



COMMUNIQUE

Official newsletter of MCODES, Mangalore

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WHAT'S INSIDE?

Our Administration	Page 2
Editorial Board	Page 3.
Rankings	Page 4.
Orientation Day	Page 7
Student Accolades	Page 8
Faculty Laurels	Page 10
Webinars	Page 12
Events	Page 18
Alumni diaries	Page 20
	Page 23





The Pillars of MCOODS, Mangalore



Dr. Dilip G. Naik

Pro Vice Chancellor
MAHE, Mangalore campus

Dr. Ashita Uppoor

Dean,
MCOODS, Mangalore



Dr. Junaid Ahmed

Associate Dean
MCOODS, Mangalore

Dr. Premlatha Shetty

Associate Dean
MCOODS, Mangalore



Editorial

As, 2020 is fading and we are set to usher in 2021, the New Year means hope and change from the previous year of hardship and turmoil. . Life is so unpredictable and we can all hope that the New Year brings a fresh start and infinite possibilities. First and Foremost, Greetings from the Department of Orthodontics and Dentofacial Orthopaedics. It is indeed an honour and privilege to pen the editorial for this issue of the communiqué, the vibrant newsletter of MCOODS, Mangalore. Even though we have embraced the new normal in these pandemic times ,we collectively strived as a team ,to ensure that all the activities conducted as part of our teaching programs, research, publications, extra-curricular activities and community services measured up to the standards set by our university

We can be proud of ourselves, the administrators, Faculty .Students and Nonteaching staff as we effortlessly shouldered all the changes that the pandemic had thrown upon us. I wish to thank my Faculty, Postgraduates and auxiliary staff, who worked tirelessly through these trying times to make life easier. Department of Orthodontics and Dentofacial Orthopaedics, has been given the responsibility of designing and compiling this issue of Communiqué which showcases the events from November 2020 to February 2021 organized at our Institution. It features the accolades and laurels received by our faculty and students. I sincerely appreciate the hard work and effort of our Lead Editor Dr. Asavari Desai Shetty and wish to thank her for her diligence in compiling and editing this issue along with the editorial team Orthodontics. My sincere thanks to our Dean, Dr Ashita Uppoor, Associate Deans Dr Premlatha Shetty & Dr Junaid Ahmed and Dr. Srikant Natarajan for all their support.



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Institutional Accolades

OUTLOOK

*4th Best Private
Dental College*

NIRF

6th Rank

*Institute of
Eminence*

THE WEEK

*7th Best Dental
College in India*

INDIA TODAY

*3rd Best Private
Dental College
in India*





MANIPAL COLLEGE OF DENTAL SCIENCES

MANGALORE

(A constituent unit of MAHE, Manipal)

**INDIA'S GREENEST
SUBURBAN CAMPUS**



UI GreenMetric World University Rankings is the first and only ranking in the world to measure each participating university's commitment in developing an “environmentally friendly” university campus.

MAHE has always been at the forefront of protection & improvement of environmental aspects of the campus & has adopted a holistic approach. Amongst the 912 participating universities from 84 countries, MAHE ranked 169 globally and 3rd in India. MAHE has been consistently improving over the years by exploring and adopting the latest technologies and cost effective solutions, that are sustainable both economically & ecologically.



POST LOCKDOWN

WE TOOK BOLD
STEPS TO..

THE NEW
NORMAL !!!





ORIENTATION DAY 2021

Orientation Day was held for the newly enrolled students of the B.D.S course on 16th February, 2021. The inaugural program was graced by Dr. Ashita Uppoor, Dean, MCOADS, Mangalore, Associate Deans Dr. Premlatha Shetty and Dr. Junaid Ahmed, other dignitaries and the newly admitted students with their parents.





STUDENT ACCOLADES



Dr. Kushan Dhawan and Dr. Ann Sales, PG students of Department of Prosthodontics won the Best paper in the 48th annual IPS conference, Nagpur for their topic titled "Prosthetic rehabilitation of completely edentulous mandible using All on 6 concept- a case report"



Dr. R. Vighnesh and Dr. Arshia Ummat, PG students of Department of Orthodontics, won the first prize for paper presentation and table clinic respectively at the National orthodontic conference - "Orthobyte 2020", organised by the Indian Orthodontic Society from 3rd to 6th December 2020.



Dr. Ishita Singh, Dr. Shradha Bhutoria and Dr. Rashmita Rathnakar, PG students of Dept. of Prosthodontics won the best poster in their session at the 48th IPS virtual conference which was held in Nagpur for their topic titled "BioHPP- Revolutionising the scope of Prosthodontics"



Mr. Akash Adak, 3rd year BDS Student on the 1st place in Photography Competition for his topic titled "Lenstruation" and 2nd position in Creative Writing, the topic named "Red ink" in Expressions 2020 conducted by Team 3D Manipal, Nationally Registered NGO on 17th November 2020.



Dr. Sweta Pradhan, and Dr. Shalini Mundra, postgraduates, Dept. of Periodontics won 1st prize for Poster presentation on "Addressing the Esthetic and functional problem: An interdisciplinary approach" at 1st Virtual ISPRP National Conference on 9th January, 2021 under the guidance of Dr. Neetha J Shetty, Professor & Head of Dept. of Periodontology



FACULTY LAURELS



Dr. Siddarth Shetty, Professor, Dept. of Orthodontics delivered a webinar on "Bone Anchored Maxillary Protraction" on invitation by the Pune Orthodontic Study Group on 6th Nov,2020.

Dr. Srikant N, HoD, Dept of Oral Pathology served as a resource person for a workshop on "Innovative Pedagogy to develop and implement skill based pharmacy curriculum -a faculty perspective" at MCOPS,Manipal from 18th-23rd Jan,2021.



Dr. Karthik Shetty, HoD, Dept of Conservative Dentistry was invited for a guest lecture on "Leadership Traits" at MCOBS,Mangalore on 7th Oct,2020.



Dr. Suprabha BS, HoD, Dept of Pedodontics delivered a lecture on "Disinfection in the Dental Clinic: The COVID19 Reset at ABSMIDS on 28th October, 2020.

Dr. Arvind R., HoD, Dept. of Oral Surgery was the resource person at the Virtual OMFS National Masterclass conducted by Pushpagiri Dental College in association with AOMSI from 23rd to 28th Jan, 2021.



Dr. Ravikiran Ongole, HoD, Dept. of Oral Medicine delivered a lecture on "Diagnosis and Management of Orofacial Pain" at Siksha Institute of Dental Sciences, Bhubaneswar on 20th Oct, 2020



Dr. Ashith MV, Associate Professor, Dept. of Orthodontics delivered an online lecture on "Anterior Maxillary Distraction in the treatment of cleft patient" at Orthobyte on 4th Decemebr, 2020.

Dr. Shravan Shetty, Reader, Dept. of Orthodontics delivered a lecture on "Virtual planning to clinical reality – Improving the predictability of treatment with the Clear Aligner System" at the Orthobyte virtual conference on 4th December, 2020.



Dr. Umesh Pai, Professor, Dept of Prosthodontics, conducted a webinar on "The Intricacies of CBCT in dental implant planning" organised by AJIDS, Mangalore on 30th November, 2020



Online learning

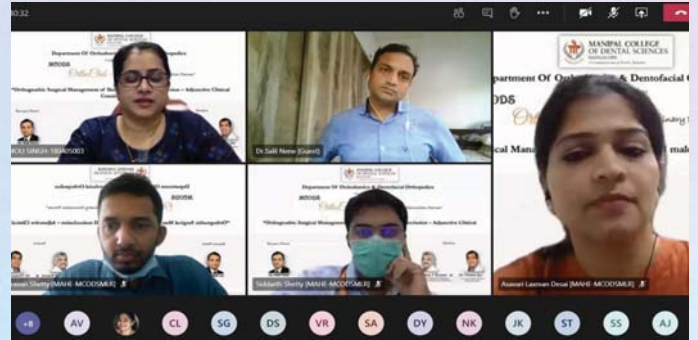
ORTHODONTICS

ORTHO CLUB LECTURE SERIES

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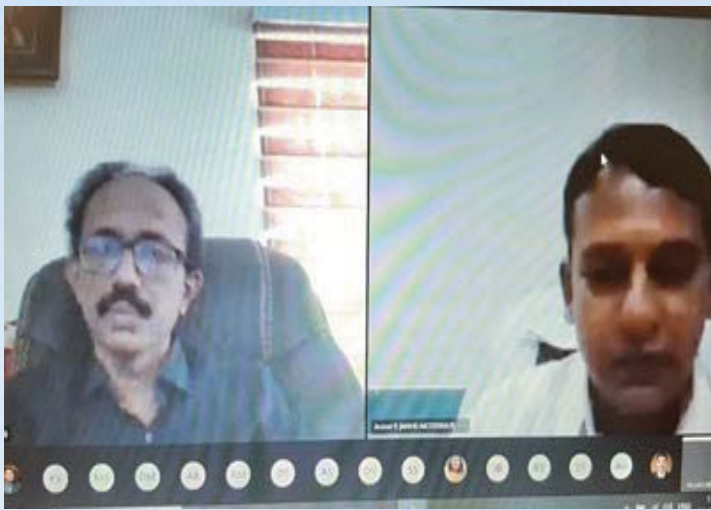
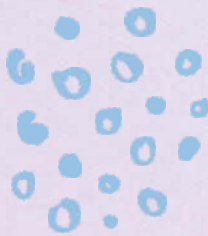
The Dept. of Orthodontics in association with Alumni relations, MCODS, Mangalore successfully conducted the 2nd OrthoClub session, a webinar on "Obstructive Sleep Apnoea – Demystified" on 20th November, 2020. The resource persons were Dr. (Brig.) B. Jayan, Commandant, Research & Referral Hospital, New Delhi and Dr. Preetam Acharya, renowned clinicians with several years of experience.



The 3rd session of the Ortho Club series on "Orthognathic Surgical Management of Skeletal Class III malocclusion – Adjunctive clinical considerations" was held on 15th Jan, 2021. The resource person was Dr. Salil Nene, Professor, MA Rangoonwala college of Dental Sciences, Pune & Director, IBO. The panelists were Dr. Abhay Kamath, Prof & consultant oral surgeon, KMC hospital, Attavar and Dr Thomas Joe, consultant plastic surgeon, KMC, Mangalore



ORAL SURGERY



A CPD Webinar on "Resorbed Alveolar Ridges- Challenges in Management" was held on 26th December, 2020. The resource person for the same was Dr. Leela Krishna Mohan, a leading Oral Surgeon & Implantologist, Certified Mentor for Immediate Loading Dental Implants by the International Implant Foundation, Munich, Germany.

The Dept. of Oral Surgery in association with Shastri Indo Canadian Institute conducted a Lecture series on Artificial Intelligence and Robotics in Oral Cancer: New Horizons in Cancer research on 26th February, 2021. The resource person was Dr Vishal Rao, Associate Dean, HCG hospital Bengaluru & Dr Akshay Kudpaje, Department Head, Minimally Invasive Head and Neck surgery HCG Hospital, Bengaluru. The speakers shared their experience and knowledge on Artificial Intelligence.



ORAL SURGERY



A webinar on “Orthognathic surgery & Distraction Osteogenesis for Dentofacial deformities” was conducted on 13th Feb,2021.

Dr.(Lt. Col) Mohit Sharma, Classified specialist and Associate Professor, ADC and Dr.(Col) Vivek Saxena, Senior Specialist & HoD, Oral & Maxillofacial Surgery, ADC, New Delhi were the resource persons.

ORAL MEDICINE



A webinar on “Molecular Basis for Oral Cancer” was organised on 21.12.2020 .The resource person was Dr. Sanjay Mallya, Chair of the Section of Oral and Maxillofacial Radiology, Associate Professor & Residency Program Director at UCLA School of Dentistry,USA. The program was attended by 57 participants.



PEDODONTICS



On the occasion of Children's Day, a patient education booklet titled "Taking Care of Your Child's Teeth" was released by Dr. Dilip Naik, Pro VC, MAHE (Mangalore campus). A Panel Discussion on career options after post graduation in pediatric dentistry titled "Post-Graduation in Pediatric Dentistry: When, Why, How" was moderated by Dr. Ashwin Rao, Associate Professor. The program was attended by 108 participants.

ENDODONTICS

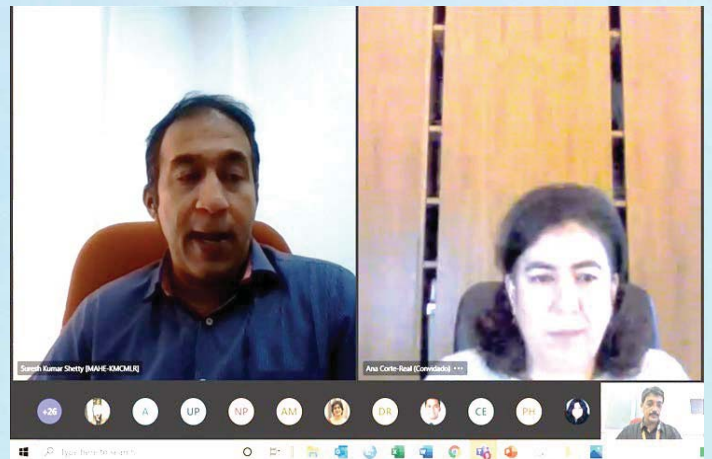
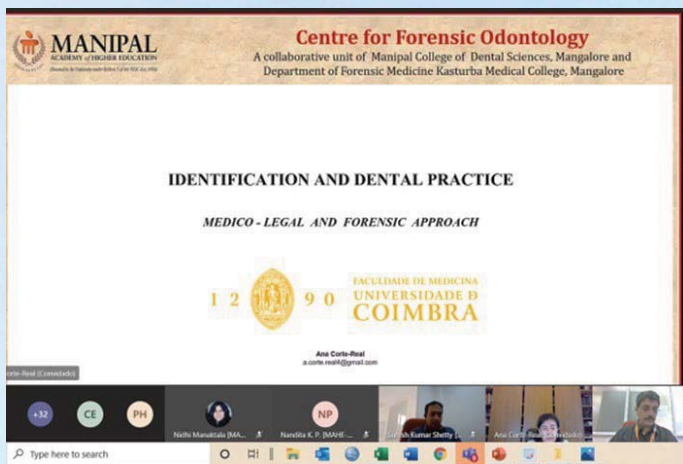


A webinar on "Problem Solving in Restorative Dentistry" was held on 30th November, 2020 by Dr. Nirajan Vatkar, a practicing micro-endodontist and micro-restorative dentist from Pune. The program was conducted to help the post graduate students understand the recent concepts of Esthetic restorations



FORENSIC ODONTOLOGY

The Centre for Forensic Odontology conducted a webinar titled "Identification and dental practice - a medico legal and forensic approach" by Prof Ana Corte-Real Gonçalves PhD, University of Coimbra, Professor at the Faculty of Medicine, on 23rd Jan 2021. Prof Ana apprised the participants on the importance of dental data collection, radiographs, 3D reconstruction in dental profiling. The lecture was attended by 194 participants.



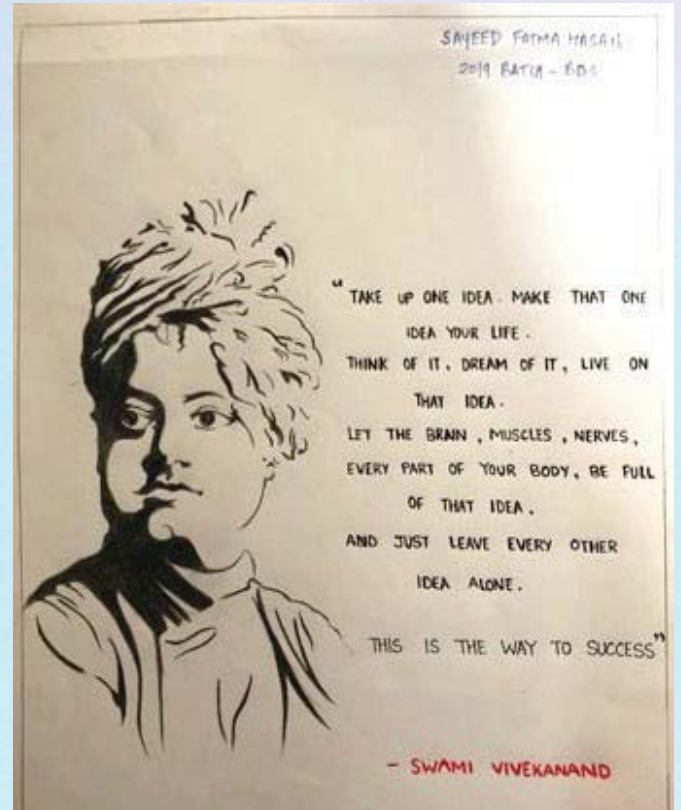
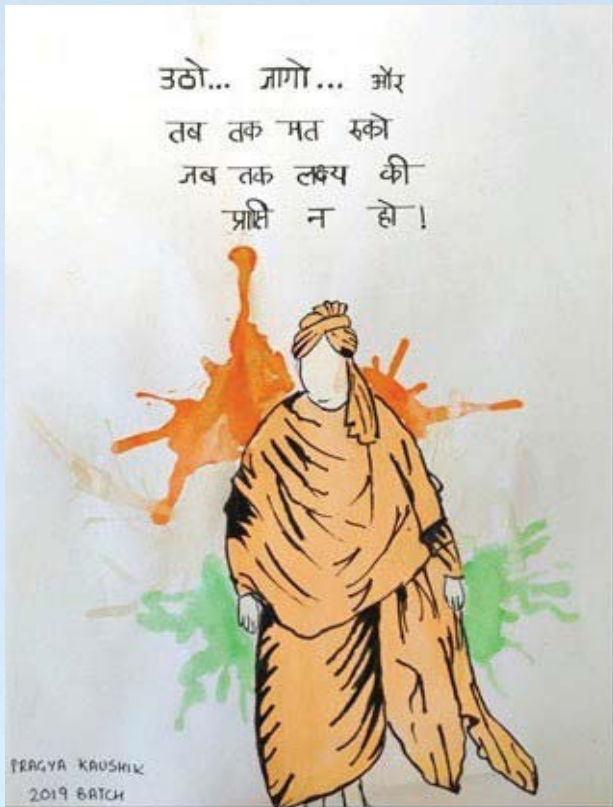
A webinar titled "Dental Profile within Forensic Odontology: Evidence based forensic odontology" by Prof. Cristiana Palmela Pereira, Member of the scientific board of the FMDUL, Faculty of Dental Medicine, University of Lisbon, was conducted on 28th December 2020. The session was opened by Dr. Srikant (Co-ordinator, Centre for Forensic Odontology), followed by introduction of the guest speaker by Dr. Suresh Shetty, Associate Dean, Professor Forensic Medicine, KMC, Mangalore. The lecture was attended by 69 participants.





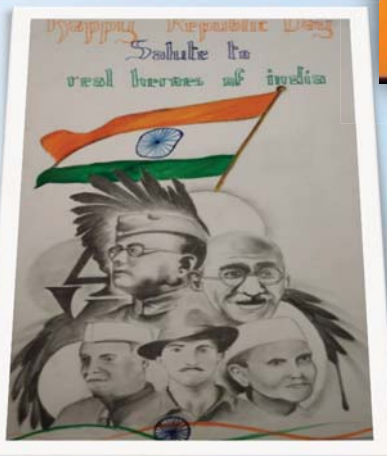
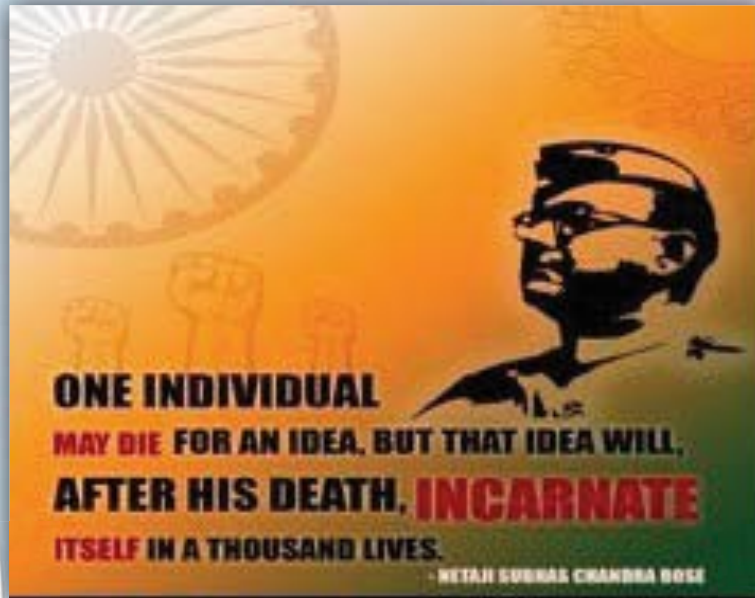
EVENTS

“National Youth Day”



National Youth Day is celebrated on January 12, every year in India to honor the birth anniversary of Swami Vivekananda. The DSA, MCODS, Mangalore conducted many activities like painting/sketching and poetry/essay/creative writing competitions to celebrate the life and teachings of Swami Vivekananda. The program was a grand success with enthusiastic participation of our students.

“Parakram Divas”



23rd January 2021 marks an important day in our country's history as we celebrate the 125th birth anniversary of Netaji Subhash Chandra Bose. To commemorate the same, a group of events were organized by the Mcods Mangalore DSA 2020-21.. Sangam' consisted of three events –

- Kesari- Art Competition,
- 'Tarang'-SoloSinging Competition,
- 'Lehar'-InstrumentalSoloCompetition



OUR LUMINARIES

*MCODS is not a name for me.....It is life!
The orthodontic department is the finest in the country. Our teachers-Dr Surendra Shetty and Dr Subraya Mogra instilled discipline and punctuality & Honesty which are essential to succeed in life, apart from education.. And for this I shall remain forever indebted to them!
Thank You ,MCODS*



*Dr. Srikrishna Chalasani,
President Elect, Indian
Orthodontic Society ,Asia Pacific
Orthodontic Society Council
member, WFO*



*Dr. Tapasya Juneja
Kapoor, Consultant
Orthodontist New Delhi*

My years at MCOODS Mangalore were the best years of my life. They shaped me to believe I can accomplish anything I set my mind to. I learnt from my teachers that passion, hard work and perseverance is at the core of everything we do. "Learning never stops" is a mantra I learnt at MCOODS and 20 years after graduating I still believe in it and follow it. I am grateful to my mentors Dr. Surendra Shetty Sir and Dr. Mogra Sir, my teachers & colleagues for their unconditional support I am a PROUD MCOODS Alumnus!!



THE WIND BENEATH MY WINGS -

- DR. KENNETH F. H. TAN ^{TAN} ~~Alumnus~~ (Batch 1989-91) and four faculty members.

More than 3 decades ago, myself + my batch-mates, Kedar, Siraj, Sunil + George, with stars in our eyes + the exuberance of ^{confidence} youth to take on the world entered the hallowed portals of the then COBS-Mangalore. Reality soon struck us hard as we realized that this was no ordinary Dept. and that all "extra baggage" had to be jettisoned before we would be comfortable learning our trade and not just the tricks of the trade.

To us the question whether legends are born or made is redundant because we will always consider our dear teachers Prof. V. Suresh Chetty + Prof. Subraya Hoga as true legends. They created legends too - be it the Institution, our Dept, future teachers, ^{quite} respected orators, exemplary clinicians, authors, patent holders. They did not do anything extraordinary, but just the ordinary things in an extraordinary manner to a level of admirable perfection.

Prof. Chetty is premier among us mere mortals for he has been associated with just one Institution all through. From being an undergraduate to postgraduates, from tutor to Prof + Head, ^{Director, Pro Vice-Chancellor, Dean} and ^{being} the Pro Vice-Chancellor as well as being the then youngest President of the Indian Orthodontic Society.

Sir was the "Original Angry Young Man" and the college reverberated with his booming voice when he was upset at our lethargy, but tempered it with a simplicity + a great sense of humour and a laugh to match. But the "weather" in the Dept. could change suddenly with our sometimes lachrymose approach + the cat grapevine would buzz with the message that "weather forecast is bad!" We would try to sink into the shadows, not that there were too many!

Page 6

In a few weeks, our batch celebrates the 30th Anniversary of our achieving the coveted CoDS endowed MDS. We still have stars, not in our eyes but in our hearts - our star teachers, our Dept, our colleagues + friends - the quintessential "League of Extraordinary People". There is a saying that "Old soldiers never die, they just fade away." But our teacher + Dept will never fade away but remain firmly etched in our hearts. For, if I can see far today, it is because I have stood on the ~~old~~ shoulders of giants!

God bless all of you who cared + made a difference. Cheers!



**Dr. Kenneth Tan,
Consultant
Orthodontist,
Bangalore.**



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-By Dr. Dhruv Ahuja, 1st year PG

The Orthodontic Circus!



-By Dr. Madhura Rao, 1st year PG



MANIPAL COLLEGE OF DENTAL SCIENCES MANGALORE

(A constituent unit of MAHE, Manipal)



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