



MANIPAL
ACADEMY of HIGHER EDUCATION
(Institution of Eminence Deemed to be University)



**MANIPAL COLLEGE
OF PHARMACEUTICAL SCIENCES**
MANIPAL
(A constituent unit of MAHE, Manipal)

Ab Aeterno

From time immemorial

2022-23

Padmashree Awardee
Dr TMA Pai
1898-1979



Cover image by Mohammad Arif Sofi
Majestic Vistas : Glimpses of Bandipora

Messages

This year has been exceptionally eventful for MCOPS, and Ab Aeterno, the college magazine has done a great job at capturing its essence. I would like to congratulate Ms Aarthika Srinivasan and her team members for their dedication in compiling this collection. It gives me great pleasure and satisfaction to address you all through the pages of our beloved college magazine as we approach a major milestone - the conclusion of 60 years of excellence in education and holistic development. Our Diamond Jubilee Year is a monument to all of those who have been a part of this wonderful journey.

Six decades ago, we set out on a mission to shape young brains into leaders, innovators, and responsible citizens. Looking back, we are filled with appreciation for the innumerable memories, accomplishments, and changes that have graced our hallowed halls.

This year has been a whirlwind of activities that have not only honoured our anniversary but also reaffirmed our commitment to the complete development of our kids. The passionate walkathon to promote cancer awareness emphasised not just our social responsibilities, but also the solidarity and empathy that constitute our collegiate community.

Sanskriti, a five-day cultural festival, celebrated our heritage's diversity and depth while encouraging innovation and creative expression. We celebrated the power of words and ideas via Qalam, our two-day literature festival, by offering a forum for literary fans to participate in thought-provoking debates and meaningful interactions.

Furthermore, in our aim of promoting innovation and building an entrepreneurial spirit among our students, we developed EnterPrize - a dynamic competition that stimulated creativity and business acumen. Events like Prize in Right and the energising Shark Tank pushed our students to create innovative company proposals, motivating them to become future corporate trailblazers.

In Addition, the efforts of our devoted Student Exchange Committee demonstrated our dedication to global awareness and comprehensive education. The Model United Nations event they organised, themed "Disease Control in Humanitarian Crisis," gathered young minds to think and develop answers to one of our times' most serious concerns.

As we reflect on these successes, I can't help but think about our outstanding student council, MAPS (MAHE Association of Pharmacy Students). Your commitment, passion, and innovative leadership have been important in the success of these activities and the general vitality of our student life. Congratulations, MAPS, on an excellent job!

Our Diamond Jubilee Year is a catapult into the future, not merely a commemoration of the past. I am convinced that the future period will be defined by even greater successes and breakthroughs because to the steadfast support of our devoted teachers, enthusiastic students, committed staff, and supportive alumni.



Dr C Mallikarjuna Rao

Principal, Manipal College of
Pharmaceutical Sciences, MAHE

Best Wishes

Dr C Mallikarjuna Rao

Principal, Manipal College of Pharmaceutical Sciences, MAHE

Editor Testimonial

I joined the Editorial Board in my very first semester of college, knowing full well that if there is something I know how to do, it is writing. My journey on the Editorial Board since then has been enriching. During my first year in the council, most of our work was based online since most of us were still stuck at home at the peak of the COVID-19 lockdown.

With the help of my editor, Aditi, I learned a lot about editing and the art of compiling a magazine. Soon, my first year quickly turned to my second, which came to my 3rd year, where I decided to apply to be The Editor in Chief.

After a rather exciting interview, my results came out. I was boundless with happiness. Throughout my time as The Editor in Chief in MAPS, my main focus was bringing the board the recognition it truly deserved. Writing, as a form of art and expression, is slowly starting to die out, and this was one of the main issues I wanted to address within the student population of MCOPS.

With this thought as a driving force came Qalam. The most significant achievement of The Editorial Board this term was conducting a two-day literature fest that had students from over ten different colleges participating to engage in an array of activities.

From brainstorming event ideas, coordinating with judges, advertising, sponsorship and managing a population of over a hundred students, Qalam has taught me much about leadership and management.

Additionally, The board this year also focused on putting out more content on our WordPress website and Instagram. Our engagement on WordPress has increased to over a thousand views per article, setting a record high.

I feel incredibly blessed to have an excellent council with enthusiastic members to run a successful term. This rewarding term would not have been possible without our teacher coordinator, Dr. Rekha Shenoy. Her continuous support for ideas and wisdom served as a guiding light to where the council is today; I am eternally grateful for that. Finally, I would also like to thank Dr. Mallikarjun Rao, Our honourable principal, for encouraging our council.

Love,

Aarthika Srinivasan
Editor in Chief, MAPS



President Testimonial

As the president of MAPS, I am thrilled to have had the opportunity to serve my fellow students and make a difference in our college community. Over the past year, we have worked tirelessly to improve the overall experience for our peers and provide an environment that promotes both personal and academic growth.

Our primary objective this year was to get everything back on track. The pandemic has taken much of our campus life over the past two years. It was up to us, MAPS 22-23, to ensure the student community does not miss out on the college fests again.

We cannot ignore the significant contributions of the previous council. Working hard to make sure the transition from online to offline is smooth for all, organizing online events and hosting as many offline events as possible paved the way for us to excel and guided us whenever we felt lost.

Starting the Year with Genesis, the inaugural ceremony of MAPS and then moving on to the flurry of fests was our council's way of welcoming all the college students back to offline mode. Through our efforts, I hope we have satiated the students' need for mental stimulation and a change of pace from daily routine.

"The idea is not to live forever, but to create something that will" - Andy Warhol.

This year saw the start of various new events that I hope will be carried on by the future councils. I was fortunate to be closely associated with organizing 2 of these events: a Walkathon to spread awareness for Childhood Cancer and to Enter-Prize and Innovate.

These have been enriching experiences, and I am grateful for the opportunity. These events taught me invaluable leadership skills, such as effective communication, collaboration, and problem-solving, which I am sure will help me become a better leader in the future.

I want to thank the Secretary of MAPS, Dr Jayesh Mudgal, our Vice Principal, Dr Krishnamurthy Bhat and our Principal, Dr C Mallikarjuna Rao, for their constant support, guidance and complete trust in our team. Their enthusiasm for our new ideas motivated us and made this year successful. I would also like to thank the office administrative staff who supported us whenever needed and helped the council function flawlessly.

Even a thousand words would not be enough to express my respect for the members of MAPS. Working tirelessly, day and night, to ensure the smooth run of student activities, Vice President Akanksha, General Secretary Shradhanjali, Secretaries, Joint Secretaries, All the CRs and Volunteers, each and everyone deserves a massive round of applause for the effort they put in to organize the beautiful events we saw this year.

As I sign off as the President of MAPS 2022-23, I am confident that our legacy will continue to inspire future generations of student leaders and that our efforts will have a lasting impact on the culture and community of our school.

**Abhijay Ahuja,
President, MAPS.**



Vice President testimonial

“Without continual growth and progress, such words as improvement, achievement and success have no meaning” -Benjamin Franklin.

As my tenure for MAPS 2022-2023 ends, I want to reflect on our incredible journey together. Being the Vice-President has been a privilege and an honour, and I am immensely grateful for the trust and support bestowed upon me.

I started this journey as the Cultural CR for two consecutive years, after which I got the golden chance of being the Joint Cultural Secretary of MAPS 2021-2022 along with Mr Anshuman Shettigar (Co-Joint Cultural Secretary) and Mr Surjonarayan Motilal (Cultural Secretary). I gained confidence and learned much about the core council’s work throughout this time. Thanks to them and Mr Soumyadeep Bose (Cultural Secretary 2020-2021) for inspiring and motivating me to apply for this position. Furthermore, I want to thank Ms. Nikita Baldewa for always encouraging and supporting me when things were difficult.



Throughout this academic year, we have accomplished so much together. Our collective efforts have led to a stronger, more vibrant college community with numerous events hosted in one year. Undoubtedly, it was very challenging because we had to host all the events after a break of two years due to COVID-19. I was pleasantly surprised to see that, even though almost the entire council consisted of new members, we could still carry the legacy of our previous heads as we held all the events successfully and grander. I want to thank the entire core council for their contributions and tireless efforts that helped make this year a resounding success. Additionally, I want to thank all the CRs and volunteers from each council for their endless contributions. I am incredibly grateful to every student, faculty member, and staff for their unwavering dedication and participation in all the activities conducted by the council.

Working with the President of MAPS, Mr. Abhijay Ahuja and the General Secretary of MAPS, Ms. Shradanjali Ghosh, was fantastic. Two of the most dedicated people were always present for the council, the college and the students, regardless of the day or the hour.

In addition to being the vice president, I also had the privilege of heading the Disciplinary Committee of MAPS. Even though they were just a group of 7 people, they were consistently active and available for help at just one call. Thank you for being a part of the council; my appreciation is boundless.

Ultimately, I want to emphasize that winning a position is not necessarily a success; it is about carrying out the roles and responsibilities that come with being that person and giving justice to that position. I step down from this position with a heart full of gratitude and a sense of accomplishment for all we have achieved together. I carry this journey’s invaluable experiences and life lessons as I move forward. I am excited about the opportunities that lie ahead for us.

With heartfelt gratitude and best wishes,

Akanksha Saxena
Vice-President, MAPS

General Secretary

As the General Secretary of our college, I had the privilege to serve and work alongside some of the most dedicated and passionate individuals. It was indeed an honour to represent the student body and work towards improving the college experience for everyone.

My experience as General Secretary taught me the value of effective communication, teamwork, and leadership. I built strong relationships with my peers and colleagues, and I am proud to have contributed to the growth and development of my college community.

One of my most significant accomplishments was organizing WALKATHON to Spread awareness for childhood cancer with my fellow secretaries. The event brought together students, faculty, and community members to raise funds for a noble cause. I was amazed to see the enthusiasm and support the event received; it was a testament to the compassion and generosity of our college community.

I also had the opportunity to work closely with the college administration to implement several student-centred policies. I collaborated with other student leaders to advocate for greater transparency in decision-making processes and to create more opportunities for student participation in college governance.

Overall, serving as the General Secretary of our college was an enriching experience that taught me invaluable skills and helped me to grow as a leader. I am grateful for the opportunity and will always cherish the memories and friendships I made.

As I conclude my term as the General Secretary of this esteemed institution, I want to express my heartfelt gratitude to everyone who has supported me throughout this journey. It has been an honour and privilege to serve in this capacity, and I am grateful for the opportunity.

I want to thank the administration, faculty, staff, and my fellow students for their cooperation and support in achieving our collective goals. We have achieved many milestones and made remarkable progress in various areas.

As I step down from this position, I am confident that the incoming team will continue to uphold the values and traditions of our institution and strive towards achieving greater heights.

Thank you once again for the opportunity to serve as your General Secretary. It has been a remarkable experience that I will always cherish, and I wish everyone success and prosperity in their future endeavours.

Shradhajali Gosh
General Secretary, MAPS.



Academic

I feel truly honoured and blessed to be part of the academic council as the secretary for the Year 2022-23. One of the major attractions that MCOPS brings to its calendar of events is PharmaQuora, and organizing it after a gap of 2 years in the offline mode was among the most challenging aspects for our council. With the work put in by my Joint secretaries and the entire team of TAC, this task was completed. My three years of experience in the Academic Council have been excellent and a memory to cherish forever. I have found this role to be both challenging and rewarding. It has allowed me to develop valuable communication, organization, and problem-solving skills. I take this opportunity to thank the young and enthusiastic team of council members for helping me to achieve the milestones that were set at the beginning of the academic year. Wishing more success to the Academic Council, I, Shruti Chaudhary, am signing off as the secretary.



Shruti Chaudhary
Academic Secretary, MAPS.

Joint Sec Academic



My journey in The Academic Council began as a CR in the first year. I was always ambitious and enthusiastic to get a higher post. I was always a bridge connecting students to teachers, and this helped me hone my multitasking, negotiation and time management skills.

As the Joint Academic Secretary, I had the opportunity to work on a wide range of academic and student-run activities. My primary responsibility was to manage everything related to academics, including the management of the class representatives and the scheduling of exams.

One of my most memorable experiences was coordinating and organizing PharmaQuora, the most significant academic fest of MCOPS. I worked closely with other core members and volunteers of the academic council to organize an event that would better meet the needs of our students and align with the latest industry trends. This involved conducting extensive research, consulting with industry experts, and collaborating with faculty members to ensure the new curriculum was comprehensive, relevant, and engaging. Finding sponsorship was the most exhausting yet fun part, and I learned a lot. The number of problems during the event made me realize that there is always another way out, which improved my critical thinking and problem-solving.

I thank my seniors, Skanda N, Abhijay and Shruti, for their constant support and guidance. I would also like to thank Dr. Pradeep Murugandi, teacher coordinator of TAC and Dr. Anoop Kishore for their valuable suggestions during my tenure.

Overall, my experience as the Joint Secretary of the Academic Council of our college was both challenging and rewarding. It taught me valuable skills in leadership, communication, and project management. It allowed me to make a meaningful impact on our college community's academic and student life.

John Patani,
Joint Secretary
Academic Council , MAPS

Joint Sec Academic

“Studies are boring, so will Academic Council.” many of my peers told me when I decided to apply for the Joint Secretary post of The Academic Council, but little did they know that gaining knowledge can be fun. I have been a part of this council for three years now. I have had the opportunity to learn about leadership ideas and enhance my knowledge on never-experienced platforms through my seniors, Joint secretaries, Secretaries and even my batchmates. I joined the council, unaware of what exciting adventure awaits me. As I said, it is often a small step and not the giant leap that brings about the most lasting changes. This year, we successfully hosted ‘Pharmaquora’ the annual Academic Council Fest offline after two years of long wait. We were pleasantly surprised by the number of participants participating in various events. Managing such a significant scientific-oriented gathering gave me an experience I shall cherish forever. Looking back at our tagline, ‘Changing one child at a time’, makes me think that I am one of the many students who changed to become an individual who is self-confident, innovative and, most importantly, learning the art of adapting to changing times. Lastly, I would like to thank our teacher coordinator, Dr. Pradeep Muragundi and my Secretary, Ms. Shruti Chaudhary, for allowing me to participate in this beautiful journey. I would also like to thank Mr Venkatesh Kamath for his constant support and guidance and my Co-joint secretary, Mr John Patani, who made this journey pleasurable. Finally, I take this opportunity to mention that it was a great experience working with all the members of the TAC. I am grateful to MCOPS for providing me with this opportunity. Wishing the best for the future members of TAC, this is Jayashree V signing off as Joint Secretary.



Jayashree V
Joint Secretary
Academic Council, MAPS

Cultural Council

I cannot express how marvellous I feel to have spent four memorable years of my college life in the Cultural Committee, MAPS.

I started my journey as a volunteer where I had to prove my abilities to the future heads of the council that one day I would like to fill in their shoes and lead the council and be part of this legacy.

Of course, being the Cultural Secretary in the academic year of 2022-23 was not easy. We had this enormous responsibility to restart Sanskriti, which was last conducted in 2019. I hope I have made my predecessors proud by getting this colossal event back in its full glory in a jubilant manner.

It is probably the first time in the history of MCOPS that we participated in a national pharmacy college cultural event, Kalajna, organized by NITTE. We bagged the overall championship trophy and returned with a cash prize of Rs.75,000/- back home amidst all the hardships. I wish the future Cultural Committee all the best for organizing a National-level Cultural fest of MCOPS, commemorating the Diamond Jubilee of this distinguished institution.

I am full of joy to report our piéce de résistance in inter-MAHE Cultural Fest UTSAV'23, where we won 14 prizes, placing us in the Top 5 of the UTSAV Leaderboard, competing against 25 institutions of MAHE—a hearty congratulations to all.

I will fail as a Cultural Secretary if I do not thank Dr. D Sreedhar, who got us the AICTE SPICES grant, with the help of which we could organize a very lavish Sanskriti and to Aswath and Nitish for being patient and cooperative roommates and for letting me share our house with the entire council.

A special mention to Shradhanjali, Yukti, Surabhi, Shaili, Prekshith and Hari Chandana for all your time and efforts in making the UTSAV Fashion Show a success to help us create history.

Words cannot express how much I am to Mr. Soumyadeep Bose (Cultural Secretary 2020-22), Mr Surjonarayan Motilal (Cultural Secretary 2021-22), Ms. Akanksha (Vice President, MAPS 2022-23) and Ms Nikita Baldewa for being my pillars of hope and support during my tenure.

Lastly, my dearest Joint Cultural Secretaries, Ms Madhujha Sen and Mr Mandar B Rao, have been those I can rely upon and proudly hand over this family of mine. Special thanks to Dr Bhavana B Bhat and Dr Jagadish PC for believing I could perfectly discharge my duties as the secretary.

For future secretaries, the job is not easy. Standards have been set high, but at the end of the day, if you can proudly say that you did your responsibility and were able to serve this council and secure its future, I think you have succeeded as a leader and as for me, I can proudly say that.

**Hasta la vista,
Anshuman Shettigar
Secretary
Cultural Council, MAPS**



Joint sec cultural

I joined the Cultural Council in my first year as a Cultural CR. Since then, it has been a roller coaster ride. For two long years, we could only organize online events like Kalakriti, Matribhasha diwas, and much more. However, as a Joint Cultural Secretary this Year, I organized offline events.

I feel blessed to have a versatile group of 29 who have always been a support system for the council. Irrespective of uncountable examinations, they appropriately performed their duties. We had conducted 36 events in the interbatch competition "Sanskriti", which taught me several event management skills, and we could screen people for Utsav. I want to showcase my most profound gratitude towards Dr. D. Sreedhar for endowing us with the AICTE Spices grant, which made "Sanskriti" a smooth run.



"Talent wins games, but teamwork and intelligence win a championship."

The last cultural event for the year was the Inter-Collegiate Competition, "Utsav 2023". I was a core volunteer in the Utsav Office. It allowed me to bond with people from Manipal and Mangalore, Bangalore, Sikkim, Jamshedpur, and Dubai. I am proud to announce that our college students have won 8 group events and seven solo events in Utsav 2023 and secured fourth overall position amongst 23 colleges.

I am highly obliged to Dr. Bhavana B. Bhat for guiding us through all the events, and at the same time, I am thankful to Dr. Jagadish P. C. for being a very supportive faculty coordinator.

Thank Mr. Soumyadeep Bose, former Cultural Secretary, MAPS 2020-21, and Mr. Surjonarayan Motilal, former Cultural Secretary, MAPS, 2021-22, for helping us smoothly carry out all the offline events.

A special thanks to Ms. Karen Martin for her guidance, farsightedness and hard work

I would also like to thank my co- Cultural Joint Secretary, Mr. Mandar B. Rao, for coordinating so well even though he was a new addition to the council. His presence gave me the utmost confidence to organize an event.

Finally, I congratulate Mr. Anshuman Shettigar, Cultural Secretary, MAPS 2022-23, for a successful tenure. Thank you for being my pillar of strength in the Cultural Council for the last three years.

I feel exceptional to create innumerable memories with the council that I shall cherish forever.

Madhuja Sen
Joint Secretary
Cultural Council, MAPS

Joint sec cultural

"Having a place to go is a Home. Having someone to love is Family. Having both is a blessing."

- Denna Hedges

My journey began with The Cultural Committee before I joined it. In my second year, Mr. Anshuman Shettigar (Cultural Secretary, MAPS 2022-23) started to invest the council's responsibilities in me. It was a harsh journey, but the process truly made it worthwhile.

Throughout this journey, I have seen many new faces and names I cannot fathom remembering, but I slowly realized how much this council meant to me. The Cultural Committee had become my new home, where I could share my sorrow and joyous moments.

Organizing events like Genesis, Sanskriti, Kalajna from NITTE, Annual Day and Utsav, where we, the Cultural Committee, tried our best to provide a platform for students to showcase their talent, was a roller coaster of emotions. However, the process is always fun and memorable.

Last but not least, I would like to express my sincere gratitude to the man who has always been there to guide me, Mr. Anshuman Shettigar, as well as the support of my Co-Joint Secretary, Ms Madhuja Sen, who would always assist and work tirelessly with me, and Dr. Bhavana B Bhat for showing her unwavering support and love throughout the year.

Mandar B Rao
Joint Cultural Secretary, MAPS



Sports Sec



Sports have been instrumental in shaping my character, teaching me valuable lessons like punctuality, teamwork, stress management, and resilience. Embracing the notion that failure is a stepping stone to success, I have learned to view setbacks as opportunities for growth.

It has been a rewarding experience witnessing the growth and passion for sports in our college MCOPS. We have built a strong and united Sports Council that continues to work hard and ensure all sports events are a success.

Being part of the council and organizing sports events has been an honour; I extend my heartfelt appreciation to Ishika Raj, the former Sports Secretary before me, for her guidance, and Mr. Vasudev Pai, our Sports Advisor, for his unwavering support. The Physical Education Department also deserves recognition for its continuous assistance, contributing to the success of every sports event.

Best of luck to everyone for the journey ahead!

Ayushi Datta
Sports Secretary, MAPS

Joint sec sports

"If you do not believe in yourself, no one will do it for you."

-Kobe Bryant

Growing up, Sports have always been a part of my life. It helped me shape myself into someone who is always ready to tackle challenges, take up pressure or responsibilities that come my way and, most importantly, teamwork.

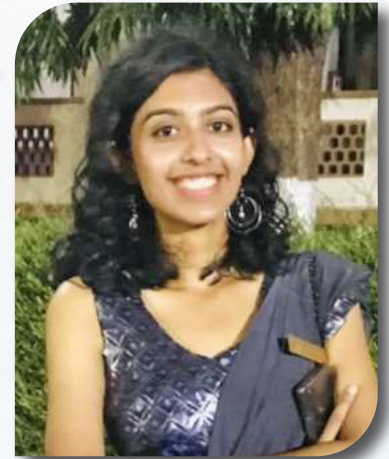
My journey in this council started as a Sports CR in 2021, and I remember feeling like this was the right place for me the minute I was a part of the council. The council is a part of me now, and I am here for it!

I vividly remember my nervousness and determination before my Sports CR interview taken by Ishika Raj, the then Sports Secretary. She is the one who helped me understand more of my abilities and potential. She opened the Council doors for me and many more with warmth and compassion. Fast forward to the present. I am honoured to be the Joint Sports Secretary. I have learned a lot, and at the end of the day, what keeps me going is knowing that we, as a council, are ensuring that in times of busy college schedule and stress, there are sports events to help one de-stress and get pumped up! Conducting Athlos, our year-long Sports event, in an organized and planned manner was only possible thanks to every Sports Council member. Grateful for such a hardworking and even more pumped-up team.

Thankful to Ayushi Datta, the Sports Secretary, for her constant guidance and support to me and the entire council and for ensuring the sports events are always a huge success. I would also like to thank our Sports Advisor, Dr.Vasudev Pai, for his support and always taking the time and effort for this council whenever required. Thank you, sir. I also thank my Co-Joint Secretary, Mangesh Kumar, who has helped ensure all events were a great success. Last, I thank the Physical Education Department for ensuring our events are conducted and managed.

Shreya Gantayet

Joint Sports Secretary, MAPS



Joint sec sports

Dear Esteemed Members of the Council and Fellow Sports Enthusiasts,

As the Joint Secretary of the Council, I am honoured to serve with such a dynamic and forward-thinking team. It is with great pleasure that I share my testimonial on my experience and the significant progress of our Sports Council for 2022-23.

Over the past two years, we have made remarkable strides in promoting sports within our institution. Our athletes have displayed exceptional dedication, hard work, and perseverance, resulting in numerous accolades across intercollegiate and inter-batch events. The council has been committed to providing support, platform, and resources to our talented sportsmen and sportswomen.

Moreover, our concerted efforts to promote sports at the grassroots level by organizing inter-MAHE events (inter-MAHE swimming) and other inter-batch sports events have been hugely successful. This could not have been possible without the constant efforts of our dedicated Council members. These initiatives have increased interest and participation in sports across all batches of MCOPS students.

However, we must not rest on our laurels. Sportsmanship is when one walks off the court and you cannot tell whether they won or lost. We must continue to foster a culture of sportsmanship and fair play. With the council's continued support and our athletes' unwavering dedication, I am confident that we will achieve even greater success in the future.

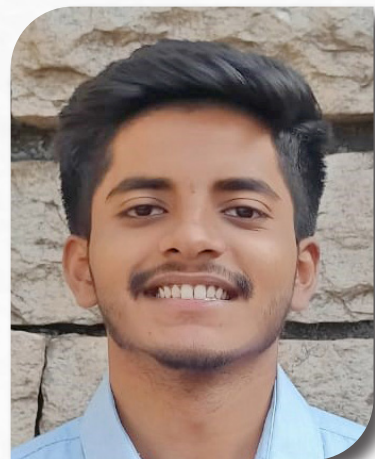
I want to take this opportunity to express my heartfelt gratitude to Mr. Vasudev Pai, our Sports Advisor, and Ayushi Datta, our Sports Secretary, for their unwavering support and guidance to the council.

Lastly, I would like to acknowledge that the contributions made by Shreya Gantayet, my co-joint secretary, have been instrumental to the council's success.

I look forward to working together to elevate the status of sports at MCOPS further.

Signing off,

Mangesh Kumar
Joint Secretary, Sports, MAPS



SEC Secretary

“The more I interacted with people of different origins, the more I realized that humans are all the same, just with different linguistic capabilities.”

My term in SEC began as an outgoing member under the leadership of Shimona Lakhani in 2020-21, where I had the opportunity to interact with pharmacists around the globe, which helped me to understand different cultures, traditions and barriers to communication a pharmacist faces. This experience inspired me to continue in SEC as the outgoing Head for the 2021-22 term under Kareena Mulchandani. We organized the first virtual student exchange programme and hosted interns from Indonesia under MAPS.

I got the opportunity to head the Student Exchange Council for 2022-23, where we kicked off the term with KAIROS. We had the fantastic opportunity to host Student Exchange participants from Indonesia and send one outgoing student from MAPS to Egypt for an exchange program. We then organized MAPS’s first-ever MUN, Enter-prize 23, Photography workshop, etc. We could also send our delegates to attend the APPS in Indonesia. I would also like to thank Stuti Khatuka for being a constant pillar of support and all the volunteers and class representatives for being the backbone of the council. I will forever be grateful for this experience.

Akhil

Secretary

Student Exchange Committee, MAPS



Student Exchange Committee

The Student Exchange Committee (SEC) is an incredible platform for pharmacy students to broaden their horizons and gain valuable experience in pharmacy practice. Through student exchanges with 80 Member organizations of the International Pharmaceutical Students' Federation (IPSF), SEC allows students to explore different countries, cultures, and healthcare systems while expanding their professional skills and knowledge.



I am thrilled to share my experience working as a joint secretary of SEC and Student Exchange Officer of MAPS. Being part of this council for two years has been an unforgettable opportunity; it has allowed me to play a meaningful role in connecting students worldwide and creating lasting cultural connections. As a joint secretary, I have been fortunate enough to work with an incredibly dedicated and passionate team. From organizing exchange programs to coordinating events such as Kairos, MUN and Enter Prize, we have all worked together tirelessly to create a welcoming and inclusive environment for all students involved.

Through this experience, I have also developed valuable leadership, communication, and project management skills. I have learned to work collaboratively with a diverse range of individuals and effectively communicate with stakeholders to ensure the success of our programs.

Managing this challenging role would have been near impossible without the guidance of Ms Kareena Anil Mulchandani, previous SEO, and the immersing support our coordinator, Dr Anup Naha, provided at all stages of this academic year. Lastly, I thank Akhil M, who provided guidance and support for the entire council as Student Exchange Secretary.

Above all, being a joint secretary for the student exchange committee has been a rewarding and fulfilling experience. It has allowed me to positively impact students' lives, facilitating opportunities for personal and professional growth while promoting the participation of students in events.

I am grateful for the opportunity to have been a part of this Committee and look forward to seeing the continued success of this Program.

Stuti Khatuka
Joint Secretary
Student Exchange Committee, MAPS

Photography

I joined the Photography Club during my first year to explore my curiosity; it was one of my best decisions. It has been an exhilarating ride, from creating new memories to capturing them.

Throughout this journey, I have learned and grown individually and as a team member. We have worked seamlessly and strived hard to bring you all the moments that are precious to you. Starting from Genesis to the Manipal marathon and Athlos, the whirlwind of events has finally ended.

I want to thank the Photography club, MAPS, for allowing me to do what I love. I am incredibly grateful to Deva Sooriya for recognizing my potential and going above and beyond to guide me and help me accomplish heights I had not realized my full potential. I would also like to thank Akhil M for his tireless input and constant assistance. Finally, I want to thank the entire team for their unwavering support and faith in my ability to do the right thing.

I sign off as Head of Photography with a heavy heart and the hope that our legacy shall carry forward and that the club will continue to thrive in unimaginable ways.

Clive Winston
Head of Photography, MAPS



I2C

Working with MAPS as a Core Committee Member was a rewarding experience that allowed me to develop essential leadership, communication, teamwork, and problem-solving skills. As a member of the council, I had the opportunity to represent my fellow Research Scholars, voice their concerns, and work towards improving the student experience. One of the most memorable moments of working in a MAPS was the sense of accomplishment when successfully organizing and executing an event or project that benefits the student body. It could be anything from a fundraising campaign for a charity to an institute-wide event. Another memorable moment was the friendships and connections I have made with other council members as you work together towards a common goal. You will learn to collaborate with people from different backgrounds and perspectives and develop a camaraderie that will last beyond my time on the council. Working in a MAPS council was an enriching experience that allowed me to positively impact my college community while developing essential skills and connections



Ajinkya N. Nikam
Ph.D. Research Scholar
President, I2C, MAPS

CDC

“Alone, we can do so little; together, we can do so much.”

-- Helen Keller

My term with the Community Development Committee began this academic year; as my last eligible year to be part of the student council, I wanted to explore a different side of things after being a part of the Cultural Council a couple of years earlier.

Starting my short-lived journey at the CDC, I was elected as the secretary of the Committee, hoping to better contribute to the body's functioning and perform my duties in the council. The CDC had a period of dormancy in the past couple of years due to the pandemic putting a pause on community-related activities.

However, with routine activities restored as before, we aimed to conduct and organize the annual events and some new activities to commemorate the Diamond Jubilee Celebrations of our college.

For our first activity for the year, we conducted a Children's Day programme with the Paediatric Haematology and Oncology Department at Kasturba Hospital for childhood cancer patients. We had them have some fun and a light-hearted time in the presence of their families.

This year, we conducted our annual Blood Donation Drive in partnership with Kasturba Hospital as a part of the college's Diamond Jubilee Celebrations, raising awareness of childhood cancer. The event turned out to be a success, with many people supporting the cause and contributing to the same. We organized a Basic Life Support programme for a group at Manipal Technologies, also in collaboration with Kasturba Hospital, that was acknowledged and appreciated.

My time on the council has been a gratifying and rewarding experience, having picked up on specific life and leadership skills and traits while developing a sense of giving and contributing to the community's well-being. I want to thank and appreciate the active involvement of the CRs and Volunteers of this Committee, their hard work and participation, without which it would not have been possible to orchestrate those above.

I also want to thank the Joint Secretary, Vani Nayak, for her assistance and association with the Committee's functioning. Finally, I would like to express my gratitude towards our teacher coordinator and advisor, Dr. Prasanna Kumar, for his continuous support and belief in helping me carry out my duties as the secretary of this Committee.

As I step down from my position as secretary, I wish for the best of what this Committee will do in their future endeavours and hope to see it do an even better job at its functioning and have a prominent place in the student council. Godspeed.

Saad Khan
Secretary, CDC, MAPS



Joint sec CDC

My journey with the CDC started during my third year of college as a volunteer. I was excited about the opportunity to contribute to various events and initiatives, but unfortunately, the pandemic forced us to scale back our activities. Despite the setback, we finally returned to normalcy after two years.

In my fourth year of college, I was elected as the Joint Secretary of the CDC. As a part of MCOPS's Diamond Jubilee Celebrations, our team organized several new projects in addition to our annual events.

One of the highlights of my time with CDC was successfully organizing the annual blood donation drive. It was heart-warming to see so many students and the faculty turn up in large numbers for the same. We also hosted a Children's Day celebration at KMC, bringing joy to many young children and their families. Additionally, we conducted a basic life support program at Manipal Technologies, which was well-received and greatly appreciated.

It has been a fantastic experience so far, and I am proud to be a part of such a great team. I want to thank Saad Khan, the CDC Secretary, for his openness to new ideas, guidance, and support throughout the year. I also thank our teacher advisor, Dr. Prasanna Kumar, for his constant guidance and support. Through my work with the CDC, I have learned how to serve our community better, and I look forward to continuing to make a positive impact in the future.

Vani Nayak
Joint secretary CDC, MAPS



Winners List - Athlos

Event	First	Second	Third
Chess			
Men	T. Siddhart Thenkondar - 4th Year Bpharm	Nitesh MG - 4th Year Bpharm	
Women	Garima Joshi - 3rd Year Bpharm	Stuti Khatuka - 3rd Year Bpharm	
Carrom			
Men Singles	Shekara - Research Scholar	Nitesh MG - 4th Year Bpharm	
Men Doubles	Vijay Sattiraju & Shekara - Research Scholar	Atharva Sawardekar & Yashodan Desai - 4th Year Bpharm	
Women Singles	Nisha Acharya - 4th Year Bpharm	RJA Vibhari - Research Scholar	
Women Doubles	Nisha Acharya & Reema Mathias - 4th Year Bpharm	RJA Vibhari & Keerthi Priya - Research Scholar	
Mixed Doubles	Pemmereddy Ramadevi & Roshan Tawale - Research Scholar	Kodi Triveni & Dani Lakshman - Research Scholar	
Table Tennis			
Men Singles	Somnath Khandelwal - 4th Year Bpharm	Pratheek J - 3rd Year Bpharm	
Men Doubles	Somnath Khandelwal & Shivmani Barve - 4th Year Bpharm	Paawan Gulati & Harsh Shah - 2nd Year Bpharm	
Women Singles	Anjan Makkar - 2nd Year Bpharm	Shreya Gantayet - 3rd Year Bpharm	
Women Doubles	Shreya Gantayet & Shambhavi Jha - 3rd Year Bpharm	Maya S Pai & Reema Mathias - 4th Year Bpharm	
Mixed Doubles	Paawan Gulati & Anjan Makkar - 2nd Year Bpharm	Sonath Khandelwal & Chandani Manik - 4th Year Bpharm	
Badminton			
Men Singles	Mohith H - 4th Year Bpharm	Sanal Simon - 5th Year PharmD	
Men Doubles	Shathabisha & Arpith Mathew - PG	Mohith H & Shivmani Barve - 4th Year Bpharm	
Women Singles	Shreya Gantayet - 3rd Year Bpharm	Panchami Chandrasekara - 2nd Year Bpharm	
Women Doubles	Shreya Gantayet & Sindhuja Rangisetty - 3rd Year Bpharm	Daksha D Shetty & Keerthana Krishnan - 5th Year PharmD	

Event	First	Second	Third
Mixed Doubles	Sathabisha & Girija - PG	Panchami & Arul Mahindroo - 2nd Year Bpharm	
Swimming Men's			
Butterfly 25M	Yashodhan Desai - 4th Year Bpharm	Shubam Manna - 2nd Year Bpharm	Emad Alijani - 3rd Year PharmD
Butterfly 50M	Yashodhan Desai - 4th Year Bpharm	Shubam Manna - 2nd Year Bpharm	Emad Alijani - 3rd Year PharmD
Breast Stroke 25M	Yashodhan Desai - 4th Year Bpharm	Shubam Manna - 2nd Year Bpharm	Arjun Prabhu - 4th Year Bpharm
Breast Stroke 50M	Yashodhan Desai - 4th Year Bpharm	Arjun Prabhu - 4th Year Bpharm	Trivikram - 1st Year Bpharm
Backstroke 25M	Krit Malviya - 1st Year Bpharm	Yashodhan Desai - 4th Year Bpharm	Shubham Manna - 2nd Year Bpharm
Backstroke 50M	Yashodhan Desai - 4th Year Bpharm	Emad Alijani - 3rd Year PharmD	Shubham Manna - 2nd Year Bpharm
Freestyle 25M	Yashodhan Desai - 4th Year Bpharm	Arjun Prabhu - 4th Year Bpharm	Krit Malviya - 1st Year Bpharm
Freestyle 50M	Yashodhan Desai - 4th Year Bpharm	Arjun Prabhu - 4th Year Bpharm	Shubham Manna - 2nd Year Bpharm
Freestyle Relay (4*25M)	Yashodhan Desai, Vishal, Apoorv - 4th Years	Krit, Aditya, Raghav, Trivikram - 1st Years	Aamir, Shubham, Skanda, Parth - 2nd Years
Swimming Women's			
Butterfly 25M	Sakshi Mestry - 3rd year PharmD	Ayushi Datta - 4th Year Bpharm	Shambhavi Jha - 3rd Year Bpharm
Breast Stroke 25M	Ruprekha Maity - 1st Year Bpharm	Ayushi Datta - 4th Year Bpharm	Sakshi Mestry - 3rd Year Bpharm
Breast Stroke 50M	Sakshi Mestry - 3rd year PharmD	Ayushi Datta - 4th Year Bpharm	Winona Saldanha - PG
Back Stroke 25M	Sakshi Mestry - 3rd year PharmD	Ayushi Datta - 4th Year Bpharm	Shambhavi Jha - 3rd Year Bpharm
Back Stroke 50M	Sakshi Mestry - 3rd year PharmD	Ayushi Datta - 4th Year Bpharm	Shambhavi Jha - 3rd Year Bpharm
Freestyle 25M	Sakshi Mestry - 3rd year PharmD	Shambhavi Jha - 3rd Year Bpharm	Ayushi Datta - 4th Year Bpharm
Freestyle 50M	Sakshi Mestry - 3rd year PharmD	Ayushi Datta - 4th Year Bpharm	Shambhavi Jha - 3rd Year Bpharm
Mixed Relay (4*25M)	Shambhavi, Sakshi, Akhil, Emad - 3rd Years	Krit, Aditya, Raghav, Ruprekha - 1st Years	Ayushi, Ramya, Yashodhan, Arjun - 4th Years
Throwball			

Event	First	Second	Third
Women	Panchami Chandrasekara Divya Shukla	Shreeya Wariyar	
	Surabhi Sharma	Pranitha Poojaray	
	Shreeya Naik	Shruddha Kamath Japman Kaur	
	Ashwini Kulal Deeksha Prabhu	Medha M	
	Samreen Rehman	Rehnuma	
	Fathima	Naisha Nair - 1st Years	
	Neha - 2nd Years		
Volleyball	Panchami Chandrashekar	Mohith H	
	Sathwik Kumar	Dhanush Shettigar	
	Divya Shukla	Vishal Baliga	
	Prabhu Abhishek	Arjun Prabhu	
	Prajwal N Shetty	Anantha	
	Amith Devadiga	Vidyasagar	
	Adithya	Sumanth S Poojary	
	Kiran	Maya S Pai	
	Aamir Sheikh	Danish	
	Shishir	Reema Mathias	
	Vishwanath Kulal	Sheethal D Shetty - 4th Years	
	Vaibhav - 2nd Years		
Cricket			
Women	Shruddha Kamath	Fathima	
	Japman Kaur	Divya Shukla	
	Ayshath Sufaida	Shruthika	
	Riya Singh	Manisha Singh	
	Kotturu Himaja	Chandrika	
	Shiekha Mezyanah	Kavana Saliyan	
	Ruprekha Maity	Deeksha Prabhu	
	Jui Wadodkar	Ashwini Kulal	
	Rehnuma	Ashna	
	Srijanya K	Panchami Chandrasekara	
	Aashima Verma	Ananya Kotian	
	Ananya Bhora - 1st Years	Kyathi Lakhmani - 2nd Years	
Men	Sumit Birangal	Avinash Balkar	

Event	First	Second	Third
	Ajay Mili Adarsh Gopinathan	Ashutosh Nimbalkar	
	Ashutosh Gupta	Rohan Singh	
	Ajinkya Nikam	Abhinav Dutta S Pavan Kalyan	
	Ajmal Nassar Alan Raj	Hrithik Jadhav	
	Anup Naha	Shathabisha	
	Subham Das	Rahil Anwar Debjeet	
	Samyak Pandey B Brahmam	Moulik Mandal	
	Praveen	Subhra Sarkar	
	Venkaresh Kamath B	Himanshu Kumar	
	Roshan Tawale Gasper Fernandes	Shubhakar Redishetty	
	Putta Sanjay Kumar - Research Scholar	Aadhitya	
		Sharan Tathagata Pattanayak - Post Graduates	
Football			
Men	Om Singh	Nitish Nambiar	
	Sayed Saif	Rakshan K	
	Avez Nasir Shaikh	Somnath Khandelwal	
	Rishith R Shetty	Shaikh Danish	
	Bikrant Singh	Nithesh MG	
	Shamith Poojari	Siddharth Thenkondar	
	Amin	Rajat Chandra	
	Prekshith Jaya	A Arjun Prabhu	
	Mirza Faisal Baig	Mohith H	
	Mangesh Kumar	Suraj Vinuraj Nair	
	Hardik Daikwad	Sohaib Khurshid	
	Vishwas Kumar - 3rd Years	Abhijay Ahuja - 4th Years	
Women	Chandani Manik	Udisha Singh	
	Reema Mathias	Prastuti Baruah Iram Naz	
	Maya S Pai K	Srija Roy	
	Namratha V Shet	Sibyl George	
	Aishwarya Pandey Ramya P Acharya	Shambhavi Jha Sakshi Mestry	

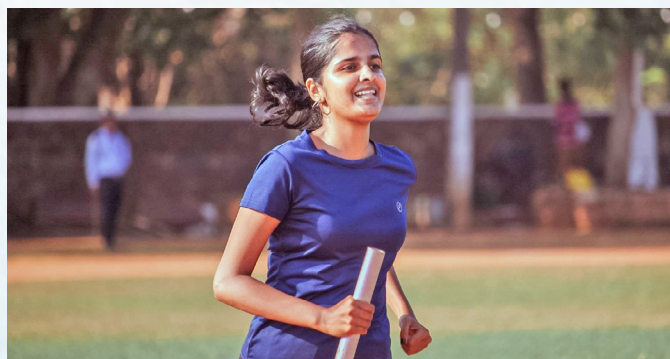
Event	First	Second	Third
	Anchal Shetty	Saniya Sheikh - 3rd Years	
	Dimple Mahita - 4th Years		
Basketball			
Women	Japman Kaur	Maya S Pai Reema Mathias	
	Shreeya Wariyar	Namratha V Shet	
	Arijita Ganguly	Aishwarya Pandey	
	Rehnuma Srijanya	Chandani Manik Divya Krishnan	
	Aastha Pandey	Yagya Malik	
	Shravya Sai Kripa	Vani Nayak	
	Kotturu Himaja Shiekha Mezyanah	Ramya P Acharya	
	Ruprekha Maity - 1st Years	Dimple Mahitha - 4th Years	
Men	Ranith Robin	Mangesh Kumar	
	Siddhant Satish Sanhotra	Emad Alijani	
	Mohith H	Om Singh	
	Suraj Vinuraj	Shamith Poojari	
	Nitish Nambiar	Amin	
	Akhil M	Adrian Rex Coutinho	
	Sumanth	Vishwas Kumar P	
	Somnath Khandelwal	Puneeth Kumar	
	Shivmani Barve	Akhil B K	
	Abhijay Ahuja	Vishwaraj Verma	
	Danish	John George Patani	
	Adeeb - 4th Years	Mirza Faisal Baig - 3rd Years	
Running			
Women			
3000 M	Naisha Nair - 1st Year Bpharm	Namratha V Shet - 4th Year Bpharm	Maya Pai - 4th Year Bpharm
1500 M	Naisha Nair - 1st Year Bpharm	Maya Pai - 4th Year Bpharm	Namratha V Shet - 4th Year PharmD
800 M	Shreya Gantayet - 3rd Year Bpharm	Yagya Malik - 4th Year PharmD	Naisha Nair - 1st Year Bpharm
400 M	Shreya Gantayet - 3rd Year Bpharm	Deeksha Prabhu - 2nd Year Dpharm	Sibyl George - 3rd Year PharmD
200 M	Sheikha Mezyanah - 1st Year Dpharm	Yagya Malik - 4th Year PharmD	Shreya Gantayet - 3rd Year Bpharm

Event	First	Second	Third
100 M	Sheikha Mezyanah - 1st Year Dpharm	Yagya Malik - 4th Year PharmD	Kavana Saliyan - 1st Year Dpharm
Men			
3000 M	Mohith H - 4th Year Bpharm	Shathabisha - Post Graduate	Krishang Sikaria - 2nd Year Bpharm
1500 M	Mohith H - 4th Year Bpharm	Vishwanath Kulal - 2nd Year Bpharm	Shathabisha - Post Graduate
800 M	Mohith H - 4th Year Bpharm	Shishir Naik - 2nd Year Dpharm	Aditha N Nayak - 2nd Year Dpharm
400 M	Mohith H - 4th Year Bpharm	Danish Sheikh - 4th Year Bpharm	Sooraj - 4th Year Bpharm
200 M	Mohith H - 4th Year Bpharm	Danish Sheikh - 4th Year Bpharm	Mangesh Kumar - 3rd Year Bpharm
100 M	Prajwal N Shetty - 2nd Year Dpharm	Rakshan - 4th Year PharmD	Danish Sheikh - 4th Year Bpharm
Long Jump			
Men	Prajwal N Shetty - 2nd Year Bpharm	Rakshan - 4th Year Bpharm	M Reza - 2nd Year PharmD
Women	Sheikha Mezyanah - 1st Year Dpharm	Reema Mathias - 4th Year Bpharm	Kavana Saliyan - 2nd Year Dpharm
Discus Throw			
Men	Aamir Sheikh - 2nd Year Dpharm	Prajwal N Shetty - 2nd Year Dpharm	Bikrant Singh - 3rd Year Bpharm
Women	Reema Mathias - 4th Year Bpharm	Yagya Malik - 4th Year PharmD	Deeksha Prabhu - 2nd Year Dpharm
Shotput			
Men	Mohammed Anis - 1st Year Dpharm	Bikrant Singh - 3rd Year Bpharm	Shamith Poojari - 3rd Year Bpharm
Women	Yagya Malik - 4th Year PharmD	Ishal Miranda - 3rd Year Bpharm	Deeksha Prabhu - 2nd Year Dpharm
Javelin Throw			
Women	Ishal Miranda - 3rd Year Bpharm	Panchami C - 2nd Year Bpharm	Girija - Post Graduate
Men	Prajwal N Shetty - 2nd Year Dpharm	Bikrant Singh - 3rd Year Bpharm	M Reza - 2nd Year PharmD
High Jump			
Women	Shiekha Mezyanah - 1st Year Dpharm	Reema Mathias - 4th Year Bpharm	Sibyl George - 3rd Year PharmD
Men	Prajwal N Shetty - 2nd Year Dpharm	Sooraj - 4th Year Bpharm	Adithya N Nayak - 2nd Year Dpharm
Triple Jump			
Women	Shiekha Meznyanah - 1st Year Dpharm	Reema Mathias - 4th Year Bpharm	Manasmitha Shettigar - 4th Year Bpharm

Event	First	Second	Third
Men	M Reza - 2nd Year PharmD	Krit Malviya - 1st Year Bpharm	Sooraj - 4th Year Bpharm
Relay			
4x100m			
Men	Atharva	Prajwal N Shetty	Mangesh Kumar
	Rakshan	Shishir Naik	Hardik Gaikwad
	Mohith H	M Reza	Nishant Choudhary
	Danish sheikh - 4th Years	Satwik Kumar - 2nd Years	Bikrant Singh - 3rd Years
Women	Sania Das	Devika Shetty	Sibyle George
	Shreeya Wariyar	Kavana Saliyan	Shreya Gantayet
	Pranitha Poojary	Neha	Princia Annie Dsouza
	Shiekha Mazyanah - 1st Years	Deeksha Prabhu - 2nd Years	Sakshi Mestry - 3rd Years
Mixed	Mohith H	M Reza	Mohammed Anis
	Rakshan	Aamir Sheikh	Jyoti Deep Deka
	Yagya Malik	Devika	Shreeya Wariyar
	Reema Mathias - 4th Years	Kavana Saliyan - 2nd Years	Shiekha Mezyanah - 1st Year
4x400m			
Men	Mohith H	Prajwal N Shetty	Nishant Choudhary
	Danish Sheikh	Tejas	Mandar B
	Sooraj	Vishwanath Kulal	Prekshith Jaya
	Sumanth - 4th Years	Satwik Kumar - 2nd Years	Mangesh Kumar - 3rd year
Women	Fathima	Maya S Pai	Iram Naz
	Neha	Reema Mathias	Sakshi Mestry
	Ashwini Kulal	Yagya Malik	Princia Annie Dsouza
	Deeksha Prabhu - 2nd Years	Manasmitha Shettigar – 4 th Years	Shreya Gantayet - 3rd Years
PROFESSORS ATHLOS EVENTS			
Staff Walk Race			

Event	First	Second	Third
Women	Dr. Bhavana B Bhat	Shweta Shetty	Savitha
Men	Girish	Dr. K Kiran Kumar	Dr. Jagadish PC
Staff walk 100 M Race.			
Women	Nalini	Dr. Sree Lalitha	Dr. Bhavana B Bhat
Men	Dr. Kiran Kumar	Praveen	Laxman Shetty
2x100 Relay	Dr. Kiran Kumar, Kusuma M	Dr. Srinivas Hebbar, Dr. Nambard L Dhas	Dr. Anoop Kishore, Dr. Sree Lalitha

ATHLOS 2023





Sanskriti 2023

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
CLASSICAL DANCE SOLO	First	Mansa	1st Mpharm
	Second	Madhuj Sen	3rd Bpharm
	Third	Nisha Acharya	4th Bpharm
STAND UP COMEDY	First	Ishwari Mahalle	2nd Bpharm
	Second	Shradanjali Ghosh	3rd Bpharm
	Third	Shruti A	5th PharmD
		Anshuman Shettigar	4th Bpharm
CLASSICAL VOCAL SOLO	First	Manasa	1st Mpharm
	Second	Parvathy Madhu	1st PharmD
	Third	Ishani Roy	1st PharmD
WESTERN SINGING SOLO	First	Aditi Dhawan	5th pharm d
	Second	Daksha Shetty	5th pharm d
	Third	Jenice Crystal Buthello	4th pharm d
EXTEMPORE	First	Yashas M Kiran	3rd Bpharm
	Second	Samyukta Nair	4th Bpharm
	Third	Aarthika	3rd Bpharm
CARTOONING	First	Diya Dinesh	1st year Bpharm
	Second	Shanthanu Kamath P	1st year Mpharm
	Third	Nikita Baldewa	4th Year PharmD
		Vishwaraj Verma	3rd year Bpharm
STREET PLAY	First	Ishika Dubey	4th Bpharm
		Yagya Malik	
		Akhil M	
		Soham Chakraborty	
		Arya Shrestha	
		Shoaib Khurshid	
		Somnath Khandelwal	
		Anshuman Shettigar	
	Second	Nishanth Choudary	3rd Bpharm
		Shradanjali Ghosh	
		Anuj Desai	
		Trisha Das	
		Rohan Madgeri	
	Hardik Gaikwad		
	Sakshi Mestry		
	John Patani		
Third	Ishwari Mahalle	2nd Bpharm	
	Roopa Gayatri Yeramilli		

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
		Paawan Gulati	
		Ayush Jindal	
		Arul Mahindroo	
		Ajasara Singh	
		Riya Kumari	
		Shreetam Acharya	
EASTERN GROUP SINGING	First	Chaitanya Nayak	4th Bpharm
		Arthika	
		Chaithra Samanth	
		Pragathi	
		Sowjanya Patil	
		Suhmitha Pai	
		Princia Dsouza	
		Neha Suvama	
	Second	Rahul Raviraj	4th Bpharm
		Reema Mathias	
		Jenice Crystal Buthello	
		Shekhar Pandey	
	Third	Ritisha MR	2nd Bpharm
		Anvitha	
		Roopa Gayathri	
		Raj Kishori	
		Shraddha KS	
		Shruti A	5th PharmD
		Megashree	
		Saad Khan	
		Siddharth Nair	
		Elvira Dsouza	
		Karen Martin	
		Tanay Parab	
		Shreya Shenoy	
FACE PAINTING	First	Akanksha & Nikita Baldewa	4th PharmD
	Second	Andrea Rachel Salin & Stephanie Mary Thomson	4th PharmD
		Pranitha Poojary and Shruddha Kamath	1st PharmD
	Third	Arlin Kundar & Prerana Kotian	4th Bpharm
		Trisha Das & Sridhar	3rd Bpharm

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR		
DUET SINGING	First	Subbulakshmi Somasundaram	4th Bpharm		
		Jenice Crystal Buthello	4th PharmD		
	Second	Daksha Shetty & Roopa S Acharya	5th PharmD		
	Third	Rahul Raviraj and Reema Mathias	4th Bpharm		
JAM	First	Shruti A	5th PharmD		
	Second	Sanal Simon	5th pharmD		
	Third	Shreya Gantayet	3rd Bpharm		
WESTERN DANCE SOLO	First	Sindhuja Sahu	1st Mpharm		
	Second	Prastuti Baruah	3rd Bpharm		
	Third	Udisha Singh	3rd Bpharm		
INSTRUMENTAL	First	Arpan Adhikary	1st Mpharm		
	Second	Keerthana Krishnan	5th PharmD		
	Third	Jhanvi Shenoy	4th Bpharm		
HINDI POETRY	First	Riya Singh	1st Bpharm		
	Second	Aadrika	5th PharmD		
	Third	Rajat Chandra	4th Bpharm		
MIME	First	Nishant Choudary	3rd Bpharm		
		Anuj Desai			
		Trisha Das			
		Rohan Madgeri			
		Hardik Gaikwad			
		Anish Das			
		Second		Elroy princeton Karkada	4th PharmD
		Zeel Choudhary			
		Ramya P Acharya			
		Delaram Mahdavi			
		Somak Chakraborti			
		Sohaib Khursheed			
		Dimple Mahita			
		Priyakanth Gurjar			
	Third	Gaurav Girish	5th PharmD		
Sanal Simon					
Karen Martin					
Amulya Bhatkal					
Keerthana Krishnan					
Siddharth Nair					

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
		Tanay Parab	
		Saad Khan	
RANGOLI	First	Sowjanya Patil	3rd Bpharm
		Pragathi	
		Vinutha	
	Second	Shranya Adga	4th Bpharm
		Manasmitha Shettigar	
		Prerana Poojari	
	Third	Jayshree Veebhadra	3rd PharmD
		Pranjali Puthran	
		Ashika Sanil	
DUET DANCE	First	Anisha Sheethal Gon-salves & Ashish A	4th PharmD
	Second	Shruti A & Karen Martin	5th PharmD
	Third	Abhijay Ahuja & Ishika Dubey	4th Bpharm
ENGLISH POETRY	First	Shreya Gantayet	3rd Bpharm
	Second	Amulya Bhatkal	5th PharmD
	Third	Sameeksha	1st PharmD
PAINTING	First	Nikita Baldewa	4th PharmD
		Shruti A	5th PharmD
	Second	Shreya Jain	4th PharmD
	Third	Kavana	5th PharmD
EASTERN SINGING SOLO	First	Jyoty Jabu	3rd Bpharm
	Second	Manasa	1st Mpharm
	Third	Ishani Roy	1st PharmD
GENERAL QUIZ	First	Anand Bhardwaj	2nd Bpharm
		Dilen stephan Fernandes	2nd Bpharm
	Second	Akhil M	4th Bpharm
		Aishwarya Pandey	4th Bpharm
		Sohaib Khurshid	4th Bpharm
	Third	Somnath Khandelwal	4th Bpharm
		Shivmani Barve	4th Bpharm
		Yashodhan Desai	4th Bpharm
POTPOURRI	First	Anushka Bhayana	3rd Bpharm
		John Patani	3rd Bpharm
		Nishant Choudhary	3rd Bpharm
	Second	Daksha Shetty	5th PharmD
		Keerthana Krishnan	5th PharmD
		Saad Khan	5th PharmD

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
	Third	Abhijay Ahuja	4th Bpharm
		Akhil M	4th Bpharm
		Sohaib Khurshid	4th Bpharm
TV SHOW QUIZ	First	Sidharth Nair	5th PharmD
		Saad Khan	5th PharmD
		Sanal Simon	5th PharmD
	Second	Keerthana Krishnan	5th PharmD
		Daksha Shetty	5th PharmD
		Roopa S Acharya	5th PharmD
	Third	Alisha Roy	3rd PharmD
		Sibyl George	3rd PharmD
		Maria Jacob	3rd PharmD
ANTAKSHARI	First	Biyas Misra	3rd Bpharm
		Madhuja Sen	3rd Bpharm
		Anuj Desai	3rd Bpharm
	Second	Rahul Raviraj	4th Bpharm
		Uditya Tripathi	4th Bpharm
		Aarya Shreshta	4th Bpharm
	Third	Amulya Shenoy	1st Mpharm
		Varsha Nayak	1st Mpharm
		Girija	1st Mpharm
SPOT PHOTOGRAPHY	First	Clive Winston D'Souza	4th Bpharm
	Second	Akanksha	4th PharmD
	Third	Vinyas Vijay Kumar	2nd Bpharm
WESTERN GROUP SINGING	First	Karen Martin	5th PharmD
		Tanay Parab	
		Aditi Dhawan	
		Saad Khan	
		Daksha Shetty	
		Elvira Dsouza	
	Second	Anisha Sheethal Gonsalves	4th year
		Taniya Rose	
		Subbulakshmi Somusundaram	
		Jenice Crystal Buthello	
	Third	Jyoty Jabu	3rd year

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
		Rohan Madgeri	
		Rhia Oliver	
		Disha Jenin Mascarenhas	
		Ishal Miranda	
INSTALLATION ART	First	Akanksha	4th PharmD
		Nikita Baldewa	4th PharmD
		Mariya Johnson	4th PharmD
	Second	Anvith Amin	4th Bpharm
		Sharanya Adiga	4 th Bpharm
		Jhanavi Shenoy	4th Bpharm
	Third	Trisha Das	3rd Bpharm
		Biyas Misra	3rd Bpharm
		JyotyJabu	3rd Bpharm
COLLAGE	First	Manasa	1st Mpharm
		Amulya Shenoy	1st Mpharm
		Sridevi S	1st Mpharm
	Second	Akanksha	4th Pharm D
		Nikita Baldewa	4 th Pharm D
		Shreya Jain	4th PharmD
	Third	Soumya b Shetty	4th Bpharm
		Prabhu Sushmita Surendra	
		Raksha	2nd PharmD
			2nd PharmD
DEBATE	First	Karthikeya Hegde	
		Sreevishnu Nair	3rd Bpharm
			3rd Bpharm
	Second	Arijita Nanda	
		Chelsea George	4th PharmD
			4th PharmD
	Third	Yagya Malik	
		Akanksha	1st Mpharm
			4th PharmD
MIMICRY	First	Jishnu K	5th PharmD
	Second	Yagya Malik	4th Bpharm
	Third	Gaurav Girish	
		Anshuman Shettigar	1st PharmD

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
			1st Mpharm
EASTERN SOLO DANCE	First	Sudhiksha Shenoy	5th PharmD
	Second	Manasa	
	Third	Karen Martin	
EVENT NAME	POSITION	NAME OF WINNER	YEAR
FASHION SHOW	First	Yagya Malik	4th year
		Raashi Hegde	
		Parisa Aldaghi	
		Aishwarya Pandey	
		Mohit H	
		Shivamani Barve	
		Delaram Mahdavi	
		Atharva Sawardekar	
		Divya Krishnan	
		Soham Chakraborty	
	Second	Karen Martin	5th year and
		Aditi Dhawan	1st Mpharm
		Amulya Bhatkal	
		Daksha Shenoy	
		Gaurav Girish	
		Saad Khan	
		Elvira Dsouza	
		Kajal vinod Manjare	
		Abhinav Dutta	
		Skanda N	
	Third	Mirza Faisal Baig	3rd year
		Shaili Chauhan	
		Rajeshwari Subramanian	
		Jyoty Jabu	
		OmSingh	
		Iram Naaz	
		Bikrant Singh	
		Adrian Rex Coutinho	
		Vikshita Shetty	
		Udisha Singh	
EASTERN GROUP DANCE	First	Madhuja Sen	3rd year

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
		Prastuti Baruah	
		Srija Roy Barman	
		Andrea Crasta	
		Jyoty Jabu	
		Anuj Desai	
		Sindhuja Rangiseti	
		Biyas Misra	
		Sakshi Mestry	
	Second	J Siyam Taj	2nd year
		Gayatri Yeramilli	
		Riya Kumari	
		Ajsra Singh	
		Navya Srichikkala	
		Rima Biswas	
		Shraddha Poojari	
		Devika Shenoy	
		Ritisha	
		Anvith Amin	4th year
		Raashi Hedge	
		Ashwath	
		Gagan Poojary	
		Dakshitha Kotian	
		Maya Pai	
		Vidyasagar	
		Arlin Kundar	
		Elroy Princeton Karkada	
		Nisha Acharya	
	Third	Karen Martin	5th year
		Shruti A	
		Daksha Shetty	
		Keerthana Krishnan	
		Elvira Dsouza	
		Amulya Bhatkal	
WESTERN GROUP DANCE	First	Srija Roy Barman	3rd year
		Prastuti Baruah	
		Udisha Singh	
		Stuti Khatuka	
		Andrea Crasta	

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
	Second	Surbhi Sharma	2nd year
		Navya Srichikkala	
		Iral Venola	
		Shrutika	
		Sinchana	
		Shoshanna Attavar	
	Third	Harshita Sheth	3rd year
		Sushmitha Pai	
		Arthika K	
		Keerthan M	
		Abhija CD	
		Soundarya	
		Jessica Dsouza	
		Sanjan s Amin	
FOLK DANCE	First	Akanksha	4th year
		Nikita Baldewa	
		Mariya Johnson	
		Shreya Jain	
		Anisha Sheethal Gonsalves	
		Dimple Mahitha	
		Vani Nayak	
		Jhanavi Shenoy	
		Nisha Acharya	
	Second	Girija	1st m pharm
		Manasa	
		Varsha Nayak	
		Amulya Shenoy	
		Ashlin Mascarenhas	
	Third	Devika Shenoy	2nd year
		Tejaswi	
		Apeksha Nayak	
		Nandini Srivastava	
		Roopa Gayatri Yeramilli	
		Chandini Gupta	
		Deeksha V Mannapur	
MAD ADS	First	Girija	1st m pharm
		Disha Shetty	
		Ashutosh Vijay Nimbalkar	
		Jishnu K	

NAME OF THE EVENT	POSITION	NAME OF THE WINNER	YEAR
		Isha Deepti	
		Winona Rachel Saldanha	
		Ronak Patil	
		G V Sai Kumar	
	Second	Anuj Desai	3rd years
		Nishant Choudhary	
		Trisha Das	
		Sakshi Mestry	
		John Patani	
		Rohan Madgeri	
		Hardik Gaikwad	
	Third	Anshuman Shettigar	4th years
		Abhijay Ahuja	
		Akhil M	
		Ishika Dubey	
		Aarya Shreshta	
		Somnath Khandelwal	







SANSKRITI 2022

The inauguration of the MCOPS inter-batch event Sanskriti (2022-2023), brought by club Evora and sponsored by AITCE spices, took place on the 14th of September 2022 at P. Gundu Rao Hall at 5:00 p.m. Since it was being held after two years, there was a palpable excitement in the air, which was evident that this was an event that everybody at MCOPS was looking forward to.

The chief guest, Dr. Shobha Kamath, was welcomed with a bouquet by Anshuman Shettigar, the secretary of the cultural council, and Dr. Bhavna B Bhat, and the lighting of the lamp followed, signifying the enlightenment of every individual present there with the knowledge and eradicating the darkness around and within, followed by an invocation song.

The event proceeded with addressing the gathering by all the respected dignitaries. Dr. D. Shreedhar welcomed all the guests, staff members, council members, and the community and provided a comprehensive overview of Sanskriti, the club Evora and the cash prizes assigned this year.

Further, the respected Principal of MCOPS, Dr. C Mallikarjun Rao, emboldened everybody with his words. He expressed how the event has evolved and brings an opportunity to showcase one's talents, and students, especially at MCOPS, should give their best shot, but more importantly, it should win the hearts of the crowd.

Next, the respected vice principal Dr. Krishnamurthy Bhat, addressed the gathering by describing that variety is the spice of life, the importance of extracurricular activities and academics, and that it reflects the objective of MCOPS. He encouraged the students to take part or perform any role that contributed to the event and described that every position or competition helps in building personality in both professional and personal life.

Moving Head, the chief guest, Dr. Shobha U Kamath, the chairperson of the cultural coordination committee, MAHE, acknowledged all the students, the council, and the staff members and conveyed good spirits or moods contribute to suitable activities, which act as a stress buster. She emphasized that such events strengthen the bond between the students and the institution, providing a holistic approach to education at MAHE. At last, she presented a thought, and This was brilliantly quoted by Dr. A.P.J. Abdul Kalam: "If you fail, never give up because FAIL Means first attempt in learning and end is not the end; END means effort never dies." And therefore, started a five-day fest to make memories of a lifetime.

DAY 1 (the 14th of September 2022) The event inculcated a series of competitions starting with classical dance solo, stand-up comedy, classical vocal solo, cartooning and extempore.

DAY 2 (the 15th of September 2022) started with instrumental (Indian classical and Western), Hindi poetry, face painting, duet singing, street play, Eastern group singing, Just a Minute, and Western Dance solo.

The Events of DAY 3 (the 16th of September) included eastern singing solos, mime, rangoli, duet dance, English poetry, and painting.

The Events of DAY 4 (17th of September 2022) included a general quiz, potpourri, TV show quiz, and Antakshari.

The events of DAY-5 (18th of September 2022) included mimicry, installation art, debate, eastern solo dance, and Collage.

The events of DAY-6 (19th of September 2022) included folk group dance, mad ads, western group dance, eastern group dance and fashion show.

The final valedictory ceremony took place on the 20th of September 2022, and the event ended on a positive note.

PharmaQuora

Someone rightly said education is a progressive discovery of our ignorance. Pharmaquora, an annual academic event conducted by the Manipal College of Pharmaceutical Sciences, is an event that inspires young minds toward the field of research education and their goals. This year was a 2-day event conducted on 12th and 13th November 2022. The principal of our college rightly said that Pharmaquora is an event by the students, for the students, and of the students and is organized by the academic council of MCOPS in cooperation with the teacher coordinators.

The chief guest of this beautiful occasion was Dr. G Arun Maiya, professor and dean at the Department of Physiotherapy at MCHP. The inauguration ceremony occurred at the TMA PAI Hall at 9:30 a.m. on the 12th of November. It started with a fantastic invocation song by one of the MCOPS students, followed by a short keynote by the Academic secretary of our college, Ms Shruti Chaudhary. Then, there was a short address by the principal of MCOPS where he also thanked the chief guest for his auspicious presence. This was followed by a short talk by the chief guest, Dr G Arun Maiya.

The principal and vice principal inauguration ceremony ended with a vote of thanks from the joint secretary of the academic council, Mr John Patani.

Saturday morning at 10:30 in TMA Pai halls, one of the alums of MCOPS, Mr. Yogendra Pandey, came to talk to the crowd of students. He started by quoting the Indian pharma market as a growing market. He presented some interesting insights on the current pharmaceutical market, starting with how it is ranging from 1.82 crores and going to a further 10-12% and is becoming a highly fragmented and competitive market and has received enormous benefits from the cardiovascular drug market analgesics and also from the covid 19 pandemic he also told us that it is a D2C market it is a brand market. The event ended with a motivational quote, and the council members gave him a souvenir. This extraordinary speech was followed by the keynote speaker Dr. Kavitha Saravu, taking over the stage.

Dr Kavitha Saravu, a professor and HOD of the Department of Infectious Diseases at Kasturba Medical College, delivered a talk at TMA Pai Hall at 11:30 a.m. on the 12th of November 2022. She was a

fantastic speaker, and the audience was truly captivated by her excellent informative presentation and her remarkable example of how one should plan one's career if one wishes to pursue research.

Day one of the poster presentations occurred on the 12th of November 2022 at the MCOPS parking area. The event began at 2:00 p.m. and went on until 4:30 p.m. The new addition to the events of MCOPS's biggest academic fest, PharmaQuora, this year was the Quiz competition.

The quiz competition was conducted in two rounds: Quiz prelims and Quiz Finals. There were two categories: Junior Category, which consisted of 1st to 3rd Year (BPharm, PharmD, DPharm), and Senior Category 4th Year (BPharm & Pharm D), 5th PharmD, MPharm. The oral presentation is conducted on the final day of Pharmaquora, organized by the Academic Council, MAPS. It comprises both research-based and as well as concept- based presentations. It took place in Lecture Hall 123 of MCOPS for research-based presentations on the 13th of November, 2022.

On the 13th of November 22' at 10:00 IST, the ISPOR talk for the 4th Year B. Pharm and M. Pharm students was conducted at MCOPS, MAHE. The Guest Speaker was Dr. Chythra R Rao, an Associate Professor at the Department of Community Medicine at KMC, MAHE, Manipal. Mr. Donson D Souza, the chief operating officer at black frog technologies, spoke about how he worked on a startup of precision refrigeration for healthcare.

On the 13th of November 2022, Dr Pranjali Kirloskar, Lecturer at Manipal for European Studies, MAHE, enlightened students of 2nd and 3rd-year Bpharm students with the crucial knowledge they will require for choosing their university of choice in the future.

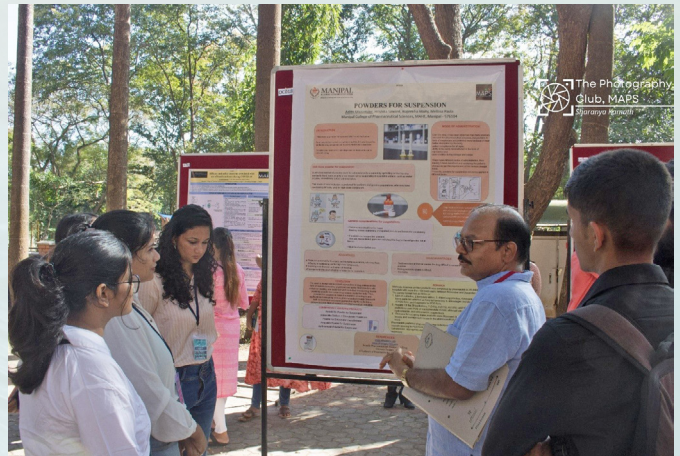
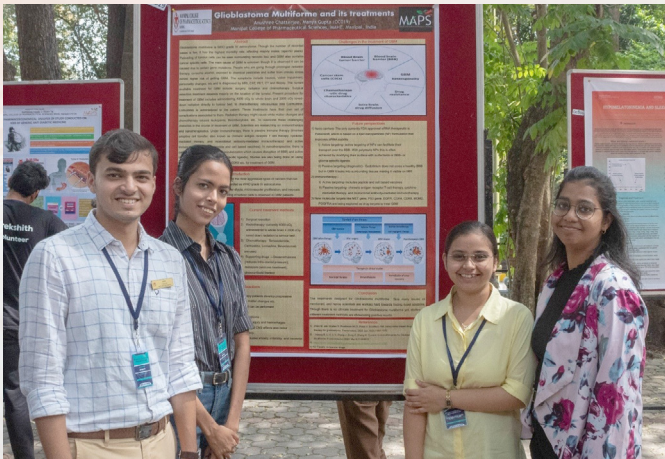
Sunday afternoon at 12:30, after the poster presentation ended, all were called for the valedictory ceremony at MMMC, 3rd floor, room number 3A, for the prize distribution. The MC inaugurated the event and facilitated the guests. The presentable dignitaries were Krishnamurthy Bhat, Jayesh Mudgal, and Shreedhar Pai. Vice principal Krishnamurthy Bhat Addressed the audience, and then the prize distribution began.

Winners List – PharmaQuora

Event	Position	Name
Research Poster		
	1st	Mugdha Kulkarni, Manasa
	2nd	Girija Pai, Varsha Nayak
	3rd	Rutuj Baldota
Theme Based Poster		
	1st	Aditi Ranga Shanbhag
	2nd	Sumith SN
	3rd	Garima Joshi, Stuti Katuka, Madhuj Sen
Conceptual Oral Poster		
	1st	Anvith N Amin, Aswath S, Anshuman Shettigar
	2nd	Panchami Chandrashekara, Devika Shenoy, Apeksha Nayak, Vinyas V Kumar
	3rd	Tharannum, Cicily Rose Jacob, Dakshitha
Research Oral Presentation		
	1st	Amrita Patra, Kajal Manjare

Event	Position	Name
	2nd	R Vignesh, Shivangi Prasad, Reyona Glarita Dsouza
	3rd	Isha Deepti
Open Concept		
	1st	Karthikeya Mahesh Hegde, J Siyam Taj
	2nd	Riya Culaco, Rachel
	3rd	Shreeya Nayak, Navya Sri Chikkala, Ajsra Singh
Junior Quiz		
	1st	Shaili V Chauhan, Manya Gupta, Supreeta Nayak
	2nd	Ishani Roy, Karthikeya Hegde, Adrian Rex Coutinho
	3rd	Sakshi Mestry, Arnold, Christabelle Fernandes
Senior Quiz		
	1st	Raksha Shettigar, Dhruv Dixit, Subbalakshmi
	2nd	Ashutosh Nimbalkar, Bijaya Chettri, Somnath Khandelwal
	3rd	Ishika Dubey, Krishna Kishor, Dhananjay S Deshmukh
Mobile Photography		
	1st	Jishnu K
	2nd	Raj Kishori
	3rd	Anuj Satyasheel Desai
Most Popular Poster		
		Shivapranav S, Mehul, Abhiraj Tiwari, Anurag Datta





Qalam

After a three-year-long hiatus, the Editorial Board of MCOPS hosted its annual event: Qalam. Gathering over a hundred participants from Manipal and Mangalore, Qalam was filled with exciting events focused on literature and language.

It took place on the 18th and 19th of March, 2023, in the classrooms of MMMC. Day one kickstarted with the inauguration ceremony. Dr Manesh Thomas, Qalam's Chief Guest, articulated the importance of writing, stating that "a pen can be used for destruction and construction." Ms Aarthika Srinivasan, the Chief Editor, addressed the participants with the significance of "Qalam" and delivered a vote of thanks.

The day's first event was the British Parliamentary Debate, where four teams battled it out in discussions on several socio-political topics. Eight teams argued with a combination of facts and wit until one team remained. Next was Creative Writing, the competition that gathered the most participation.

The participants were asked to include three aspects in their writing: an overly optimistic character, words rhyming with "peace," and "disco balls" as the starting words. While these initially stumped many, it led to several unexpected but brilliant writing pieces. After this event was "Writer or Artist?", a competition where participants were given a choice to write or do artwork based on a prompt.

This competition created stunning art pieces and some fantastic poems and stories. Next was Dramatization, where participants were given a short phrase and a random emotion as a prompt to be dramatized in a given time frame. The participants may have expressed anger or guilt, but the audience only expressed excitement witnessing the performances. Wrapping up the day was Blindfolded Conversations.

Participants were blindfolded and paired off, where they had the opportunity to have meaningful conversations with someone while remaining completely anonymous. This event led to participants making new connections, with many introducing themselves to their partners afterwards.

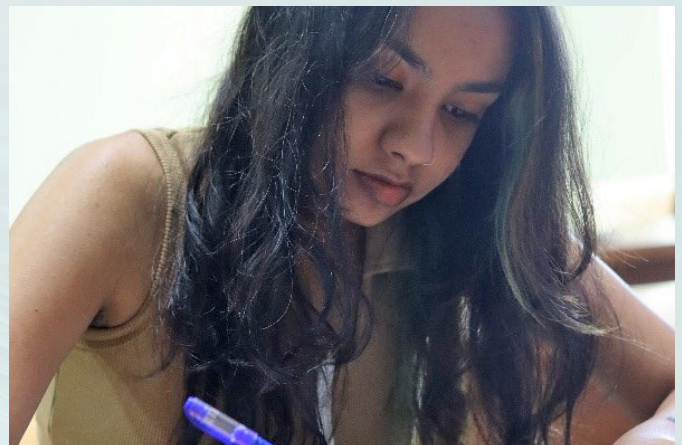
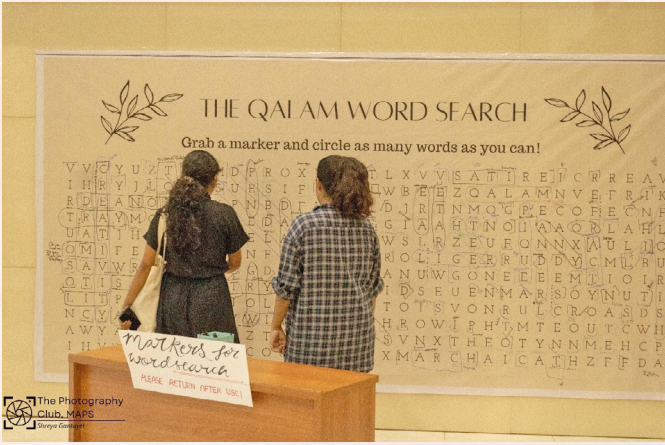
Day two began with Mood Writing. In this event, participants were given a prompt and a different mood in which they had to write the prompt. With no bounds to their creativity, the participants created terrific writing pieces. Next up was the Literary Quiz, where participants worked in three teams. They first competed in the preliminary round, and the top six teams were chosen for the finals. The final round consisted of 3 parts, each intensely knocking out the lowest-scoring teams until one winning team remained.

The next event was the Spelling Bee. After an initial preliminary round, five participants were chosen for the finals. They were tested by spelling various vocabulary words while given the origin, definition, and use. The last competition of the day was Slam Poetry. Participants were given thirty minutes to write and recite a slam poem. The poetry of each participant brought to life incredible emotion and imagery and was the best way to end the competitive portion of the events.

Qalam ended with the valedictory event, where prizes were distributed to the winners, and certificates were given to the participants and judges. This marked the end of an incredibly successful event.

Winners List:

Event	Position	Name
Spell Bee		
	1st	Anchitha Palorkar
	2nd	Swathi A
	3rd	Radhika Krishna
Writer or Artist (Artists)		
	1st	Mansha Singh
	2nd	Riddhi Basiragi
	3rd	Devananda
Writer or Artist (Writers)		
	1st	Shruti MP
	2nd	Amogh Shet
	3rd	Harshita Kalc
Creative Writing		
	1st	Shruti MP
	2nd	Anchitha Palorkar
	3rd	Fariha Fatma
British Parliamentary Debate		
	1st	Vansh Verma, Amogh Shet, Soham and Nandini
	Best Speaker (Government)	Amogh Shet
	Best Speaker (Opposition)	Ahana
Dramatization		
	1st	Krishna MS
	2nd	Neha
	3rd	Nishant
Mood Writing		
	1st	Saurav Das
	2nd	Rachana Raman
	3rd	Divya Sivani Bhyravajhula
Quiz		
	1st	Athira Nair, Adila Fatna, Vishma Ross
	2nd	Soham Gupta, Sham Sadhukhan, Harsh Sinha
	3rd	Tia, Divya, Antarlina
Slam Poetry		
	1st	Amogh Shet
	2nd	Nandini
	3rd	Harshita S





The First Model United Nations by MAPS, MCOPS - An Overview

The Student Exchange Council of MAPS of Manipal College Of Pharmaceutical Sciences conducted its first-ever Model United Nations On the 15th of October 2022 at Melaka Manipal Medical College. The event started on a bright Saturday at 9:00 a.m. Many students from the university participated and appeared as delegates representing a vast diversity in the world. The event began with the event's inauguration by the esteemed guest Dr C Mallikarjuna Rao, The principal of MCOPS. Dr. Anup Naha, professor of pharmaceutics at MCOPS, and Dr. Shrinivas Hebbar, professor of pharmaceutics at MCOPS. SP Kar and Dr. Vasudev Shenoy were the chief guests at the event.

The chief guest was further felicitated, encouraged the students to perform well and feel immensely proud in representing their colleges, and suggested that good ethics, attitude, and passion are the keys to success. The start of the debate was marked by striking the gavel.

The discussion was held on "disease control in humanitarian emergencies," and the Committee assigned was the World Health Organization. The executive board consisted of Chairperson Asmit Agarwal, Co-chairperson Hakka Madan, Vice-chairperson Stuti Khatuka, and Chelsea George, escorted to the chair.

The debate started with the attendance of each delegation and the announcement of the table of the plan. Then, the General speaker list was listed where the appointed countries, for the time being, gave speeches representing their country's beliefs and policies.

The actions/measures the government brought in controlling disease outbreaks, humanitarian crises, and battling the gaps in their healthcare system. A continuous dialogue of points of information, including facts and statements, was exchanged between the countries.

This was followed by the proposal of a moderated caucus by the delegates to discuss the situation of COVID-19. Discussions took place between the countries. At 12:30 p.m., the first session ended, the assembly was provided a break, and the start of session two was at 2:00 p.m. with the continuation of the general speaker's list. Session two consisted of a heated-up environment and debates between the countries, and all the delegates were filled with energy to represent.

A moderated caucus was passed on the measures taken by the countries to combat humanitarian emergencies, consuming the delegates' attention to put forward the policies their country took.

The second session ended at 5:00 p.m. by drafting two press releases through the partnership among countries to reach a standard solution. A total of 12 countries and six took part in drafting two press releases.

The voting of the releases took place, and the first press release was voted against by a sponsor country, which led to its failure. The second press release faced opposition from most nations, leading to no resolutions during the assembly.

Finally, the assembly ended by passing a motion to end the discussion, followed by the countries favouring voting.

At 6:30 p.m., the prize distribution took place in the presence of an esteemed guest, Dr. Anup Naha. Certificates were felicitated by the organizing committee for managing the whole event.

It was followed by recognition of the executive board and awarding them certificates for conducting the debate smoothly and maintaining diplomacy amongst the Committee. This was followed by the announcement of the best delegate, awarded to the delegate of the USA, Arijita Nanda. Special mentions were given to Delegates of the Swiss confederation Ajinkya Nikam and Yagya, Delegates of the Republic of France, Udisha Singh and Aarthika, and Delegates of Ukraine, Aditya Kannan and Smriti Rannore. Verbal mentions were given to delegates from China, Australia, Albania, Pakistan, Denmark, New Zealand, and the Dominican Republic.

The event ended with all the delegates learning professionalism and diplomacy, and everybody seemed to have enjoyed the event to the fullest.





ENTER-PRIZE AND INNOVATE'23

An inaugural ceremony for the Enter Prize and Innovate was held on Thursday, the 16th of February, 2023, at 5:30 p.m. at Melaka Manipal Medical College. The Program started with the chief guest, Dr Raviraja NS (Director Corporate Relations MAHE), and other dignitaries, Dr Krishnamurthy Bhat (Vice-Principal, MCOPS), Dr C Mallikarjuna Rao (Principal, MCOPS) and Dr Srinivas Mutalik arrived the dais and enlightened the lamp.

Dr. C. Mallikarjuna Rao addressed the crowd and encouraged the participants to discover more about entrepreneurship, spoke about the new generation innovation and inspired the participants to think broadly and in different directions. He also praised the chief guest, Dr. Raviraja NS, for his research on Rheumatoid arthritis drugs and expressed his desire for him to finance the good ideas.

The event concluded by 6:30 p.m. with a vote of thanks by Stuti Khatuka. Manipal College of Pharmaceutical Sciences and MAPS, in association with the institution's innovation council, E-cell MIT and IPSF, conducted an entrepreneurship workshop as a part of enter prize and innovate'23 on the 17th of February 2023 at MMMC.

Mr. Raviraj NS conducted the workshop, which focused on high-thinking discussions on differences in innovation/entrepreneurship, startup ecosystem, innovation index, fundraising basics, and MAHE's innovation ecosystem.

The workshop began with a quote stating, "Innovation is the implementation or creation of something new that has realized value to others." and "Entrepreneurship is the creation of economic value." India is among the top 20 startup ecosystems globally and ranked 19th in the global country-wise ranking for 2022. Moreover, Bengaluru has India's most robust startup ecosystem, standing 8th in global cities and No. 1 in South Asia. Discussions were held on who can become an innovator or an entrepreneur and factors like creativity, intellectual curiosity, intrinsic motivation, commitment and perseverance,

leadership qualities and the most critical factors for startup success: 14% funding, 24% business model, 28% ideas, 32% Team 42% timing.

The workshop covered topics from preparation to raising capital, including preparing a compelling pitch deck, preparing business plans, being a good storyteller, due diligence, exit plan strategies for primary vs. secondary shares, and MAHE's research ecosystem.

Lastly, it covered a short company overview of Stempeutics pvt, founded by Manipal group in 2006 and its leading products like Stempeucel, its co-development product agreements with pharmaceutical giants like Cipla and Alkem laboratories.

The workshop ended with sheer encouragement provided to all the attendees who took back utter knowledge, and the workshop ended on a good note. One of the most exciting events of ENTER-PRIZE AND INNOVATE '23 was "PRICE IS RIGHT". It is a competition where you are given random products and have to guess the price closest to the original price. The event was sponsored by 225 Community, a clothing startup with astonishing designs of t-shirts and hoodies by students of Manipal. Shashank Pandey, the co-founder of 225, addressed the gathering. Shashank Pandey is a student at MIT. The name of their company originated from the room number he and his roommate (co-founder) lived in, which is 225.

The competition began with the first image, the famous Marilyn Monroe dress, which was auctioned. The Rolex watch, BMW car, Nike shoes, and lipstick were a few of the other ones you had to guess the price of. What was more interesting was the teams' names—Baby Sharks, Team Alchemist, Mashed Potatoes, and many more. Six teams made it to the finals, and Baby Sharks emerged as the winners. Team baby sharks included Atharva Sawardekar and Aishwarya Pandey, who will get a chance to meet the music artist Darshan Raval in his recent visit to Manipal. Overall, the price is right was just right. The six teams Qualified for the prelims were made to sit with their helper teams.

The Quiz had six rounds. This included different Topics, and every team had to answer under each heading. +10 points were given for right and -10 for wrong answers, whereas pass question +5 was awarded the rounds first. It looked like Team 1 would win as they knew most of the answers, but later, different groups buckled up, and in the end, Team 5 (the Nitish team) won the event.

It was an enjoyable event for the audience even as it included audience Questions, and whoever answered was given a bar of chocolate.

The event was a success because of the organizing Committee.

Diamond Jubilee Inauguration

Jubilees are the occasions celebrated to recall the glories of the institution. The moral and spiritual values it has imparted to its students and providing a space for civility, bonding and immense opportunities. Manipal College of Pharmaceutical Sciences commemorates its 60 years of excellence this year. The inaugural ceremony of the diamond jubilee celebrations was held on the 5th of January 2023 at T.M.A. Pai halls. The ceremony graced the presence of Mr. H R Srinivasan, CEO of Navitas Health Sciences, Dr. H.S. Ballal, Pro-Chancellor MAHE, Dr C Mallikarjuna Rao principal of MCOPS, Dr. Krishnamurthy Bhat, Vice principal of MCOPS and dignitaries Miss Kaya Arora, director of postal services headquarters in Bengaluru, Dr Dilip, Dr. Narayan, Dr M Udupa, former principal of MCOPS, and other Head of institutions from the constituent units of MAHE. The event started with blessings from the almighty. Ishani Roy, a first-year PharmD, sang a beautiful song, unfolding the horizon. Dr Anup Naha, faculty MCOPS, then heartily welcomed the gathering and introduced the guests to the ceremony.

The honourable guests were further felicitated and welcomed by Dr. C Mallikarjuna Rao, Principal of MCOPS and the dignitaries were escorted for the lighting of the lamp. The principal of MCOPS, with pride, recapitulated and reminisced the sprouting of MCOPS, its faculty, the infrastructure, the departments, the alumni it has produced and all the milestones achieved by the institution ranging from national to an international level. Respected T.M.A. Pai founded MCOPS in 1963, being the third institution under MAHE as an educational hub for Pharmacy, introducing a diploma in Pharmacy as its first course. The institution was acquainted with a bachelor's in Pharmacy in the year 1965. Masters in Pharmacy was introduced in the year 1970. Remembering our esteemed directors, Professor N K Basu (first director), Professor N Krishna Murthy (second director) and Dr. P Gundu Rao, under the guidance of who began the establishment era and also conducted the 23rd IPC in the year 1972. The foundation stone for COPS (College of Pharmaceutical Sciences) was laid in 1977. The fourth director of MCOPS, the late Professor S. Sankara Subramanian, started the PhD program in 1979. Dr. P Gundu Rao was the first principal. Under his tenure, another IPC (42nd) was organized in the year 1990. Professor M N Rao was the second principal. The helmsman of MCOPS, Dr. N Udupa, was the third principal under whom the institution elevated to new heights; PharmD, a new department, was created in the year 2008, and 24 books were published during his tenure. Dr. N Udupa credited the 62nd IPC with 10,000 delegates from all over the country. Dr. N Udupa was the most successful principal in the entire history of MCOPS.

The current principal Dr. C Mallikarjuna Rao, continues to shape the upcoming generation by being a great visionary. MCOPS ranks in the top 10 pharmacy colleges in India, according to NIRF 2016. NAAC and NBA have accredited MCOPS. The postal cover was released by Miss Kaya Arora, director of postal services headquarters in Bengaluru, and other dignitaries. Miss Kaya Arora was also felicitated by the guests. She also enlightened the students about the relationship between the post and Manipal.

The event was followed up with the guest of honour Mr. H R Srinivasan's speech. Mr. Srinivasan has been awarded the Entrepreneur of the Year. The highlights of his speech were his life lessons, one received by the respected principal of MCOPS Dr. C Mallikarjuna Rao, "Life can only be understood backwards but only lived forward." He inspired the gathering of students by quoting, "Look at your past life in gratitude, live your present with passion, and embrace your future in hope".

The guest of honour speech was followed by the presidential address by Pro-Chancellor MAHE. Next comes the most awaited diamond jubilee logo; Dr. Gautam Shenoy introduced the logo and announced the winner of the logo competition, Mr. Sumit, research scholar MCOPS. The logo release was followed by the newsletter and brochure release of all the events lined up for the entire year and the bursary project. A book was released as a tribute to Indian pharma, titled "CASE-BASED LEARNING IN CLINICAL TOXICOLOGY" by Professor Girish Thunga. For all the staff, students, and teachers of MCOPS, souvenirs that included a t-shirt, pen drive and keychains were released. The Principal of MCOPS also announced new endowment awards to be awarded to students at the end of the academic year and handed over all the necessary documents to Pro-Chancellor MAHE. And finally, our former principal, Dr N Udupa, addressed the crowd, followed by a vote of thanks by Vice Principal MCOPS, Dr. Krishnamurthy Bhat. Lastly, A cultural extravaganza was also put on for the audience by the students of MCOPS that included an inauguration dance, duet song, solo dance, mad ads and group dances, which concluded the event in good cheer.

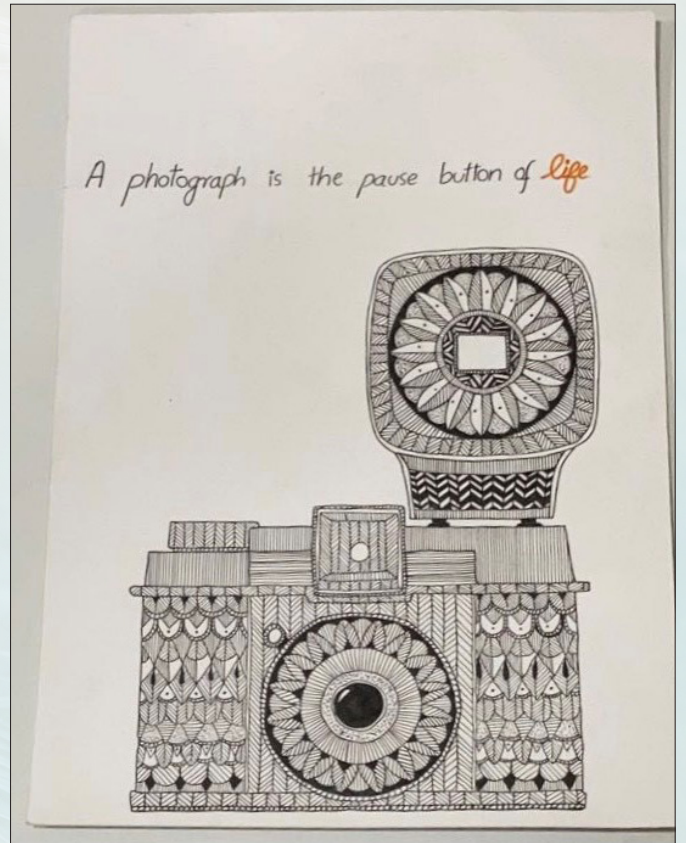
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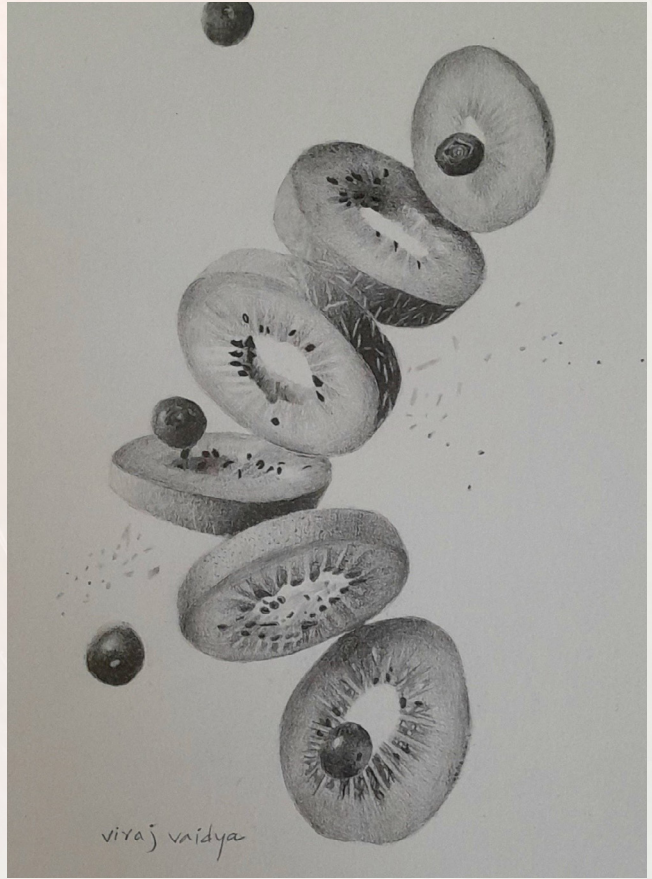
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Pranitha Poojary - 220601170



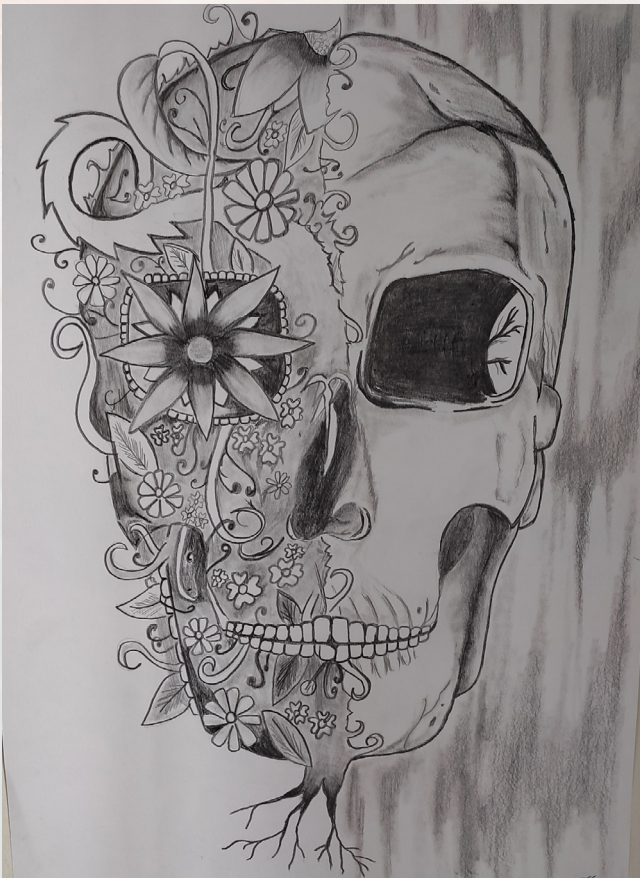
Aashima Verma - 220601056



Viraj Vaidya – 220601020



Khyati Lakhmani – 210601148



Ritajaa Manna – 210601098

Writings

The New Generation by Puranjane Ganguly - 220601026

All through these years, the world has witnessed so much. Generation after generation, it has changed bit by bit. Sometimes towards good, sometimes towards the worst. The places have changed, the houses have changed. The people living in those houses have converted themselves. Their ideas have differed, and opinions have altered. So much so that a grandson no longer connects with his grandmother in the same family. The generation gap, they say. Technological advancement and this new modernization have truly taken the world by storm, but at the cost of life itself. It has blessed us with ease and comfort but has made us strangers to our own people.

We do get everything with just a mere click of a button. Starting from the button of the microwave to heat the food to the button of the phone from which we ordered the food. Every tiny thing is digitalized to such an extent that it feels lazy to even get the simplest things done on our own.

Cons

The old generation striving today has left behind many aspects of life they once cherished. The people back then were cultured. Arguing with elders was never acceptable, but now it is a way to prove a point. Dressing in fashionable attire is a certificate of status and wealth. Aged people belong in old age homes now. Urbanization has compartmentalized our lives in the small corners of our apartment. The big buildings have destroyed nature as a part of success. This new generation always feels the absence of time. Everyone is competing in a big rat race, and we no longer have time to spend time with our families. The days producing petrichor on a rainy morning, sitting around the bonfire humming good oldies on a cold night, the everlasting conversations over a good warm chai and relishing the Aam Panna to save us from the scorching heat prove to be primitive in today's world. These times would never recur, and today's generation regrets it. Simple minds would explain the extraordinary concepts of life effortlessly, but today's extraordinary people face complex challenges they can't get out of. Wish we could all time travel to the olden times to witness its beauty, but that's quite impossible.

Pros

Everything comes in this world with both negative and positive elements. Optimistically, the present times have made quite a few impossible things turn into reality. We can possess anything we want while resting in our homes using man's greatest invention, the mobile phone. Modern technological inventions have helped medical science to such an extent that almost every disease is curable now. Connections have improved as we can contact people sitting in every corner of the world. Using social media, a matter can reach out to millions. We have the scope to turn every con into pros using technology, and then there would be no fight between generations, a fight for peace, and the world would turn out to be a better place to live in.

Unrequited

A candle sits in the centre of the room,
unassuming in its slender form.

Its incandescence glows a deep orange,
still as a portrait.

The light warms the surrounding abyss
, but it acts deficiently;

The gloom barely changes hue.

Until the fingertips approach the flame.

The skin tingles with warmth,
growing as the distance narrows.

It feels comforted,
contrasted to the empty shell of its habitat.

However, it is still unfulfilled.

The gap closes
and the flesh sears and reddens,
scorched by the amber pigment.

The heat is suddenly overburdening,
betraying with an intention
that it no longer consoles.

The hand flinches away,
calmed by the atmosphere,
but why does it feel so cold?

It stays frozen in the air,
confused as to where it must go.

The fingertips were burnt,
but they were warm.

- Shoshanna Attavar 210601003

दवाई by Karthikeya Hegde 210614040

जब जब मेरी सेहत ने भी मेरा साथ ना दिया
तब तब तू ही काम आई मेरी दवाई मेरी दवाई
जब जब धरती पर महामारी का प्रलय था छाया
तब तूने ही सबको रोग मुक्त करवा दीया
शुश्रुत एवं चरक के साहित्यों मे तेरा है लेख
दवाई तेरे है उपयोग अनेक
डायबिटीज से लेकर कैंसर तक सब रोग का तूने तोड़ निकाला
रोगियों की मरती हुई आशा तू उजाला

डॉक्टर के घीसे पीटे अक्षरो मे सीमट जाती है तू
उस कागज़ के पत्रों मे सीमट जाना तेरी महानता को दर्शाता है
ना जाने तूने कितनो के दर्द मिटाये है कितनोंके रोग मिटाये हैं
है दुख दर्द मनुष्योंके इस संसार मे हज़ार
तू कैसे करती है सबका उद्धार
है तेरा मुझपे जीवन भर का उपकार
अलग अलग रंगों मे तू है दिखजाती
कभी काली तो कभी सफ़ेद बनजाति
बच्चों के मन को भाए इसकेलिए तू मिठा सायरप बन जाती है

रोगियों के लिए तू अमृत बन जाती है
कभी खाने से पहले
तो कभी खाने के बाद
करता है रोगी बस तेरी ही याद
एक ही तू पर तेरे नाम अनेक
छोटी सी है तू पर तेरे काम बहुत नेक

उपलब्ध न होने से चिंतित होते है बीमार
खुश हो जाते है करने से तेरा राधा मेडिकल में दीदार
धन्य है तुझे पाने से मानव
तू है देवता और रोग है दानव

सागरमंथन से निकला अमृत हो तुम
धन्वन्तरि ने बक्शी वो अनुकम्पा हो तुम

काल के क्षितिज पे उगता सूर्य हो
और निराशा की रात का चन्द्रमा हो तुम
रोगियों के लिए आशा और
फार्म डी के विद्यार्थियों के लिए नशा हो तुम

Abstract: The above poem is on medicine, which explains its

importance in today's world and traces its origin back to Indian history; the poem primarily focuses on the importance of medicine in one's life and its effect.

Paraphrase

Para 1: The poet says that whenever his health did not support him, he was ill at the time. The medicine came to his rescue. Not only at an individual level but also in the pandemic times, the medicine came to the help of the patients and freed them from their sufferings. We find the mention of medicine since time immemorial from the writings of Sushrut to Chark; medicine has many uses ranging from but not limited to cancer and diabetes treatment. It is the last hope of dying patients.

Para 2 Talks about how the medicines are prescribed by the doctors and how confined and restricted they are to one piece of paper; this shows its greatness, being in a confined piece of paper and having a positive impact.; The following line further talks about how medicine has cured many people's diseases and pain, and the poet wonders how such small medicines can bring such a huge impact and expresses his gratitude towards medicine. He talks about how medicines come in various colours, sometimes white and sometimes black, and how they change their form and taste depending on patient compatibility. Like for children, it comes in the form of sweet syrup so that it is palatable.

Para 3: The poet says medicine you are like divine nectar to the ill; the patient remembers you sometimes before eating, and sometimes after eating like in the case of insulin or antacid medications, the patient needs to remember about his medicine constantly: there is one medicine, but it has many names, as in one generic active pharmaceutical ingredient comes under many different brand names. Despite being so small and confined, it does excellent work.

Para 4: It speaks about how the patient gets worried when he is not able to find the medicine prescribed to him but later becomes happy if it is available in Radha Medical; humanity is happy and elated due to the discovery of medicine, the medicine to them is like God and diseases are demon. The poet gives mythological reference to Samdrumanthan (the churning of a mountain in Hinduism where the gods and demons fought). One of the results of the churning of the mountain was divine nectar, which was brought out by Lord Dhanvantari, the God of medicine, and compares medicine to nectar in today's world as a sign of longevity and prosperous life.

Conclusion: In the ending, the poet says medicine is like the rising sun that shines over hard times, like the bright moon that shines in the darkness of one's life. Medicine is hope to the patient and the ill, like drugs to the students of PharmD.

Photography

Cover Image by Mahammad Arif Sofi

“Majestic Vistas: Glimpses of Bandipora” captures a breathtaking moment from an altitude of approximately 2400 meters. This photograph showcases a panoramic view of the picturesque district of Bandipora in Kashmir, India. The district is renowned for its awe-inspiring Wular Lake and the enchanting Gurez Valley, where adventure enthusiasts can indulge in activities such as trekking, mountaineering, and fishing. The photograph encapsulates the serene beauty of the region, inviting viewers to immerse themselves in the natural splendour and embark on a visual journey of discovery.

Number 1: “Harmony Amidst Nature: Grazing Horses in Aru Valley” captures a serene moment in the captivating landscapes of Aru Valley. In this picturesque photograph, a group of horses peacefully grazes in a lush green grassland, embraced by the majestic presence of both snow-capped and verdant mountains. The image emanates a sense of tranquility and happiness, inviting viewers to immerse themselves in the peaceful ambiance of nature. Aru Valley, renowned for its scenic beauty, offers a perfect haven for these majestic creatures to roam freely and find solace amidst the pristine surroundings. The harmonious coexistence of the horses with the breathtaking natural backdrop creates a captivating scene, evoking a feeling of contentment and serenity. This photograph encapsulates the essence of finding peace and joy in the simple pleasures of observing nature’s magnificent creations grazing in harmony.



Number 2: “Serenity Unveiled: The Graceful Flow of Kishen Ganga River” encapsulates the enchanting beauty of Gurez Valley, where the famous Kishen Ganga River gracefully meanders through this lovely five-mile stretch of land. Situated at an elevation of approximately 8,000 feet above sea level, Gurez Valley boasts a picturesque landscape adorned with towering mountains on either side. In this captivating photograph, the river cascades through a rich meadow, surrounded by linden, walnut, and willow trees, creating a serene and idyllic atmosphere. The valley’s dry and mild climate nurtures a bounty of English vegetables, while the wild raspberries and currants that grow abundantly add a touch of delectable sweetness. Immerse yourself in this picturesque scenery, where every moment is a testament to the beauty and tranquillity of nature.



Testimonials

Sports Council

Shreya Gantayet: She is the most responsible person in the council. She is a diligent and prompt joint secretary and my go-to person in the council for completing any task. She made my work very easy, always offering a helping hand and giving suggestions, and I am fortunate to have worked with her.

Mangesh Kumar: Talking less and getting work done is the principle he works on. He was a significant help throughout the term. I wish him the best of luck for the future.

Yashodhan Desai: He is our star swimmer; you will never hear a no to any task assigned to him. He has had a great helping hand throughout the year.

Shivmani Barve: He is a high-spirited and jovial individual. He has been a good backup to the council and a great asset to me.

Bijaya Chettri: She has always been a great helping hand. She was the go-to person if the council needed any moment fixing for the event. It was a wonderful experience working with her.

Shaili Chauhan: She is smart and a dedicated council member. Working with her is always a pleasant and wonderful experience.

Tanay Kapoor: This was his first year on the committee, and he has been an immense help to the council.

Om Singh: Good addition to the council.

Harsh Shah: The comedian of the team is thorough with his work and can multitask in times of need.

Virochan: The ever-punctual guy, full of energy and enthusiasm. He has always worked in the council with utmost patience and dedication.

Kirtjot Singh: He is hardworking and very efficient. I wish you serve the council in all your strength next year and all the very best.

Shubham Manna: Our upcoming swimmer was a pleasant experience working with him—my best wishes to him for the future.

Krit Malviya: His work spirit has always been high; be it any task, he never disappoints. I hope he continues his journey in the council.

Shreeya Wariyar: Very hardworking and dedicated council member. She has always been above the mark in completing her work.

Aditya Anita Ganiga: He has been well involved in council activities.

Namratha V. Shet: Forever ready to take the extra work and helps to bring out the best of it in her unique ways.

Souhardya Santra: He has been a great helping hand. He tends to put the right amount of energy into any given task.

Sibyl George: Sibyl is a kind-hearted and soft-spoken person.

Chandrika Bhaskar Pawar: She is a very soft-spoken and responsible girl.

Anjali Sela: Anjali was a great aid to the council. She did all the work that was assigned to her.

Sai Hari Chandana: She has been a diligent and cheerful person. She has always been punctual during meetings or events and does her work with utmost focus.

Aamir Mohammed Arif: Be it any sports, you will see Aamir; he was a great helping hand throughout the term.

Shathabisha: Did a decent job communicating the details of each event and getting participation from PGs.

Varsha Nayak: She is very polite and versatile and can switch to any work based on the situation.

Student Exchange Committee

Stuti: Stuti's work ethic is an example to all the members of SEC on how the assigned work needs to be done; she is the most dependable person on the council, and I am sure she will help the council grow holistically.

Sindhuja Rangisetty: Sindhuja's strong pillars of responsibility and dedication have always been evident in her work for SEC. She played a key role in organizing and coordinating various events, including MUN and Enter-prize.

Chelsea George: Chelsea's charming attitude and readiness to take on any task have made her a valuable contributor. Her positive contributions have consistently helped us, inspiring us to think outside the box.

Arul Mahindroo: Arul's networking skills and commitment to building meaningful connections have fostered a sense of camaraderie and secured funding for successful event execution.

Riya Deona Culaco: Riya's remarkable intelligence and continuous growth in her abilities demonstrate her immense potential. We eagerly anticipate her ongoing development and unwavering grace.

Udisha Singh: Udisha exemplifies a creative, intelligent, and determined mindset. She ensures our social media pages are as strong and active as our team, highlighting her dedication.

Shreya Gogia: Shreya embodies creativity, intelligence, and determination in her work. She proactively maintains our vibrant and dynamic social media presence, reflecting the strength and activity of our team.

Nipun Sanand: Nipun approaches everything with a positive mindset, exhibiting humility and honesty in his work.

Rajath Samaga: Rajath's dedication and hard work have fuelled his continuous growth, showcasing his boundless potential.

Sufaya Mushtaq: Sufaya has been an invaluable asset during our orientation for incoming students, earning praise for her assistance. Her dedication and support have made a positive impact on all those she has helped.

Hekshal Disha D'Souza: Hekshal's strong and bold attitude towards work has been a great inspiration. She consistently demonstrates punctuality and diligence, regardless of the task at hand.

Anushree: Anushree is an innocent, enthusiastic, and hardworking individual. Her punctuality and dedication are unwavering, regardless of the nature of the job.

Adresha Saha: Adresha is a dedicated, focused, and hardworking member of the committee. Her unwavering commitment to her work and the committee serves as a constant source of inspiration.

Ramya P Acharya: Ramya is a hardworking committee member who has provided valuable assistance during our orientation for incoming students.

Academic Council

Rishi Bhat: A new addition to our council. He's very enthusiastic about learning and completing assigned tasks on time.

Leroy Alvares: He's a hard worker and someone you can count on.

Pratheek J: Talking less and getting work done is his principle. He's always been a great helping hand.

Anisha: She exhibited potential and has the capability to excel in future endeavours based on her work in the academic council.

Skanda: He's super talented and always helped us with his experience. It was good to work with him.

Aishel: She is a pleasant and responsible member of The Academic Council. I thank her for being a part of the team.

Viraj: He is a very helpful and supportive team member who sincerely completes all the work given to him with great efficiency.

Ananya: She is a trustworthy, diligent, and adaptable team player. She actively participates in all activities of the council and finds simple solutions to all challenges. I am looking forward to your years ahead in the council.

Panchami: A very helpful and supportive team member who completes all work given to her on time.

Debjyoti: A very enthusiastic and hardworking member, always striving to improve and contribute in all possible ways. He's always one call away to get any work done. I look forward to seeing his growth in the council in the coming years.

Akhil: A great addition to the team who comes running to college if there is any work assigned at any time. He completes any work given to him. Without any hesitation and thus a very helpful team member.

Anushka: She is very elegant with her working style and is our go-to emcee for all events. She is very meticulous and responsible with her work and has her way with words.

Kajal- She is a very helpful and supportive team member. She sincerely completes all the work given to her with great efficiency.

Sohaib: One of the most striking qualities of his unwavering dedication and perseverance.

Rahil: He exhibits strong leadership skills by taking initiative, organizing group activities, and motivating others to achieve their full potential.

Jenelle: She approaches every task with an unwavering commitment to excellence.

Samreen: She is a very pleasant and responsible member of the academic council who completes the given task on time

Sania: She has been a great addition to the council, and she never says no to any council work.

CDC

Vani Nayak: An insightful and responsible leader in the making, it was a great experience to have her alongside as Joint Secretary for the term. Vani's dedication and efforts to continuously improve and manage situations have significantly contributed to my responsibilities as Secretary. I wish her all the best in her future at the Council.

Karthikeya Hegde: He can be best described as a person who embodies dedication, enthusiasm, and determination. Karthikeya has been a very important servant to the committee on and off the workboard. He has great potential, and I hope to see him carry the same attitude in his future pursuits.

Harshdeep Singh: A very dependable and supportive individual who has contributed actively towards the functioning of the proceedings on the ground. Harshdeep has been a very valuable personality to the workforce of the committee, and I extend my best wishes to him.

Disha Shetty: Good presence on the committee, carried out all the responsibilities given and made sure to be present when required. I hope to see her contribute with her mindset in the future.

Ishal Miranda: An efficient worker, displayed an active participation in the activities of the committee in addition to her dedication and humility towards her tasks. Wishing her all the best.

Lakshmi Santhosh: She has been a positively active member of the committee, carrying out every task at hand with ease and effectiveness with good resolve. I anticipate her to do well going forward.

Biyas Misra: She is a great addition to the team, effectively dealing with the work assigned to her. She has a lot of potential and confidence, and I hope to see her make the most out of it in the future.

Taniya Rose: Very diligent and persevering in her work, Taniya has made great efforts to make a mark on her time on the committee and has very much done so. She has been a very appreciative and responsible force towards the happenings of this body. I am thankful for her efforts and wish her the best.

Swohinee Sarkar: As a dutiful member of the committee, she possesses great interpersonal abilities and shows significant potential for growth overall. She has been a significant contributor to the team; I have decent hopes for her to maximise her potential in the future.

Anchal Shetty: Her undertakings as a member have been at par with the effort and time put in towards her time at the body; she has been a very considerable presence on the committee. I wish her good luck and success in her progress ahead.

Zeel Chaudhari: An integral part of the committee, Zeel has shown immense determination and eagerness to take up any task and achieve what is expected of her. Her ideas and efforts have been commendable and very helpful in functioning certain activities. I hope for all the best for her in her bright future ahead.

Ashish A: Responsible, humble, and dedicated, he has a good perspective towards work, which is valued greatly. He has been highly productive with his efforts and has come through with results from every task. Wishing him all the success.

Elvira Dsouza: With assistive insights towards various matters and active participation in work objectives, Elvira has been a very significant asset to the functioning of the committee. Her input and way of work have been immensely commendable, and I hope to see her carry that strong composure always.

Sanal Simon: Tireless and dedicated to what he does, Sanal has played a pivotal role in assisting towards various goals that needed a creative perspective. It has been a great time working alongside him and seeing him carry out his work gracefully. I wish him all the very best.

Gaurav Girish: With the energy and drive he portrays, Gaurav has done his bit of what was expected of him, fulfilling his responsibilities effortlessly and delivering as expected. Wishing him a future with resounding success.

Keerthana Krishnan: One of the more indispensable members of the committee, especially given that she had served her time as the Secretary herself, Keerthana was undoubtedly dedicated to her roles and duties for the duration, both as a contributor towards activities and as a guide for me to navigate through my term as well. I hope for the best in her subsequent pursuits.

Cultural Council

Aastha Pandey (First B.Pharm): One of the most enthusiastic First-year kids and a creative person keen to do any work given, even if it's 12 at night without doing "left-right" of it. Her décor work for Sanskriti is highly commendable, and I hope to see her in the future council as well.

Nikhitha Nayak (First B.Pharm): Though she is in her first year, she worked really hard during Sanskriti and Utsav. She finished the assigned work with perfection and was very dependable. You can always see her focusing a camera on your face. I wish her the best of luck in her future endeavours in the council.

Abhiraj Tiwari (First B.Pharm): The silent guy of the council who just loves to do Western dance.

Arijita Ganguly (First B.Pharm): The most enthusiastic kid of this batch, who will just pop up from nowhere and say "Helllooooo". You can sit with her and discuss Agam and other artists coming to Manipal. Don't worry dear, Agam will come one day for sure. She has done a fantastic job managing the singing events in UTSAV, and I am counting on her to win more singing events for MCOPS in the future.

Subhangi Chattopadhyay (First B.Pharm): This amazingly talented dancer is full of potential. I hope she gets to contribute to the council in the future as well.

Iris Rose (First PharmD): She is hardworking and very efficient. She had been a great addition to the team. Her skills have been proven in fashion show décor.

Rachel Sara George(First PharmD): A reliable girl to whom any work is given is done. Her work in Fashion show decor is commendable.

Anand: A guy who never says no to any work assigned to him at any time. Definitely, a person on whom you can count for immediate assistance. His work in UTSAV has made him achieve the trust of the Cultural Coordination Committee, MAHE.

My best wishes to him for his future endeavours in this council.

Surabhi Sharma: She is my council's fashion Diva, graphic designer, singer, dancer and whatnot. Her efforts have been seen seamlessly in this year's UTSAV Fashion show in conducting the practices and managing the decor! She is an asset to the council! I hope for the best for her future journey in the council.

-: She is super bubbly and enthusiastic and a very good actor. Her efforts were seen in making us secure third place in Mime for UTSAV.

Devika Shenoy: A girl who will do all the work given to her perfectly. Kudos to her.

J Siyam Taj: Very soft-spoken and responsible girl. Best wishes for her future in the council.

Sreevishnu Unnikrishnan Nair: The tech-savvy guy of my council. I am very proud of his work in the UTSAV Social Media team. He has gradually become responsible, and I hope he does wonders in the near future.

Anuj Desai: Fun-loving guy who keeps the council entertained. I am in awe of his working style, and that makes me blindly trust his judgement, and maybe because of that, he is 3rd in line for Succession. I wish you serve the council in all your strength next year and wish you all the very best.

Yukti Bhargav: If it weren't for her, this year's Fashion show and Sanskriti decor would have been difficult to manage. She enjoys working for the council and has managed fashion show work and reminded participants effortlessly. Her presence in the council is always valuable.

Nishant Choudhary: My Dramatics Head. His hard work and efforts have always been shown clearly. All thanks to him, we have secured positions in Mime and Mad ads in UTSAV amongst the toughest of competitive institutions of MAHE.

Srija Roy Barman: Our very own specialist in Western Dance. Her work is highly commendable. For me, our Western group dance is the Winning performance. She has been an integral part of my administration.

Sakshi Mestry: Probably the only person who loves my umbrella more than me. Most hardworking person in the council. So much so that when her train gets delayed, she comes to do fashion show decor!! She is a great addition to the team.

Anvith Amin: He has always managed to pull people from 4th-year B.Pharm for decor work and has good people skills.

Shekar Pandey: Good addition to the council.

Nikita Baldewa: The OG Graphic Designer. Her talents can't be described enough. She is always there to design all the posters for the events and has a lot of Innovative ideas. Always indebted to her contributions to the council.

Shreya Jain: The most creative person, and she has always been there to manage all the decor-related work, even amidst her exams !! It's always a pleasure working with her.

Mariya Johnson: The most enthusiastic soul of the council. She is always part of the creative process of anything that is happening in the council.

Girija: She has always helped the council maintain a hearty relationship with the master's student body.

Karen Martin: I don't have enough words to thank her. Her experience being in the council for the last five years has been so helpful when we had to organise two mega events, i.e. Sanskriti and UTSAV. She always has practical solutions for the problems we have faced this year. If she hadn't been part of the council, the course of this river would have been different.

Madhuja Sen (Joint Cultural Secretary): My B.Pharm joint secretary. Our very own classical dancer and all-time entertainer. She has been in this council for the last three years and has grown in the council. I applaud her sense of responsibility and efficiency both in MCOPS and UTSAV, which has now become very popular in the CCC.

I wish her my best in her future endeavours.

Mandar B Rao (Joint Cultural Secretary): my most beloved PharmD joint secretary. From a decor volunteer who was just dragged into a fashion show by me in the last Utsav to becoming a Joint Cultural Secretary, this man has come a long way.

Even though he joined the council this academic year, he now feels he has been part of it forever. His calmness and patience are what have kept me getting done with the business of the council.

From the bottom of my heart, I wish him the best of luck in MAPS, as better things are waiting for him in the future!

The Editorial Board

Aditi: Don't let her calmness trick you for naivete! Aditi was an asset to the team with her creative ideas and timely inputs. I wish her all the best!

Akashka Kalam: A go-getter who is always two steps ahead of everyone in finishing any task. She thinks ahead of time and is a master at taking initiative. Akashka is extremely good at maintaining professional relationships and always takes her responsibilities very seriously. I wish her all the best for her future!

Khushi Manoj Katiyar: The image of discipline. Khushi's reliability puts her on a pedestal. Her hard work and eagerness to contribute have been evident till day one and stayed consistent to date. Her ability to use opportunities to grow her skills has contributed to her immense growth in the council. She has an incredibly rewarding future waiting for her.

Parth Sharma: The Energy Source. Parth's energy is simply unmatched. His positive attitude towards his work makes him get through the toughest of tasks with such ease. He effortlessly manages to form professional relationships with his effortless networking skills. I wish him the very best!

Ayushi: A brilliant writer. Ayushi has a way with words that lies beyond competition. She is smart and driven, and her ideas were a boon to the council. Her contribution during Qalam was crucial, and she showcased a talent for brilliant enunciation. I wish good luck to her!

Vimudha Singh: Curiosity is her superpower. Vimudha's ideas were a huge input in the council. She is immensely talented and can work with people brilliantly. Her contributions to Qalam for sponsorships are very significant, and I wish her all the best!

Jashan Puri: A master at organization. Jashan's never-ending input for Qalam, as well as regular council activities, is truly fascinating. He is passionate and eager to learn. His ability to quickly learn

skills made him an excellent addition to the team. I wish him the absolute best in everything he chooses to do!

Khushi Agarwal: Diplomacy at its best. Khushi is extremely good at handling public relations issues at hand and is a wizard with people. She is a natural leader and is extremely dedicated to any task she is assigned to. Her input was extremely valuable to many aspects of the council. I am looking forward to her success!

Ayush: An enthusiastic creative! Ayush's creativity, combined with his presence of mind, has contributed significantly to the functioning of the board. His hard work is his power. His punctuality and promptness set him apart. May he succeed in everything!

Shoshanna Attavar: The make-shift Joint Sec. Her position in the council as a CR did not stop her from contributing just as, if not more, than what a joint secretary would have. She is diligent in everything she does, with a work ethic that cannot be matched. Shoshanna is a perfectionist who believes that even the tiniest of task deserves to be completed with utmost sincerity. Shoshanna, being an absolute all-rounder, contributed her artistic magic, which was the main attraction at Qalam. I see a very bright future for her, regardless of what she chooses to do!

