



COMMUNIQUE

The Newsletter of



**MANIPAL COLLEGE
OF DENTAL SCIENCES
MANGALURU**

Volume 2 Issue 3

November 2017

GUEST EDITORIAL

This month's 'Communiqué' comes to you from the Department of Orthodontics and Dentofacial Orthopaedics. It is a hard task to match up to the previous issues, but we have made an honest effort. When asked by Dr. Nidhin to pen a Guest editorial, I decided to check on the exact meaning of 'Communiqué'. A Google search revealed the definition given below.

communiqué

/kə'mju:nikeɪ/ 

noun

an official announcement or statement, especially one made to the media.

"the country's foreign ministry issued a communique"

synonyms: official communication, [press release](#), [bulletin](#), [message](#), [missive](#), [dispatch](#), [statement](#), [report](#), [news flash](#), [notification](#), [announcement](#), [declaration](#), [proclamation](#), [pronouncement](#); [More](#)

That's a fair description of the purpose of this effort, an inside view into the working of our college to the outside world.

A Dental college is a world within itself. A Teaching institution along with the core purpose of imparting dental

education has other activities like professional development programs with guest faculty, high quality dental research, cultural events and so on. We hope that with our effort, stakeholders like parents, neighboring dental colleges and university officials will get an insight into these avenues in the pages of this 'Communiqué'.

Along with the usual reporting of events we have included an interview with a distinguished alumnus Dr. Gurkeerat Singh.

The 'Communiqué' is a work in progress, so please feel free to get back to us with your feedback so that we can improve with each issue.



Dr. SIDDARTH SHETTY

Professor and HoD,
Department of Orthodontics & Dentofacial Orthopaedics,
MCOCS, Mangalore

EDITORIAL BOARD

Dr. Nidhin Philip Jose, *Editor*

Dr. Shravan Shetty, *Deputy Editor*

Editorial Team : Dr. Asavari Desai, Dr. Shreyasi Tiwari, Dr. Fidha Nazeer

Editorial Coordinator : Dr. Srikant N, Professor and Head, Department of Oral Pathology and Microbiology.

ADMINISTRATORS



Dr. ASHITA UPPOOR
Associate Dean



Dr. DILIP G. NAIK
Dean



Dr. PREMALATHA K.
Associate Dean

I Manipal College of Dental Sciences, Mangalore I
MAHE (Manipal Academy of Higher Education)

ACTIVITIES

ISO re-affirms our international standards



The ISO certification of Manipal College of Dental Sciences, Mangalore was renewed as per ISO 9001:2015 & 14001:2015 by TÜVRheinland. ISO 50001:2011 certification has also been awarded for Energy Management System.

GRASP (Guidance in Research and Student Partnership)

The inauguration ceremony of GRASP (Guidance in Research and Student Partnership) was held on 23rd September 2017. The chief guest for the event was our Dean **Dr. Dilip G. Naik** and the occasion was graced by **Dr. Chakrapani**, Associate Dean, KMC, Mangalore who was the guest of honour.

The inauguration was followed by the first session of the GRASP on 'How to select a topic - A description of various study designs' conducted by **Dr. Animesh Jain**, Professor and Head, **Dr. Nithin** and **Dr. Ramesh Holla**, Associate professors from department of Community Medicine, KMC, Mangalore and **Dr. Srikant N.**, Professor and Head, Department of Oral Pathology and Microbiology, MCOODS, Mangalore.



Visit by the Pro Vice Chancellor-Health Sciences



Dr. Poornima Baliga, Pro Vice Chancellor-Health Sciences, Manipal Academy of Higher Education visited the Manipal College of Dental Sciences, Mangalore on 10th July 2017. She interacted with the various Heads of Department and was updated on the activities of the Centre for Forensic odontology and the proposed certificate course in Forensic odontology. Later, Dr. Poornima Baliga unveiled the college magazine.

Talk by former VC, MAHE, Dr. Rajasekharan Warriar



Dr. Rajasekharan Warriar, MD, FAAP, former VC, MAHE, is a pediatric hematologist-oncologist in New Orleans, Louisiana. He received his medical degree from Kasturba Medical College, Manipal and has been in practice for more than 20 years. He had visited Manipal College of Dental Sciences on 17-10-2017 and had delivered a lecture on Haematology covering wide areas of interests such as hemophilia, other bleeding disorders and blood cancers such as leukemia and lymphoma. He also discussed the laboratory work that goes into the study of blood diseases and the challenges faced in diagnosis of the same and the medical treatment for all types of cancer.

MAXFACTS 2017

Department of Oral and Maxillofacial surgery conducted a Continuing Professional programme, 'MAXFACTS 2017' held on 14th Oct 2017 at MCOADS, Attavar.

The theme was on Maxillofacial Paediatric care, to inculcate a palpable change in our approach to managing these patients who are yet to blossom in life.

A diverse set of speakers were invited to share their clinical expertise. **Dr. Neelam Andrade**, Dean, Nair Dental College, and Hospital, Mumbai, **Dr. Gopal Krishnan. K**, Professor at SDM Dharwad and AOCMF Course director and **Dr. Shaila Kamath**, Professor and Head Dept. of Anesthesiology, KMC Mangalore.



Oral Hygiene Day

The department of Periodontology, in collaboration with the Indian Society of Periodontology (ISP) conducted the 'Oral Hygiene Day' on the 2nd of August 2017. This year ISP had decided to conduct lectures across 20 centers and our college was one of the selected centers. This was to create awareness of Oral Hygiene amongst the masses and also to spread the science of Periodontics in the student fraternity. Lectures were delivered by **Dr. Nagarathna D V**, Professor Department of Periodontology, AJ Institute of Dental Sciences Mangalore, on "Periodontics is not just scaling", and **Dr. Neetha J Shetty**, Associate Professor, Department of Periodontology, MCOADS Mangalore on "Modern day approaches in oral hygiene".



CPD on 'Newer Materials for Better Dentistry'



The Department of Conservative Dentistry and Endodontics, MCOADS, Mangalore successfully conducted a workshop on 'Newer Materials for Better Dentistry' held by Dentsply on 13th July, 2017 at Dept. of Conservative Dentistry & Endodontics. **Dr. Swati Gogawat**, Dentsply Sirona coordinator, presented the

various instruments to the faculty and post graduates to improve their clinical work. She also gave a detailed demonstration on the latest Dentsply products on how to use them to achieve better clinical outcome.

CPD on 'Record Taking in Restorative Dentistry'

The Department of Conservative Dentistry and Endodontics, MCOADS, Mangalore successfully conducted a CDE programme 'Record Taking in Restorative Dentistry' on 9th June, 2016 at Medical Education Hall, Light House Hill campus. The programme aimed to motivate post graduate students and faculty for better recording of facebow transfer in patients.

Dr. Sharon Saldanha delivered a lecture in the field of Occlusion. She has undergone extensive training in the respective field. She highlighted the importance of



occlusion in restorative dentistry. Dr. Sharon Saldana also covered the harmful effects if occlusal problems are not treated. She covered the basics of the topic to help our postgraduate students and Restorative dentistry certificate course students to upgrade their know-how and to improve their work.



This programme was held to motivate young researchers to help in their clinical work and gain thorough knowledge on the clinical practice. **Dr. Kundabala M**, Professor welcomed the Chief Guest: **Dr. Anand Venugopal** (Medical Superintendent, KMC Hospitals, Mangalore), Guest of Honor: **Dr. Dilip Naik** (Dean, MCOCS, Mangalore), resource person: **Dr. Vivek Hegde**, dignitaries, invitees, faculty members and students.

Dr. Vivek Hegde, Vice Dean and HoD, Dept of Conservative Dentistry and Endodontics (Rangoonwala Dental College, Pune), President of Society of Oral Laser Applications, India, Director of Indian Board of Endodontics, Associate Editor, Journal of Endodontology, spoke on the topic "Recent Advances/Changing Trends/Modern Endodontics" which highlighted the importance of the rotary endodontics and the recent trends developed in rotary endodontics. He also gave a brief insight on the use of loupes and microscopes in endodontics. He spoke on the newer philosophies of no post and no crown, and irrigation protocols as well.

Dr. Vivek Hegde also conducted a workshop on the newer rotary systems from Dentsply, India. He gave a demonstration on Protaper Next rotary systems and spoke on using them. All MCOCS endodontics' postgraduates participated in the hands-on workshop.





The department of Paedodontics & Preventive Dentistry conducted a one-day CPD Program 'Pedoapp 2017' on 11th September 2017 at Lecture Hall 1, Attavar campus.

The Speakers were, **Dr. Sankalp Taparia**, Exclusive Pediatric Dentist, Happy2TH, Kolkata, **Dr. Saranya M**, Director, Chandra's Little Smiles, Coimbatore, **Dr. Sanchit Paul**, Chief Pediatric Dentist at Tooth Tales, Greater Noida, **Dr. Sumita Upadhyay**, Assistant Professor, Kathmandu University School of Medical Sciences, Kathmandu, Nepal.

Dr. Keerthilatha M Pai, Dean, MCOCS, Manipal graced the occasion as the Chief Guest. The program was attended by more than 80 delegates consisting of Interns of MCOCS, Mangalore and neighbouring dental colleges in addition to the postgraduates and faculty of the Department of Paedodontics and Preventive Dentistry from the same.

The speakers, Dr. Sankalp Taparia, Dr. Saranya M and Dr. Sanchit Paul, focused on pediatric dental treatment in a hospital setting which included treatment under general anesthesia, management of tongue tie, role of dental infection foci in systemic disease manifestation, facilitating feeding in new born with cleft lip and palate and dental management of children with hemophilia. Dr. Sumita Upadhyay spoke on use of silver diamine fluoride to arrest dental caries among preschool children and children with dental anxiety in clinical and community set up.

The topics were well discussed at the end of each session by the delegates with active participation from senior faculty as well. The event, which focused on Hospital based Pediatric and Preventive Dentistry, was well appreciated by all the delegates. All the guest speakers were post-graduate alumni of Department of Paedodontics and Preventive Dentistry, MCOCS, Mangalore.



The Department of Public Health Dentistry, Manipal College of Dental Sciences, Mangalore had conducted a Workshop on Research Methodology, Epidemiology, Biostatistics and Ethics - "eviDENS – 2017" on 8th and 9th August, 2017 at Lecture Hall 1, MCOADS Attavar Campus. A total of 75 participants attended the program, which included post graduate students, house surgeons & faculty members from MCOADS, Mangalore and neighboring institutions in Mangalore.

Inaugural program was held on 8th August, 2017 at Lecture Hall 1, MCOADS, Attavar. The Chief Guest for the program was **Dr. Dilip G Naik**, Dean, MCOADS, Mangalore. The program was also attended by Heads of the Departments, faculty members of MCOADS and participants of the workshop. Dr. Dilip G Naik stressed on the importance of research among post graduate students. He highlighted the significance of learning the fundamentals of research. **Dr. Rajesh G**, Professor and Head, Department of Public Health Dentistry, MCOADS, Mangalore welcomed all the participants for the event. Vote of thanks was delivered by **Dr. Mithun Pai**, Associate Professor, Department of Public Health Dentistry, MCOADS, Mangalore.

The resource persons for the program were faculty members of the organizing Department: **Dr. Ashwini Rao**, **Dr. Rajesh G**, **Dr. Mithun Pai** and **Dr. Mranali Shetty**, who discussed various aspects related to research methodology, epidemiology, and Biostatistics. A demonstration session on Mendeley, the reference writing software; and protocol writing was also conducted. **Dr. Unnikrishnan**, Associate Dean, KMC, Mangalore enlightened the audience about 'Ethics in Research'.



Valedictory function was held on 9th August, 2017 at Lecture Hall 1, MCOODS, Attavar. This function was presided over by **Dr. Premalatha Shetty**, Associate Dean, MCOODS, Mangalore. Certificates of participation were handed over to the resource persons and participants by Dr. Premalatha Shetty. Overall, good feedback was obtained from the participants and the program was well appreciated by one and all. The participants were also credited with 12 KSDC points for the 2-day program.

EYE FOR IMPLANTOLOGY

The Department of Prosthodontics, MCOODS, Mangalore conducted a Continuing Professional Development Programme titled "Eye for Implantology" on 10th August 2017 at Medical Education Hall, Light House Hill Road, KMC, Mangalore. Dr. Dilip.G. Naik graced the occasion.

Dr. Shobha Rodrigues and **Dr. Thilak Shetty** elaborated on diagnosis and treatment planning and anatomic considerations. **Dr. Mahesh. M** spoke on Implant surgical protocol and **Dr. Umesh Pai** spoke on Impression techniques in implantology.

Dr. Mathai Joseph conducted a Panel discussion and addressed queries raised by the participants. Following these talks, there was a hands-on workshop for all the delegates on implant placement on mandibular models, suturing in models, and impression making with Pentamix system.

Dr. Arvind R. and **Dr. Sameep Shetty** demonstrated Suturing Techniques to the Participants. The program was well-received by the audience.



NON-TEACHING STAFF TRAINING PROGRAM



An annual training program is conducted for all the non-teaching staff. This year's training program was conducted successfully on 18-06-2017.



The Indian Dental Association, Dakshina Kannada Branch in association with CADE (Centre for Advanced Dental Education) and Department of Orthodontics & Dentofacial Orthopaedics, Manipal College of Dental Sciences, Mangalore organized “Pathway to Success” an IDA students Symposium on 15th October 2017 at Manipal College of Dental Sciences, Mangalore.

The program kick-started with an inaugural function with **Dr. Dilip G Naik**, Dean, Manipal College of Dental Sciences, Mangalore as the Chief Guest, **Dr. Manoj Varma**, President, IDA (Dakshina Kannada Branch), **Dr. Siddarth Shetty**, HoD, Dept of Orthodontics and Dentofacial Orthopedics, Manipal College of Dental Sciences, Mangalore and **Dr. Karthik Shetty**, Convener CADE and **Dr. Gowri Shankar**, Resource Person.

Dr. Gowri Shankar, Professor at Narayana Dental College, Nellore, AP guided the NEET aspirants through his lecture on “NEET & How to Ace it”. The second lecture on the topic of “Dental Practice Management-setting up of a new Dental practice” was delivered by **Dr. Karthik Shetty**, Additional Professor, Dept of Conservative Dentistry & Endodontics, Manipal College of Dental Sciences, Mangalore. The last talk for the day was a webinar with **Dr. Vaibhav Jagad**, who is an alumnus from Manipal College of Dental Sciences, Mangalore and completed his DDS from Boston University. His topic of the day was “Road Map to DDS” to help the students to sail through various aspects of admission process in the United States.

The Symposium turned out to be a successful event with a participation of over 200 enthusiastic students from the various dental colleges of Dakshina Kannada.

IDA Student Symposium 2017

The Indian Dental Association Dakshina Kannada Branch, along with the Centre for Advanced Dental Education, MAHE & The Department of Orthodontics, Manipal College of Dental Sciences, Mangalore, hosted the 'IDA Student Symposium 2017' on 14th and 15th October 2017 at Marena Sports Complex, Kaprigudda.

The day commenced with Registrations from 7 different colleges with over 150 entries. There was a nerve wrecking start to the day with events such as Quiz prelims and Spellathon prelims. These were followed by artistic skill presentation by the participants in Soap Carving and Collage. There was then a showcase of Research Talent in Poster Competition and Table Clinic events. Judges from various colleges present did a brilliant and a fair job. Delicious lunch was served during the break. Following lunch, exciting and nail biting events took place such as Gray's Anatomy, Quiz Finale and Spellathon finale. The participants were at the edge of their seats during this contest.

The day ended with a Valedictory function. Dr Manoj Verma, President, IDA DK Branch, welcomed the gathering. The Chief Guest for the day, Dr Dilip G Naik, Dean, Manipal College of Dental Sciences, Mangalore, addressed the audience. Token of Appreciation was handed over to the sponsors for the event, Mangalore Dental Corporation, Syndicate Bank and Excel Team. The winners were presented with the certificates by the dignitaries. The day terminated by Vote of Thanks being delivered by Dr. Karthik Shetty. The event was a huge success with plenty of participation and winners.



The 2nd KORI Tweed-Merrifield Edgewise Mechanics hands-on workshop

The 2nd KORI Tweed-Merrifield Edgewise Mechanics hands-on workshop was organized by the Department of Orthodontics, Manipal College of Dental Sciences, Mangalore in association with the newly formed Center for Advanced Dental Education (CADE) and the Korean Orthodontic Research Institute (KORI) from July 10th to 15th 2017.

The prestigious **Korean Orthodontic Research Institute (KORI)** was represented by a team of 8 eminent orthodontists from South Korea under the leadership of **Dr. Jung Woo Kim** and **Dr. You Jin Lee**.



The Manipal College of Dental Sciences, Manipal University, Mangalore has the distinction of being the only international location to host the hands-on program for KORI outside South Korea.

The course was inaugurated by **Dr. Poornima Baliga**, Pro VC, Faculty of Health Sciences, MAHE.

The course, which spanned over 6 days comprised of lectures, discussions and practical sessions wherein the participants got intensive training in the art of the Tweed-Merrifield technique. The program was attended by a select group of orthodontists from all parts of India and the Middle East who deeply appreciated the KORI team and the Department of Orthodontics, Manipal College of Dental Sciences, Mangalore for their efforts in organizing the program.



LAURELS

Undergraduate students

Dr. Harshit Atul Kumar, Intern, was selected among the ten students who have demonstrated skills in the academic and clinical aspects of Dentistry, and cultural/social/sports activities to receive the Pierre Fauchard Academy International Senior Student Award for the year 2016, in the year 2017.



Dr. Devyani Bahl, Intern, was selected as the climate counsellor from India, for the Green revolution global certification programme phase. Green revolution is an initiative by ICCE supported by UNITED NATIONS framework convention on climate change, resource support by NASA climate change and World Bank Institute.

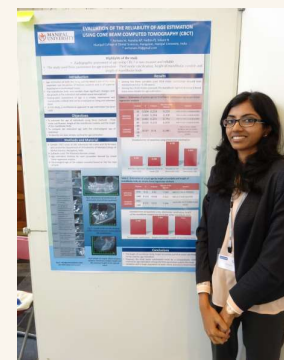
The “Wearable Devices Hackathon 2017” was held on 21st-24th Sept 2017 in KMC, Manipal and Innovation Centre. The theme of the Hackathon was based on sensors. Our students **Ms. Vaishnavi G-Batch '15** (team Oculus) & **Vidushi Gupta Batch '15**, **Tarinee Puri**



Batch '15, **Mr Jareer Khan, Batch '15** (Team “Plaque, calculus and dental caries analyzer”) were among the top 6 teams selected at the Hackathon and was shortlisted to participate in the Innovation Day to be held on 28th October, 2017 along with 5 other teams. An award of ₹.5000 was given as a startup.



Dr. Archana Murlidharan, Intern, attended the IOFOS conference in Belgium and presented a paper titled Evaluation of the reliability of age estimation using CBCT





Dr. Madhura Sen, seen 4th from left

Dr. Madhura Sen, Intern, was selected for the student exchange program with the College of Dentistry, Iowa University. College of Dentistry, Iowa is one of the oldest and finest Dental Colleges in the United States. The programme was for 10 weeks starting from March 17th till May 26th.



Dr. Ashka Desai

Dr. Aashka Desai, Intern attended the Summer Practicum for International Dental Students at New York University from 24th July to 4th August, 2017. She was among the 12 students chosen from around the world to attend the same.

Postgraduate students

Dr. Sowmya Sridhar, Post-Graduate student in the Dept. of Paedodontics & Preventive Dentistry won the BEST PAPER AWARD for her paper titled “Anxious or stressed? Take a bubble breath” at the 39th ISPPD National Conference held at Chennai from 13th to 16th September, 2017.



Dr. Nukala Sree Suma, Post graduate student in Orthodontics & Dentofacial Orthopedics was awarded Best Team for Innovation titled “3-D VERSASCREW – A NOVEL APPROACH IN MANAGEMENT OF BILATERAL CLEFT LIP & PALATE CASES” at Manipal Innovation Day held at Manipal Institute of Technology, Manipal on 28th October, 2017.

She was awarded 2nd prize for her poster presentation titled “Bi-jaw Dentoalveolar Distalization” (case courtesy - Dr. Mahesh K.) at 2nd Ormco India symposium on simplified orthodontics held in Bangalore from 17th – 19th September, 2017.

Dr. Souvick Sarkar, Post Graduate student in Oral & Maxillofacial Surgery won Best E-Poster for titled "ROLE OF LOCAL & REGIONAL FLAPS IN THE ERA OF FREE FLAPS??" guided by Prof. Dr. Mohan Baliga, during the 7th Annual Karnataka State Conference of AOMSI held at A.J Institute of Medical Sciences, Mangalore from 10th – 12th August 2017.

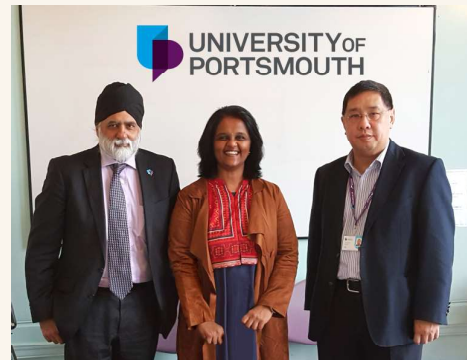


Teaching Staff



Dr. Arathi Rao, Professor & Head of the Dept. of Paedodontics & Preventive Dentistry won the BEST PAPER AWARD for her paper presentation titled "Evaluation of the centering ability of 3 instrument systems using CBCT – An Intro Study" at the 39th ISPPD National Conference held at Chennai from 13th to 16th September, 2017.

Dr. Arathi Rao was also selected to represent MAHE, India at University of Portsmouth, UK. This was a part of her Leadership program conducted by MAHE. Her role was to be the Ambassador of MAHE and explore new collaborations with various institutions of University of Portsmouth, UK. It was a two-week visit between 22nd October to 8th November, 2017 and has already initiated communications between the two Universities.



Dr. Karthik Shetty, Additional Professor, Department of Conservative Dentistry and Endodontics delivered a guest lecture on 'Magnification in Endodontics' as part of CDE Program on 'Magnification and Luting in Dentistry' conducted by the Department of Conservative Dentistry AB Shetty Memorial Institute of Dental Sciences, Mangalore on 13th July 2017.





Dr. Rajesh G, Professor & Head, Department of Public Health Dentistry, Manipal College of Dental Sciences, Mangalore, successfully defended his PhD on 22.06.2017. His PhD topic was "Sense of Coherence as a determinant of Oral health and oral health behaviour among young adults in Mangalore city - A longitudinal study", which was conducted under the guidance of Dr. Dilip G Naik, Dean, Manipal College of Dental Sciences, Mangalore.

Dr. Srikant N, Professor and HoD, Dept. of Oral Pathology and Microbiology, who is the Coordinator for Centre for Forensic Odontology, MAHE, won the 1st prize at The National Conference of the Indian Association of Forensic Odontology was held on 9th – 11th September, 2017 at Bengaluru for Paper titled: "Permanent tooth emergence patterns in Dakshina Kannada region, India: An analysis of polymorphisms"



Dr. Shweta Yellapurkar, Senior Lecturer, Dept. of Oral Pathology and Microbiology won the 2nd prize at The National Conference of the Indian Association of Forensic Odontology was held on 9th – 11th September, 2017 at Bengaluru for Paper titled: "Age estimation using 2nd molar: An efficient indicator of adolescent age".

Dr. Siddarth Shetty, Professor & Head, Dept. of Orthodontics and Dentofacial Orthopaedics, was the guest speaker at a CDE program 'ORTHOQUEST' conducted at AB Shetty memorial Institute of Dental Sciences, Mangalore. He spoke on the topic 'Biomechanical Alterations for efficient Micro-implant assisted Retraction'.



Dr. Ashith M.V, Reader, Dept. of Orthodontics was awarded Best Team for the Innovation titled "3-D VERSASCREW – A NOVEL APPROACH IN MANAGEMENT OF BILATERAL CLEFT LIP & PALATE CASES" at Manipal Innovation Day held at Manipal Institute of Technology, Manipal on 28th October, 2017 and will be receiving a certificate of appreciation and a cash prize of ₹. 17,000.



Dr. Ravindra Kotian, HoD, Department of Dental Materials delivered a Guest Lecture on Topic “Surface and microstructural characterization of Dental Biomaterials” at Yenepoya Dental College, Yenepoya University on 9th October 2017 during the CDE Programme and Hands on Workshop on “Evaluation of Dental Biomaterials”

Dr. Supriya Nambiar, Associate Professor, Department of Orthodontics attended the first ADEA - ADEE joint meeting “Shaping the Future of Dental Education, organized by the Association for Dental Education in Europe (ADEE) and the American Dental Education. She was a participant in the "Inter-professional Education: An Imperative for Dental Education" workshop.



MCODS IN THE NEWS

Orthodontists develop novel tool to manage cleft lips

The innovation has won several awards and the prize money is being saved to help needy patients

Deepthi.Sanjiv @timesgroup.com
TWEETS @deepthisMIRROR

#Mangaluru

Dr Ashith MV supported by post graduate student Dr Nukala Sree Suma from the Manipal College of Dental Sciences Mangaluru have developed a 3D VersascREW – a novel approach for management of bilateral cleft lip and palate. This corrects the alignment of the premaxilla and makes it easy for surgical repair. The

innovation recently won the first prize (Clinical section) at the Innovation competition organized by Manipal University at Manipal.

Speaking to Bangalore Mirror, Dr Ashith, Reader, Department of Orthodontics said this is a clinical innovation for treating newborn cleft lip babies. Regarding cleft lip, in India there are lots of issues that include cost factor, time- as lot of people who come to Mangaluru for treatment from far off places and they find it difficult for regular frequent visits. With 3D VersascREW, we train the care taker to treat the patient and this screw will help in reducing the frequency of visiting the doctor now.

A cleft lip can range from a little notch in the coloured part of the lip to a complete separation of the upper



Dr Suma NS Dr Ashith MV

lip which can extend up and into the nose. This can affect one side of the mouth (unilateral) or both sides (bilateral), and can be complete or incomplete. Dr Ashith developed the innovation about three years ago and has treated about five cases using this method and the first case treated is about three years now.

He said, cases presenting with the defect on both the sides have problems with feeding, speech, the upper jaw segment projecting out, collapsed nose, increased gap between lip segments which complicates suturing and also psychological problems associated with the unpleasing appearance. The teeth bearing portion of upper arch is not continuous and presents as three discrete fragments together. The earlier the treatment is initiated, the better is the outcome as the infant's physiology can be utilised to correct the severity of the deformity. Various treatment options available till now failed to address to all these problems at once and required multiple visits to the hospital which resulted in less patient compliance. Also, the delicate nose associated bone (vomer) was prone to

fracture because of undue forces on it in the process of aligning the jaw fragments together.

Dr Ashith is one among the 10 people who has been trained in India by Smile Train. In India there are at least 36 lakh children who are suffering from cleft lip and hence the MCODES is planning to launch a fellowship programme for students of other colleges so that more experts are available. Dr Ashith has also set up the Vimal Raj Foundation – named after his parents were all the prize money at various competitions is pooled in for treatment of the poor. The fee charged from well to do patients is also added to the fund. The innovation also won first prize in various competitions including one organised by Indian orthodontic Society.

An article published in the Bangalore Mirror News Paper



The MAHE Inter Collegiate Staff Squash tournament was by Manipal College of Pharmaceutical Sciences, Manipal at the MARENA Manipal on 23rd July, 2017. **Dr.Mranali Shetty**, Reader, Dept. of Periodontics won First Prize in the Women's Singles, Women's Doubles and Mixed doubles events.



The MAHE Inter Collegiate Staff Squash tournament was conducted by Manipal College of Nursing, Manipal at the MARENA Manipal on 8th October, 2017. **Dr. Karthik Shetty**, Addl Professor, Dept. of Conservative & Endodontics won Runners Up.



We are happy to present an interview with noted alumnus **Dr. Gurkeerat Singh** in this issue of Communiqué. Dr. Singh is a successful teacher, academician and author. He is the Vice Principal, Sudha Rustagi College of Dental Sciences, Faridabad, Head of Department, Department of Orthodontics, Sudha Rustagi College of Dental Sciences and also runs a successful private practice in Delhi.

Good day sir, thank you for agreeing for the interview. Could you tell us a bit about yourself?

I come from a middle class family with a service background. My father, being from a transferable job, kept us as a family always on the move. I was the only one to join the dental field from a family of engineers, my father being a civil engineer and my elder brother an architect. Integration comes naturally and hard work is the hall-mark of the middle class. With limited means, we (my brother & I), always knew that education was the most that our parents could provide us with. He excelled and moved to the US in 1991 on a scholarship and I used my share of the “finances” to join CODS.....

How would you recall the days back at MCOODS or COODS as it was then called?

Those were the days....after your college days I don't think anyone can be more care-free. The town was very small and North Indians were few and Sikhs could be counted on the fingers of one hand. Everyone knew you and that itself was a burden of sorts...you had to maintain a decorum which would define where you came from and whom you represented.

Our teachers were relatively young, our seniors relatively few and the college overall very new....everyone knew everyone, we were all very close to each other. We joined when the college was housed in the KMC building, moved to Chandra and then the present venue. Attavar was a hostel!! Lots of growth since then....Mangalore was very open, in all its multiple ways;-)

How has COODS shaped your thought process and outlook in life?

Teachers are next to parents and either we imitate them or we ignore their ways. We were lucky that COODS always had extremely talented mix of teachers. Starting with my PG Guide and BOSS, Dr.V Surendra Shetty, was one of the most dignified clinicians around. The full sleeve shirts (mostly Park Avenue), his punctuality, ethics towards the profession....most tried to imitate him...difficult to follow in those huge footprints, yet one can try. Dr.Premanand Kamath, a

heartthrob for many, the person who taught us how to hold a hand-piece, how to sit on dental stool and a master at his work....a teacher hugely missed by most of our generation. Dr.Mohan Baliga, gave us the freedom to experiment and do things that most others would deny. The kinetic is still etched in memory, no airs yet unpredictable, a simple person with a sharp mind...images blur but he has remained a pillar. Dr.Mogra, Sudha Madam, Dr.Shastri, Dr.Bhusari, Dr.Prateek Shetty, Dr. Bhat.....lots of memories.

They taught us different things in their own individual ways but somethings were common-ethics, quality, punctuality.....INGRAINED.

You are extremely active in alumni activities; could you please give us some more insight into the MCOODS Mangalore Alumni.

I can say confidently that we as Manipal Academy of Higher Education have one of the strongest Alumni in India if not the Asian subcontinent. We might appear not to know each other but once the magic word MAHE is mentioned, doors open automatically. A case to point is the hospitality that I received in South Africa, which has over 200 Alumni members. Even though I was there on a lecture assignment with a company, but the event was actually hosted by the alumni....a GREAT feeling knowing that you have great people: seniors as well as juniors, who will back you unconditionally

I thank you for this honor and opportunity to share some beautiful memories and would take this opportunity to THANK all my teachers for moulding us irrespective of our upbringing into open minded clinicians and all my batch-mates (the Bold batch of '89) for their love and affection throughout this wonderful journey called life.

Silver Jubilee Reunion- The batch of 1992

Alumni- The **batch of 1992** celebrated their Silver Jubilee Reunion on 21st July 2017. The reunion was organized under the aegis of Alumni Relations, Manipal College of Dental Sciences, Mangalore (ARMCODS) and witnessed a large attendance. The event was graced by the Dean, Dr. Dilip G Naik, Associate Dean Dr. Ashita Uppoor, Dr. Mohan Baliga and senior faculty Dr. Mathai Joseph. Dr. Arathi Rao, Coordinator, ARMCODS welcomed the alumni. Alumni were later taken on a tour of the college and the hostels.



CULTURAL



The induction ceremony of the newly elected students' council for the **Dental Students' Association (DSA)** was held on the 22nd of September 2017.



The harvest festival of **Onam** was celebrated with pomp and splendor with enthusiastic collaboration from our sister college – Kasturba Medical College, Mangalore



The students and staff of the college celebrated **Diwali**-the festival of lights '**Atharv**' at the TMA PAI Convention Centre on the 14th of October, 2017.

VARIETY

EFFECTIVE PATIENT COMMUNICATION CDE

A session for the interns and third years with **Dr. G .G. Laxman Prabhu** was organized at Lecture Hall 1, MCOODS, Mangalore, Attavar campus on 24.06.17. Dr. G G Laxman Prabhu is Professor and Head of Department of Urology, KMC Mangalore. The session began with a welcome note and introduction of the resource person by Dr. Nanditha Sujir.



Dr. G G Laxman Prabhu then delivered his talk on “Effective patient communication”. Through his talk he guided the students regarding the various methods of communication and the impact of this in managing patients. This was followed by a fruitful Q&A session, where the students expressed their questions which were addressed by Dr. Prabhu.

Dr. Aarthi Rao, Professor and Head, Department of Pedodontics and Preventive Dentistry presented a Certificate of Appreciation to Dr. Prabhu and concluded the session with a vote of thanks.

PRIVATE PRACTICE MANAGEMENT CDE

An Interactive session for the interns and Third year Students with Dr. Arvind Shenoy was organized at Lecture Hall 1, MCOODS, Mangalore, Attavar campus on 20.07.17. **Dr. Arvind Shenoy** is a Professor in the Department of Conservative Dentistry and Endodontics, Bapuji Dental College, Davengere and also a private practitioner.



The session began with a welcome note by Dr. Kundabala M. and introduction of the resource person by Dr. Nanditha Sujir. Dr. Arvind Shenoy then delivered his talk on “Private Practice management”. In his talk, he shared his experiences in setting up and managing a dental clinic. He also shared some tips to

improve practice management. This was followed by a Q & A session, where the students posed questions, which were addressed by Dr. Shenoy. Dr. Ashita Uppoor presented a Certificate of Appreciation to Dr. Shenoy and concluded the session with a vote of thanks.

INTERNATIONAL YOGA DAY

On 21st June, 2017 our college conducted the International Yoga Day at the medical CDE room. **Dr. Susan Vaisian**, BDS, MDS (an alumina of Manipal College of Dental Sciences, Manipal) who's also a yoga enthusiast, had joined us. Dr. Susan gave an introduction to yoga, highlighting its benefits in day-to-day life and how it helps us function better. She also stressed that yoga must be maintained as a part of the daily curriculum. This was followed by a few relaxing exercises and finally ended with an interactive session during which the students clarified their queries.

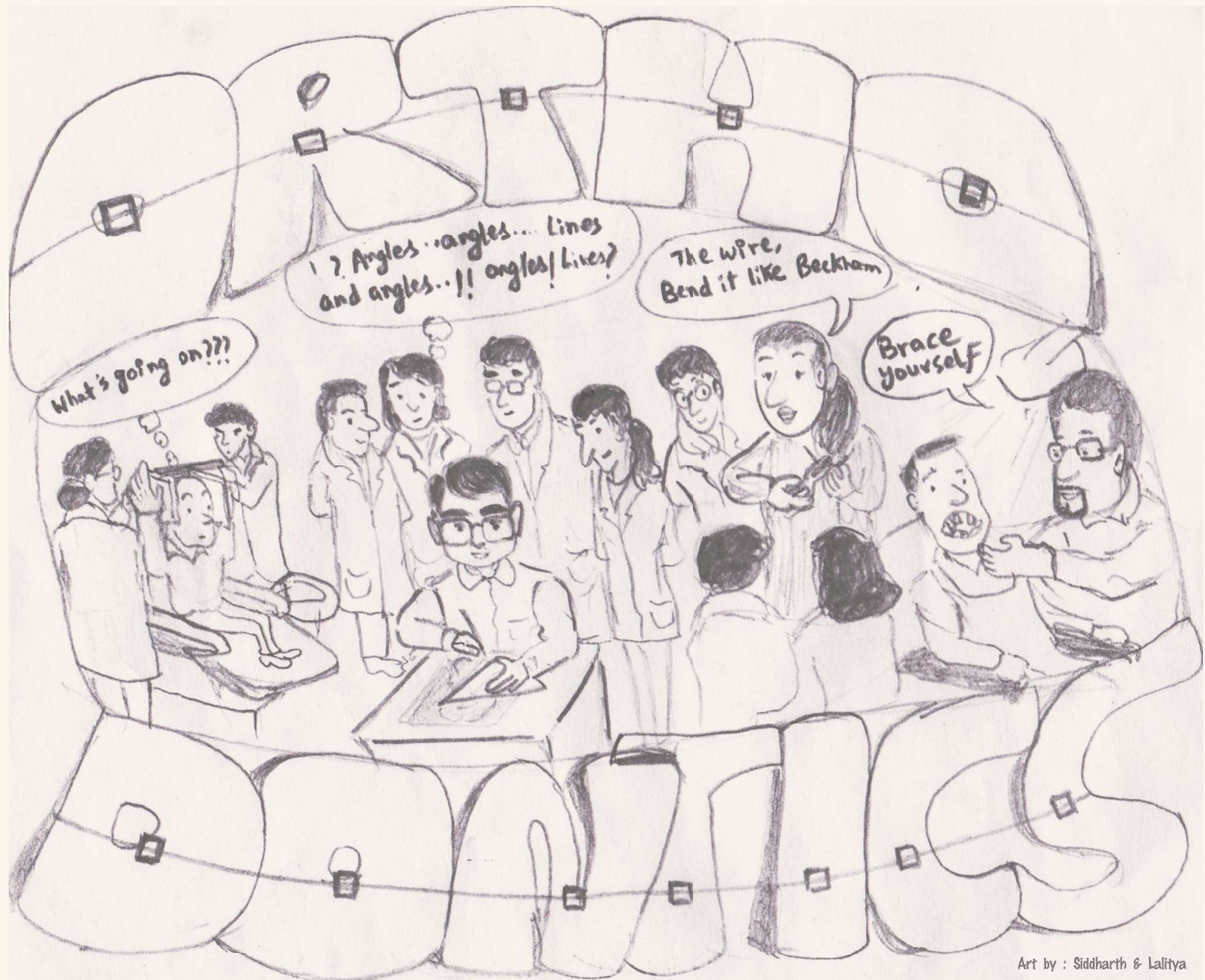


Rashtriya Ekta Diwas



Rashtriya Ekta Diwas (National Unity Day) was celebrated on 2nd November 2017 to commemorate the birth anniversary of Sardar Vallabhbhai Patel.

In a lighter vein!



CONTACT US

Phone: 0824-2428716 | Extn: 5603 E-Mail: codsmng@manipal.edu
Website: <http://manipal.edu/mcods-mangalore.html>
Manipal College of Dental Sciences, Mangalore
Light House Hill Road, Mangalore-575001, Karnataka, India.