad Head and Neck Surgeries including Trauma, Oncology, Exodontia, Orthognathic surgery, Facial Aesthetics, all under one roof.



EDITORIAL

It gives me immense pleasure to be the guest editor of “Communique” a vibrant news letter. The primary focus has been geared at conveying events and glorifying the achievements within the college.

The campus is filled with smart inspired students ready to take advantage of the breadth of offerings by MCODS, Mangalore both in classroom and extra-curricular activities. I would like to thank all the staff members for coming up with this issue.

Dr. Anand Amirthraj
Professor and Head

Department of Oral and Maxillofacial Surgery

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TOP 20 DENTAL COLLEGES

Rank 2017	Rank 2016	Name of the Institute	P. Pvt G. Govt	City	Selection Process (NR)	Academics (NR)	Personality devp. & exposure (NR)	Infrastructure & facilities (NR)	Placement (NR)	Total Score (NR)
1	1	Mediana Acad Institute of Dental Sciences	G	Delhi	194.0	175.0	206.9	158.5	158.6	893.0
2	2	Manipal College of Dental Sciences	P	Mangalore	165.0	175.3	185.8	160.5	158.6	845.1
3	3	Government Dental College & Hospital	G	Mumbai	166.0	176.0	202.3	142.0	157.1	823.5
4	4	Nair Hospital Dental College*	G	Mumbai	172.0	175.0	178.0	126.0	154.0	805.0
5	5	Government Dental College & Research Institute	G	Bangalore	181.0	163.0	176.3	135.0	140.0	795.3
6	6	Faculty of Dental Sciences, King George's Med University	G	Ludnow	144.0	160.0	177.0	163.0	144.3	789.3
7	7	Christian Dental College	P	Ludhiana	172.0	164.0	159.5	148.5	131.4	775.4
8	10	SDM College of Dental Sciences	P	Dharwad	155.0	160.0	185.3	134.5	137.1	772.0
9	9	Post-Graduate Institute of Dental Science	G	Rohatak	158.0	162.0	167.3	137.0	147.3	771.4
10	8	Dr R Ahmed Dental College & Hospital	G	Calcutta	181.0	155.0	166.9	132.0	135.7	770.6
11	11	Government Dental College & Hospital	G	Chennai	173.0	148.0	178.8	148.5	137.3	768.6
12	13	Manipal College of Dental Sciences	P	Mangalore	155.0	156.0	177.8	144.0	127.14	760.0
13	14	Government Dental College & Hospital	G	Bangalore	155.0	147.0	172.2	147.0	142.3	758.4
14	15	SDM Dental College	P	Chennai	145.0	150.8	167.3	154.0	128.6	745.7
15	12	Bajaj Dental College & Hospital	P	Davangere	142.0	140.0	176.9	145.5	130.0	734.4
16	16	Faculty of Dental Sciences BHU*	P	Varanasi	150.0	147.0	162.0	142.0	130.0	731.0
17	24	AI Shetty Memorial Institute of Dental Science	P	Mangalore	139.0	135.0	150.7	153.5	131.4	710.7
18	20	College of Dental Sciences	P	Davangere	150.0	160.0	164.8	122.0	120.0	716.8
19	19	Government Dental College & Hospital	G	Aurangabad	156.0	141.0	160.7	118.0	128.6	704.3
20	21	Goog Institute of Dental Sciences	P	Coorg	143.0	157.0	163.3	116.0	124.3	705.6

STANDING TALL

Manipal College of Dental Sciences, Mangalore was ranked 12th among the dental colleges in India as per the Outlook- (published in June 2017).

LIFE'S BALLOONS

On the 5th of April, 2017, the students and interns listened to a very delightful talk on Life Skills titled “*Life’s Balloons*” by **Dr. Ankita Arora** (alumna of MCODS, Mangalore, Batch of 2004) who is presently an Assistant Professor in the Faculty of Dentistry at the MMMC, Malaysia.

Dr. Ankita spoke of the need to have a balance between Ambition, Passion, Desire, Health and Family and Friends. By narrating real life instances, she emphasized the need for students and professionals to learn to ‘let go’ and ‘move on’.



“IF YOU GIVE UP, IT’S OVER. BUT IF YOU DON’T, THE DAY WILL COME WHEN YOU’LL BE GLAD YOU DIDN’T GIVE UP”

ALL ON 4

Dr. Dipen Shah, PG alumnus (2007) of the *Department of Periodontology*, MCODS, Mangalore, currently practicing in Wodonga, Australia visited our college on the 27th April 2017.

His lecture on “**ALL on 4**” concept of dental implants which he uses extensively in his dental practice, was appreciated by the interns and PG students. Dr Dipen Shah also spoke on “**Pathway and scope of dental practice in Australia**”.



WORKSHOP FUND

In line with the University Mission on research, the Department of Conservative Dentistry & Endodontics, MCODS, Mangalore conducted a workshop titled "Fund" on 18th May 2017. The resource person was Dr. Ramya Shenoy, Associate Professor, Department of Public Health Dentistry, MCODS, Mangalore. The programme ended with two research proposals and a sway of grants in process.

STUDENT EXCHANGE

A team of 6 interns, **Sanchitha Chandar**, **Harshit Atul Kumar**, **Kushan Dhawan**, **Shreya Shah**, **Keerthi Kailath**, and **Karishma Ann Mathew**, were delighted to be a part of the student exchange program with the Faculty of Dentistry, **University Teknologi Mara, Malaysia** from April 2-17, 2017.

The structured programme gave them opportunity to observe the best work practices in their chosen fields of dentistry. Their program coincided with the conduct of the 7th International Dental Students Symposium wherein each of them presented scientific papers and Dr. **Shreya Shruti Shah** was awarded for her research presentation.

The students combined work and leisure and also went sightseeing. They are grateful to Dr. Mohamed Ibrahim Abu Hassan, Dean, Faculty of Dentistry and his team for the wonderful exposure and hospitality. The trip seemed complete with a visit to the Melaka Manipal Medical College, Melaka.

In their words, the 6 interns professed their gratitude to MCODS, Mangalore for the opportunity to grow academically and professionally.



Never ask a surgeon
whether you need an operation.

- Koehler

COLLEGE DAY AND AWARDS CEREMONY, 2017



The College Day & Awards Ceremony, 2017 of the Manipal College of Dental Sciences, Mangalore was held on 11th of March. **Dr. H Vinod Bhat, Vice Chancellor** , Manipal University, was the honourable Chief Guest and was accompanied on dais by **Dr. V Surendra Shetty, Pro- Vice Chancellor** , Manipal University, Mangalore Campus and **Dr Narayan Sabhahit** , Registrar, Manipal University.

Dr. Dilip Naik, Dean, highlighted the many achievements during the presentation of the college report. Notable amongst these was the ranking of MCODS Mangalore among the top five private dental colleges in India and the especially in the field of research and innovation.

Dr. Vinod Bhat recollected the foundation and ethos of the Manipal University. He spoke on the values instilled by the late **Dr. TMA Pai** whose vision has been carried forward by **Dr. Ramdas M Pai, Chancellor, Manipal University** , under whose leadership the university has attained international recognition and fame. **Dr. Bhat** urged the students to pursue their goals with dedication, commitment and perseverance, stressing on the importance of continual learning and research and innovation. He wished the graduating Class of 2012 all success in their future.

Dr. V. Surendra Shetty released the third issue of the college newsletter “**Communique**” and in his address motivated the students to pursue higher education and highlighted the scope of clinical practice in urban and rural India. **Dr. Narayan Sabhahit** spoke about importance of time management and setting the right priorities for successful careers. He expressed his confidence in the graduates to uphold the traditions of MCODS, Mangalore by excelling in the upcoming post graduate entrance test and wished them luck.

Many students and members of the staff received awards for their many achievements. The coveted **Dr. TMA Pai Gold Medal** for the Best Outgoing Student of the Year 2016 was conferred to **Mr. Mohd Shafiq Bin Shaffa’ee** . The certificate of PRAISE (Publication and Research Award Incentive for Students to Excel) was received by **Dr. Vignesh P**.

Awards for the Good Teacher and best Audio-visual material were conferred on **Dr. Ashwin Rao** and **Dr. Manuel Thomas**. **Dr TMA Pai Gold medal** for the Best Research Publication was awarded to **Dr. Suhel Dabawala** and co-authors.



UGC TEAM VISIT

Representatives from the University Grants Commission (UGC) **Dr. Mansing G Pawar**, Dean, Government Dental College & Hospital, Mumbai and **Prof (Dr.) Saranjit Singh Bhasin**, Dean, Faculty of Dentistry, Jamia Millia Islamia, New Delhi had visited MCODS, Mangalore on 23rd March, 2017.



AYUBOWAN!

A representation of dental specialists from the Sri Lankan Medical Council visited MCODS, Mangalore on the 19th and 20th of April, 2017. **Prof. Dr. Wanninayake M. Tilakaratne** (Dean and Professor of Oral Pathology, Faculty of Dental Sciences, University of Peradeniya) and **Dr. Suresh Shanmuganathan**, President, Sri Lankan Dental Association inspected and assessed the infrastructure, teaching programme and curricular innovations with a view to facilitate renewal of the Recognition by the SLMC of the undergraduate training program conducted by MCODS Mangalore.



VISIT TO FLORIDA

Dr. Sharon Saldanha attended Phase 4: "Advanced Problem Solving," the last of the Dawson Academy seminars in the "Concept of Complete Dentistry Series." from 6th to 8th April, 2017 at Florida, USA.

PROSTHETIC REHABILITATION OF MAXILLOFACIAL DEFECTS

Department of Prosthodontics Crown & Bridge, conducted a continuing professional development programme on “**Prosthetic Rehabilitation of Maxillofacial Defects**” on 29th & 30th of March with **Dr. Mithun Upadhy**a, Reader, A.J. Institute of Dental Sciences, Mangalore as the resource person. Over the 2 days, he spoke on prosthetic rehabilitation of various maxillofacial defects and complemented the same by a good hands-on workshop on fabrication of orbital and auricular prostheses.



AN OVERVIEW OF PERI-IMPLANT DISEASES

Dr. Abhiram Maddi, Adjunct faculty of MCODES Mangalore, was the resource person for the Continuing Professional Development Program on “**An overview on Peri implant diseases**” that was held on 5th April 2017, at Medical Education Hall, Light House Hill Road Mangalore. **Dr. Ullas Kamath**, Dean MMMC Manipal was the chief guest for the event. **Dr Dilip G Naik**, Dean MCODES Mangalore presided over the function. Dr. Abhiram Maddi spoke on the Etiology and management of peri implant diseases, and stressed on implant maintenance. The talk was attended by about 100 delegates from colleges in and around Mangalore.



Dr. Abhiram Maddi interacted with the postgraduates of the department and discussed various cases. He also spoke to the Interns of the Institute on 7th April regarding the scope of dentists in USA.

LAURELS AT PEDO MELA

PEDO MELA a CPD programme was held on 17th and 18th April 2017, at Yenepoya Dental College, Mangalore , in association with Indian Society of Paedodontics and Preventive Dentistry. Here are the achievements of our staff and students at PEDO MELA.



Dr. Ashwin Rao, Associate professor, Department of Paedodontics and Preventive dentistry won the First place in case presentation (Faculty category) titled – “Intravenous Sedation with Midazolam for children: a case report”



*Dr. Sowmya
Sridhar*



*Dr. Rose Maria
Joseph*



*Dr. Ellana
J. Joseph*



*Dr. Devyani
Bahl, Intern*

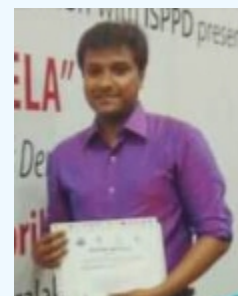


*Dr. Anirudh
Chakravarthy, Intern*

First year PGs, Department of Paedodontics and Preventive Dentistry

Our students won the 2nd prize for their short film – “MUSKAAN- building smiles through years” on the topic “Promoting Paediatric dentistry” in the short movie making competition “FILMY PLAYGROUND”

Dr, Vignesh Palanisamy , 3rd year PG, Department of Paedodontics and Preventive Dentistry won the second place in case presentation (Post Graduate category) titled – “Apical closure and root lengthening following MTA primary monoblock obturation in a young immature permanent tooth: 18 months follow-up”



STATE LEVEL UNDERGRADUATE CONFERENCE



Dr. Mohd Shafiq Bin Shaffa'ee won the Spell Bee Competition held in the 2nd State Level Conference held at Davangere



Ms. Karen Stellus of I BDS won the carving competition for undergraduates held on 3rd March 2017 at the 2nd State Level Competition held at Davangere



Dr. Mahasweta Nag and Dr. Lakshmi Anandan presented posters on “ Traits of teeth in Indian Population” at the conference



UTSAV 2017

Students of Manipal College of Dental Sciences, Mangalore bagged the Second runners up at the Manipal University Inter-Collegiate Cultural Competitions UTSAV 2017.



WORLD NO-TOBACCO DAY

MCODS, Mangalore, in association with District Health & Family Welfare, Dakshina Kannada District, Mangaluru; District Tobacco Control Cell, and Dakshina Kannada, Mangaluru and District Legal Cell Authority, Mangaluru; Kasturba Medical College, Mangalore and KMC Hospitals, Mangalore organized various activities related to **World No Tobacco Day 2017** on 29th, 30th and 31st May, 2017. The Chief Guest for the valedictory programme was Shri Mallana Gowda Patil, Senior Civil Judge, and Secretary, District Legal Cell Authority. The function was presided by Dr. MR Ravi, CEO, Zilla Panchayat, Mangaluru. Dr. Rajesh BV, District Surveillance Officer, Mangaluru; Ms. Jyoti, District Health Education Officer, DK, Mangaluru; Dr. Preetha C. Shekar, District Consultant, District Tobacco Control Cell (DTCC), District Health & Family Welfare, DK were also present on the occasion.



On 30th there was an intercollegiate quiz, slogan and street play competition organized to spread the awareness of tobacco and related lesions. MCODES Mangalore organized an **Anti-tobacco rally** on 31st May, 2017 to highlight the importance of society's fight against tobacco use. The rally started from KMC Hospitals, Ambedkar Circle and ended with a petition being presented by the Dean and District officials to the District Commissioner (DC) at his office.



SPEAK UP!

Staff and students of MCODES, Mangalore showed solidarity in a march organised by the IMA (DK branch) on 22nd May, 2017 in protest against increasing incidents of violence towards medical professionals.



NEW IN THE MARKET

BARIATRIC CHAIR

To cater to the dental needs of obese patients that are on the rise .Its features are:

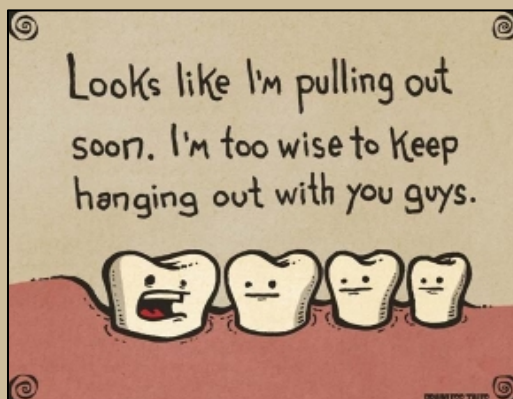
- Storage in a small area
- Full soft tissue support
- Wide seat to accommodate all patients
- Seat width: 800mm
- Tested to 375kg, 825lb.



WATERLESS TOOTH BRUSH

-The bristles of the brush are pre-pasted with xylitol, that is safe to swallow and proven to reduce bacteria that cause cavities.

IN A LIGHTER VEIN...



*Scalpels, syringes and blades
Are our mighty weapons.*

*As perfect as a dew drop
We are the oral surgeons!
We fix the broken jaws*

We remove the decayed teeth.

We lessen the dental pain

We get rid of the wisdom teeth.

*Blood is our field
Anaesthesia is our guard.*

*Working in the head and neck
Is a job very hard!*

*We not only suture, but also heal
We work with perfection and zeal.*

*Precisely we make a mark
Stealthily we make a cut.*

*Patience is our key
The magnificence of our work!*

*Dedicated to oral and maxillofacial surgery -
a profession so noble!*

*Dr. Devyani Bahl
INTERN – Batch of 2012*

Where it all began.....

