



WELCOME MESSAGE DEPARTMENT OF PERIODONTOLOGY

Dear Readers,

The months of July to September witnessed a vibrant tapestry of celebration on our campus as we commemorated Ganesh Chaturthi and Janmashtami. The vivid hues, melodious hymns, and jubilant ambiance created an enduring memory for all.

The much-anticipated College Day was a spectacular event that showcased the talents and creativity of our students. From cultural performances to academic presentations, the day was a testament to the vibrant spirit of our college community.

As we move forward, let us immerse ourselves in the academic and extracurricular activities that MCODS has to offer. Discover a captivating glimpse into the vibrant life of MCODS, Mangalore. Our dedicated editorial team from the Department of Periodontology has meticulously curated a collection of highlights from the past months. From exhilarating events to academic achievements, July to September have been a whirlwind of activities.

We hope you find this read enriching!!!

Dr. Neetha J. Shetty Professor and Head of Department



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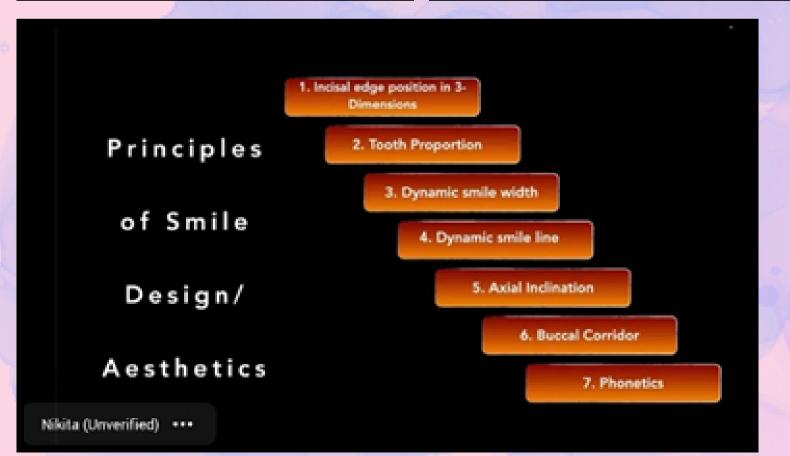




MCODS Mangalore

The Digital Smile Designing webinar on 15th July 2024, led by Dr. Nikita Agarwal, highlighted the transformative potential of digital dentistry through case studies. Dr. Agarwal demonstrated how digital tools enhance treatment precision and esthetics. The session concluded with a Q&A, addressing challenges and strategies for integrating these innovations into practice.



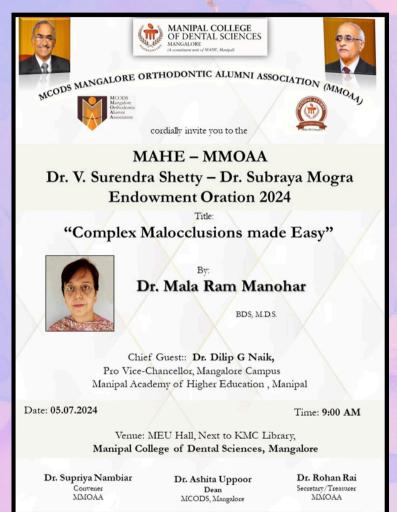


Professor and Head

MCODS Mangalore

Dept. of Prosthodontics





The Department of Orthodontics and Dentofacial Orthopedics, MCODS Mangalore, along with the MCODS Mangalore Orthodontic Alumni Association (MMOAA), hosted the fourth "Dr. V Surendra Shetty - Dr. Subraya Mogra Endowment Oration" on 5th July 2024. The event honored two legends in Orthodontics, with a warm welcome by Dr. Supriya Nambiar, HOD, and addresses by Dr. Ashita Upoor, Dean, and Dr. Dilip G. Naik, Pro VC. Dr. Mala Ram Manohar, the guest orator, presented "Complex Malocclusions Made Easy," sharing clinical tips and longterm case follow-ups with an audience of 80 participants, including prominent alumni.



MCODS- MANGALORE





The Institutional Academic Excellence Committee organized a value-added course, PractoDent, focusing on dental practice management. Module 1 covered essential topics such as practice management, instrument purchasing, and infection control. Faculty experts Dr. Kartik Shetty, Dr. Ashwin Rao, and Dr. Suprabha B S led the sessions, providing valuable insights to participants. The course aimed to enhance the professional skills of dental practitioners, equipping them with knowledge to efficiently manage their clinics and ensure adherence to high standards in infection control and instrument handling. PractoDent represents a crucial step in fostering excellence in dental practice management.



On 1st August 2024, the Department of Periodontology, in collaboration with Public Health Dentistry, conducted an oral health awareness session at Nava Chaitanya Day Care for senior citizens. The program aimed to educate the elderly about oral hygiene, providing valuable dental advice and offering free treatment cards. This initiative was designed to improve oral health awareness and ensure access to essential dental care for the senior population, reflecting a commitment to community outreach and public health service.





MCODS- MANGALORE

COMMUNIQUE





On 5th August 2024, the Department of Pediatric Dentistry, in collaboration with Emergency Medicine, KMC Mangalore, organized an Intravenous Infusion Workshop. The workshop was designed to enhance the practical skills of participants in IV infusion techniques, particularly in pediatric settings. Expert faculty members provided hands-on training, ensuring a comprehensive learning experience. The workshop was coordinated by Dr. Ashwin Rao and Dr. Madhusudhan Upadhyay, who played key roles in its successful execution. The event aimed to bridge the gap between dental and medical practices, emphasizing the importance of emergency preparedness in pediatric care.



On August 21, 2024, the Department of Pediatric and Preventive Dentistry organized a Capsule Workshop on Inhalation Conscious Sedation for interns and first-year postgraduates. The workshop featured comprehensive lectures along with a live demonstration of Nitrous Oxide-Oxygen sedation, providing valuable insights into the technique. A total of 20 interns participated in the session, gaining practical exposure to sedation methods used in pediatric dentistry. The program aimed to enhance participants' knowledge and skills in conscious sedation, improving patient management and care during dental procedures.



MCODS- MANGALORE

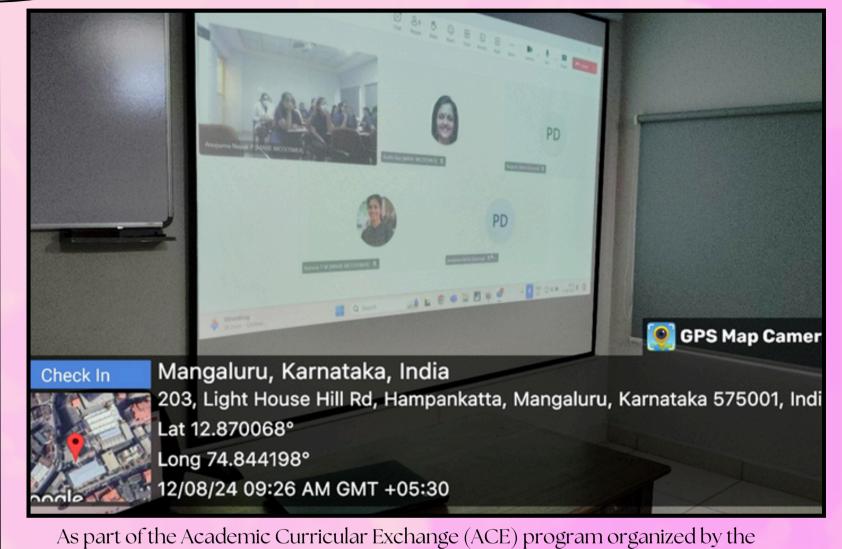
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COMMUNIQUE





The workshop titled "Mastering the Art and Science of Minor Periodontal Surgery: A Comprehensive Workshop" is designed to provide dental professionals with in-depth knowledge and hands-on experience in performing minor periodontal surgical procedures. Participants had the opportunity to practice flap surgery and laser techniques on animal models and other practising model, allowing them to apply the latest techniques in a controlled environment. This practical component, combined with comprehensive theoretical instruction, provided a rich learning experience that equipped attendees with the confidence and expertise needed to deliver exceptional patient care in the field of periodontics.



Department of Pediatric and Preventive Dentistry at Manipal College of Dental Sciences, Mangalore, Dr. Parajeeta Dikshit from Kantipur Dental College, Kathmandu, Nepal, delivered an engaging guest lecture titled "The Rainbow in Our Practice - Revisiting ASD." The focus of Dr. Dikshit's presentation was on improving oral health care for children with Autism Spectrum Disorder (ASD). Dr. Dikshit highlighted various challenges and considerations specific to dental care for children with ASD, including sensory sensitivities and communication difficulties. She shared practical strategies and innovative approaches designed to make dental visits more comfortable and effective for these children. The talk aimed to enhance understanding among dental professionals about the unique needs of children with ASD and to promote better, more inclusive practices within pediatric dentistry.

SCORE 4.0





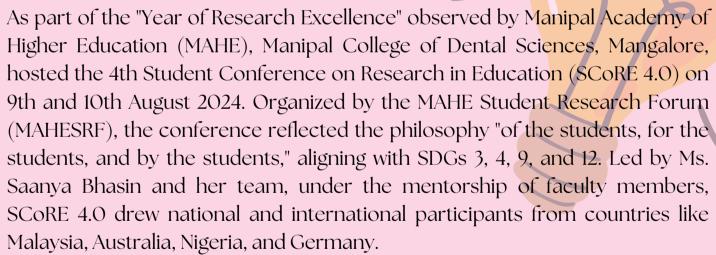




RESEARCH • INNOVATE • EDUCATE

9TH AND 10TH AUGUST 2024

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The event featured hands-on workshops, presentations, and panel discussions, covering diverse topics such as veneers, implants, LASER surgeries, biopsies, and TMD management. On August 10th, alumni Dr. Anahita Deo and Dr. Palak Bhandary shared their entrepreneurial journeys. Dr. B. Unnikrishnan, Dean of KMC Mangalore, was the Chief Guest, while Dr. Lazar Mathew delivered an inspiring keynote address on converting research into innovation.

The conference saw 280 participants engaging in 24 paper presentations, 115 poster presentations, guest lectures, and interactive workshops. SCoRE 4.0 reinforced MCODS Mangalore's commitment to academic excellence, promoting research, innovation, and entrepreneurship among dental students.









The Department of Pediatric and Preventive Dentistry conducted a School Dental Health Education program at Milagres Central School, Mangalore, engaging 56 children and 22 parents. Activities included presentations, role plays, live demonstrations, and oral health checkups for 452 students from LKG to class 10.

Dr. Soham Chatterjee, an esteemed alumnus of the PG batch 2016-2019, delivered an insightful talk on esthetic dentistry in clinical practice on August 26, 2024, in the Department of Periodontology. He focused on the intricate balance between white and pink aesthetics, emphasizing the use of advanced techniques and materials to achieve optimal outcomes. His expertise provided valuable guidance to participants, enriching their understanding of how to create harmonious and aesthetically pleasing results in patient care, further enhancing clinical practice in esthetic dentistry.





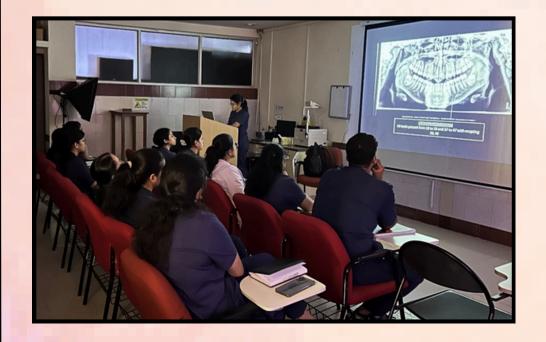




On September 5, 2024, the Department of Orthodontics and Dentofacial Orthopaedics organized an elective workshop for 27 interns, covering key topics such as digital cephalometry, soldering, and welding. The workshop also featured a live demonstration of 3D printing for aligners, conducted by Dr. Shravan Shetty, offering participants hands-on experience with advanced orthodontic techniques and technologies.



On September 17, 2024, the Department of Orthodontics and Dentofacial Orthopedics hosted a clinical session of PACE. Dr. Sumit Yadav, an adjunct professor, led a lively discussion on patient cases with postgraduate students and faculty members, sharing valuable insights and enhancing the learning experience.









The Department Prosthodontics and Crown & Bridge organized a capsule workshop for interns called "Eye for Implantology". The workshop included lectures, demonstrations and hands on exercises on implant placement, implant impressions and post and core build ups.

of Prosthodontics Department organized a guest lecture on the topic "Immediate Loading of Dental Implants: Single Tooth to Complete Arches" for interns and post graduates. The resource person for the same was Dr. Jaibin George, Founder and Managing Director of Cochin Implant Institute.







of interns The programme consists of various periodontal surgical procedures laser, electrocautery & Implants. It also includes hands on exercises on animal models in 5 batches (4th & 7th March 24, 9th & 10th April 24, 13th & 15th May 24, 11th & 12th July 24.) All the staffs actively take part and conduct the programme.

COLLEGE DAY 2024



College Day

Awards
Ceremony

Awards
Ceremony

Awards
Ceremony

Manipal College of Dental Sciences, Mangalore celebrated its College Day and awards ceremony on August 31, 2024, at the Dr. TMA Pai International Convention Center. Chief Guest Dr. Lazar Mathew, Senior Advisor MAHE-DST HUB, addressed the outgoing students, highlighting success through "ABCD" – Academics, Behavior, Communication, and Discipline. Dean Dr. Ashita Uppoor presented the 2023-24 college report, and the event saw the release of the college magazine, "KADAMBA." Dr. Navodita Jamwal and her team won the Dr. TMA Pai gold medal for research. Dr. Shrikant N, Dr. Sharon JR Saldanha, and Dr. Sandeep were honored with the Good Teacher Award for 2024. The Batch of 2019 shared nostalgic memories, while academic and research awards celebrated the accomplishments of faculty and students alike.















ORIENTATION DAY BATCH OF 2024







The Manipal College of Dental Sciences (MCODS), Mangalore, hosted its Orientation Day on September 30, 2024, at the Marena Sports Complex, Attavar, Mangalore. The event featured Dr. Dilip G Naik, Pro Vice Chancellor of Manipal Academy of Higher Education, Mangalore Campus, as the Chief Guest. The Guest of Honour was Dr. Nishna Pradeep, an alumnus of the UG Batch of 1989, now Professor and Head, Department of Prosthodontics, Kannur Dental College. Dr. Ashita Uppoor, Dean of MCODS, along with Associate Deans, Dr. Junaid Ahmed and Dr. Arathi Rao, also graced the event with their presence.



MCODS- MANGALORE







INTERNATIONAL CONFERENCE ON DENTAL EDUCATION& CURRICULUM CONCLAVE 6.0

The Manipal College of Dental Sciences, Mangalore, successfully hosted the International Conference on Dental Education & Curriculum Conclave 6.0 from 27th to 29th September 2024 at Marena, Attavar, Mangalore. Themed "Dental Curriculum – New Vistas & Challenges," the conference explored advancements in dental education and addressed emerging challenges in the field.

Keynote lectures were delivered by prominent experts such as Bhaskaran Srinivasan, Dr. Paul Barkvoll, Dr. Sanja<mark>y Mallya, Dr. Bhagwandas Rai, Dr. Sivakumar Arunachalam, and Dr. Manoj Humagain. Topics covered included academic leadership, innovations in dental education, and the future of higher education.</mark>

The pre-conference workshop, held on 27th September 2024, covered significant areas like Hybrid Teaching, OSCE/OSPE, and Entrustable Professional Activities, led by experts including Dr. Prakash, Dr. Srikant, Dr. Gagan, and Dr. Anand R. The event featured capsule workshops, panel discussions, paper/poster presentations, quiz competitions, networking events, and mentorship sessions. Attendees also engaged in innovation showcases and mentorship programs. The conference brought together academicians, researchers, and professionals, providing a platform for the exchange of ideas and exploration of the latest trends and innovations in dental education.







INTERNATIONALIZATION







Dr. Praveen Jodalli was elected Honorary Treasurer at the International & National Conference of the Indian Association of Public Health Dentistry, held in Bangkok. This prestigious position reflects his commitment to advancing public health dentistry and highlights his leadership within the field.







A group of interns from MCODS, Mangalore participated in a oneweek observership program at Thammasat University, Thailand as part of an externship initiative. This experience provided the interns with valuable exposure to international dental practices and enhanced their clinical knowledge through observation and interaction with experts in the field.

Dr. Manuel s. thomas and Dr. Vinod Jathanna from the department of conservative dentistry and Endodontics attended and presented their study at the FDI 2024 International Dental Conference, held in the historic and vibrant city of Istanbul. It was a remarkable global gathering focused on bridging innovation with clinical perfection in dentistry. The event, held at the Istanbul International Congress Centre, brought together dental professionals, researchers, and industry leaders from around the world for a series of lectures, workshops, and an extensive trade fair showcasing the latest advancements in dental technology.





MCODS- MANGALORE

COMMUNIQUE



Dr. Praveen Jodalli Department of Public Health Dentistry, was awarded the Best Paper Award at the International & National Conference of the Indian Association of Public Health Dentistry in Bangkok for his study on improving oral health behaviors among pregnant women using motivational interviewing and messaging applications. He was also elected Honorary Treasurer at the same event.



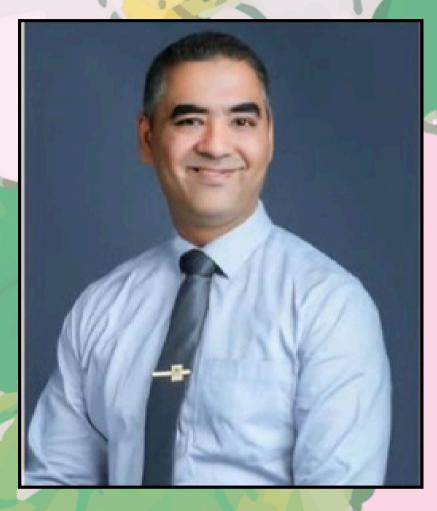
Dr. Ramya Shenoy from Department of Public Health Dentistry, received the Best Paper Award for her study on prenatal oral health education and its effect on reducing early childhood caries, presented at the 28th National Conference of Indian Association of Public Health Dentistry in Bangkok.



Dr. Neetha Shetty from the Department of Periodontology was granted a patent in 2024 for her innovative "Flexi Instruments," designed to enhance the precision and flexibility of periodontal procedures. These instruments aim to improve accessibility in complex oral environments, offering better ergonomics for clinicians and more effective treatment outcomes for patients.

MCODS- MANGALORE

COMMUNIQUE



Dr. Ashwin Rao, Associate Professor, delivered a guest lecture titled "Frankl Definitely Negative Behavior: The Roadmap to Sedation vs General Anesthesia" at the 45th ISPPD Annual Conference – Namma Pedo 2024, held from 26th to 28th September in Bangalore.



Dr. Suprabha B.S., HOD & Professor, won the Best Paper Presentation award for her paper titled "Association of Parental Oral Health and Literacy and Child Temperament on Dental Attendance among Early Childhood Caries Children: A Cross-Sectional Study" at the 45th ISPPD Annual Conference – Namma Pedo 2024, held from 26th to 28th September in Bangalore.





Dr.Janina Loren D'Souza,
Senior Lecturer,
Department of
Conservative Dentistry
and Endodontics received
the Early Career award at
ACE-Karnataka
conference held at SDM
College of Dental Sciences,
Dharwad, Karnataka on
9th August 2024.







Dr. Avnee Kalia, Dr. Nidhi Swaminathan, and Dr. Pooja Nellore from Department of Pediatric and preventive dentistry, were awarded the Postgraduate Research Assistance Grant for 2023 by the Indian Society of Pedodontics and Preventive Dentistry. This grant will support their research initiatives and contribute to advancing the field of pediatric and preventive dentistry



Dr. Rakshita Chalotra, a 2nd year PG from Department of Public health Dentistry, won the 1st prize for her paper presentation guided by Dr. Ramya Shenoy at the 1st International & 28th National Conference of Indian Association Of Public Health Dentistry in Bangkok from September 12-15. Her paper titled "A scoping review exploring carbon emissions in dentistry-A step towards sustainability" addressed environmental impacts in dentistry.

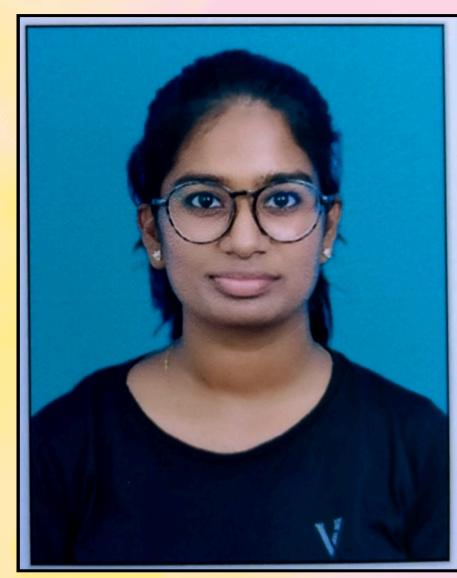


Dr. Shruti Singh, a postgraduate student from the 2023 batch from Department of Periodontology, has been awarded the prestigious ICMR grant for her thesis program under the guidance of Dr. Neetha J. Shetty, Professor and Head of the Department of Periodontology. This achievement underscores the department's strong emphasis on research and academic excellence. Dr. Shruti's thesis is expected to make significant contributions to the field of periodontology, further enhancing the research output of the department.





Dr. Kimberly John from Department of Pediatric and preventive dentistry presented her paper, "Evaluation of Efficacy of Curodont™ Repair Fluoride Plus and Fluoride Varnish in Enhancing Remineralization of White Spot Lesions in Enamel – An In Vitro Study," at Namma Pedo 2024. Her research on enamel remineralization earned her first place in her session, showcasing her impactful contribution to pediatric dentistry.

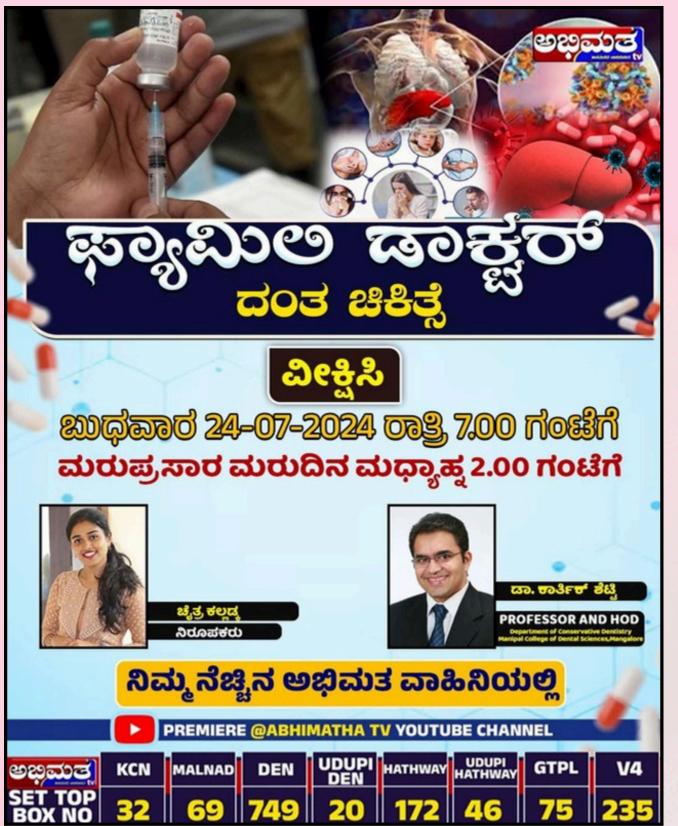


Dr. Pooja Nellore from Department of Pediatric and preventive dentistry presented her poster titled "Intranasal Dexmedetomidine as a Sedative in Pediatric Dental Procedures" at Namma Pedo 2024. Her research explored the effectiveness of this sedative in enhancing the comfort and cooperation of pediatric patients during dental treatments, contributing valuable insights to the field of pediatric dentistry.



Dr. Rohita Arora from Department of Pediatric and preventive dentistry presented her paper titled "Parental Stress and its Effect on Child's Coping, Behaviour, and Fear during Dental Treatment: A Relationship Analysis" at Namma Pedo 2024. Her study focused on how parental stress influences children's behavior and anxiety during dental procedures. Dr. Rohita's research provided valuable insights into managing pediatric dental care, earning her first place in her session.





The Viksit Bharat event, organized by a batch of 80 students, showcased competitions on technological advancements and social welfare. It served as a melting pot for thought leaders and visionaries to exchange ideas, striving towards a robust, inclusive future for Bharat through innovation and collaboration.

Students at Manipal College of Dental Sciences, Mangalore, have actively engaged the in #MeraPehlaVoteDeshKeLiye campaign following Prime Minister Narendra Modi's call for increased democratic participation. Over 100 students pledged their commitment and shared their involvement on exemplifying social media, responsible citizenship and advocacy for democratic values.







The student council of MCODS, Mangalore hosted an event to celebrate Team MCODS for securing the runner-up position in a recent competition. The event highlighted the team's achievements and recognized their hard work. During the gathering, certificates were presented to the council members of the 2024-2025 term in appreciation of their dedicated service to the institution. The celebration served as a moment of pride for the students and faculty, acknowledging the council's leadership and contributions towards the overall success of the institution's various events and initiatives throughout the academic year.

Dr. Karthik Shetty, Head of the Department of Conservative Dentistry and Endodontics, participated in a TV interview on dental health, which was broadcast on the Abhimatha TV channel on July 24, 2024. During the interview, Dr. Shetty discussed the importance of maintaining good oral hygiene, preventive dental care, and the latest advancements in conservative dentistry and endodontics. His insights aimed to raise awareness about the significance of oral health and the role of timely dental care in preventing complex dental issues. The program reached a wide audience, promoting better understanding and practices in dental health care.



On 8th August, an AI-enabled contactless oral examination kiosk was inaugurated, which was acquired by Manipal College of Dental Sciences (MCODS), Mangalore. This cutting-edge kiosk, one of its kind in Dakshina Kannada and Udupi Districts, aims to revolutionize oral healthcare by providing users with easy access to advanced dental diagnostics and care, all without the need for physical contact.

COMMUNIQUE



On August 12, 2024, the Manipal College of Dental Sciences, Mangalore, under the National Service Scheme (NSS) and Volunteer Services Organization (VSO), successfully hosted an event for the Nasha Mukt Bharat Abhiyaan, drawing over 300 participants. The campaign featured awareness programs and a mass pledge, emphasizing a drug-free lifestyle commitment.





On August 12, 2024,
Manipal College of Dental
Sciences, Mangalore
celebrated Anti-Ragging
Day at Lecture Hall 3, LHH
Campus, emphasizing a
ragging-free environment.
Dr. Nithin Kumar, DDSA at
MAHE, served as Chief
Guest, advocating for a
supportive campus
atmosphere.









Aligned with the Unnat Bharat Abhiyaan and UGC directives, MCODS Mangalore hosted the "Ek Ped Maa Ke Naam" treeplanting event on August 13, 2024, at the LHH Campus. Students, faculty, and staff participated, honoring mothers and promoting environmental sustainability in a symbol of nature's nurturing role.



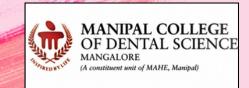




The Student Council of Manipal College of Dental Sciences, Mangalore, hosted the Interbatch Sports Valedictory Ceremony on September 26, 2024, at 3:00 PM in LHH 3. The ceremony celebrated the successful conclusion of the interbatch sports events, which fostered teamwork, competition, and camaraderie among students from different batches. The Council extended a warm welcome to all attendees, recognizing the efforts of participants, organizers, and winners who contributed to making the event a success. This occasion highlighted the spirit of sportsmanship and the unity shared within the MCODS community.

DEPARTMENT OF PERIODONTOLOGY





S-STAYTUNED



On behalf of the Department of Periodontology, we extend our heartfelt thanks to the readers of Communique. Your support and engagement are invaluable to us, and we look forward to continuing to share insights of MCODS.

Thank you for being a part of our community!



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