

# LINES

2022  
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ISSUE 1

**BETWEEN THE**  
**HUMANITIES AND MANAGEMENT - NEWSLETTER**

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## EDITOR'S NOTE

The Department of Humanities and Management was formed in the year 2009 to provide holistic education in language, communication, ethics and values and hone managerial skills for engineering graduates. With its inception in 1988, M.Tech. program in Engineering Management is one of the oldest M.Tech. programs which was earlier offered by Mechanical Department, is now offered by the Department of Humanities and Management. The Department has magnificently carved into a niche department since its inception. It has grown over the years to offer the opportunity to educate engineering graduates of all disciplines.

We acknowledge the efforts put in by this department's faculty members in the yesteryears in its development. Continuing their legacy, we wish to add a new feather to our cap with the launch of a quarterly newsletter commencing in November 2022. This newsletter offers insights into the achievements and developments of the department and its faculty members. However, this newsletter does not limit itself to only news, instead, it adds interesting new flavours for readers.



I wish to close this editorial note with Vincent van Gogh's words "*Great things are not done by impulse, but by a series of small things brought together, and great things are not something accidental, but must certainly be willed.*" With this newsletter launch, we make a humble beginning and continue to provide you with "food for thought" with every subsequent newsletter issue. I congratulate all the faculty members of the department on achieving this milestone.

**Dr YOGESH PAI P**

“

*God, grant me  
the serenity to accept the things I cannot change,  
courage to change the things I can,  
and wisdom to know the difference.*

”

**REINHOLD NIEBUHR**



# GRATEFUL LINES



## DR B GOPALAKRISHNA

*Date of Joining: 04 April 1989*

*Date of Superannuation: 31 October 2022*

*Dr B Gopalakrishna served MIT for the past 33 years (1989 - 2022) as a faculty member and as HOD of Humanities and Management Department from 2019 to 2022. He began his career at MIT as a faculty member of the Mechanical Engineering Department and later moved to the Department of Humanities and Management at its inception. The department appreciates his contribution to its development over the years. His approachable and compassionate nature is admired by all. We wish him the best for his future endeavours.*



Photo clicked on 31 October 2022

# 1 SHAPING THE LINES

## GUEST LECTURES

**Dr YOGESH PAI P**, was one of the resource persons at the ICSSR Capacity Building Program for young social science faculty on Research Methodology, Data Analysis using SPSS, and academic writing scheduled for two weeks from August 22 - September 3, 2022. The program was held in the Department of Commerce, Mangalore University. This was organized by the Department of Post Graduate Studies and Research in Commerce, Mangalore University, Mangalagangothri, Mangalore.



Dr Yogesh Pai P, was also one of the resource persons for the three-day Faculty Development Programme on Research Proposal Development organized by Manipal Institute of Management, Manipal conducted during August 25-27, 2022.

**Dr POTTI SRINIVASARAO**, gave a guest lecture on “Development of Skill Through Graphical Communication and Management” as a part of AICTE sponsored 2-week National Level FDP on Emphasising Teaching Learning Skills using Modern Pedagogy Tools in Technology Education organized by Department of Studies in Mechanical Engineering, University B D T College of Engineering (UBDTCE), Davanagere held during 18-30 October, 2021.



**Dr K V SRIRAM**, gave a guest lecture for the students of Rathinam College of Arts and Science, Coimbatore on the topic “Creativity and Innovation”. This interactive session focused on the various methods of improving creativity among students.



**Dr SMITHA NAYAK**, delivered a guest lecture on ‘Marketing Strategy for Digital Era’ at Skill Development Centre, Moodubelle held on 11 November 2022 as a part of Career Development and Awareness Camp for the students of N R A M Ploytechnic NITTE, Karkala.





**Dr PRAVEEN SHETTY**, delivered a guest lecture on 'Communication Competence - Insights' at Skill Development Centre, Moodubelle held on 11 November 2022 as a part of Career Development and Awareness Camp for the students of N R A M Ploytechnic NITTE, Karkala.



**LT CDR GEETHALAKSHMI P M**, guided the Group Discussion Session as the resource person for a workshop on Group Discussion conducted by Department of Biomedical Engineering, Manipal Institute of Technology on 08 August 2022 to enhance the communication skills of the students.



**Mr ABHAY SHETTY**, delivered a guest lecture on 'How to write a Good CV' for final year students as a part of skill development program on 8 August 2022 at Vaikunta Baliga Law college, Udupi.



## **PH.D. AWARD**

**Mr SUNITH HEBBAR**, has been awarded the Ph.D. degree from National Institute of Technology Karnataka for his research work entitled "A Comprehensive Adoption Model of M-Government: A Citizen's Perspective from the Smart Cities of Karnataka" under the guidance of Dr Kiran K B, School of Management, NITK, Surathkal on 18 August 2022.



**Ms ADITHI SHASTRY KALLAJE**, has been awarded with Doctor of Philosophy (Ph.D) degree by Managlore University, Mangalore for the thesis titled "Exploration of the Elements of Dystopia and Decadence in the Selected Novels of Upamanyu Chatterjee" in October 2022. This study examines the elements of dystopia and decadence by Upmanyu Chatterjee and explores the literary significance of these elements to understand the cultural milieu of the twenty first century.



## CERTIFICATE COURSE

**Dr G M TUNGESH**, successfully completed Philosophical Practice (Philosophical Counselling) - A Level Course, from Philosophical Praxis, Counselling and Spiritual Healing Society, Jaipur, Rajasthan. The course was held from March 2022 to August 2022.



## BOOK PUBLISHED

**Dr G M TUNGESH**, published a book titled "Literature and Criticism for beginners" in November 2022. The book is published by Vidya Kutir Publications (VKP), New Delhi and aims to help the students and researchers in the field of literature.

## WORKSHOPS

**Dr VEENA MABEN, Dr PRAVEEN SHETTY, Dr SWAPNA K S and Ms SHARAL T CORREA** conducted Skill Development Workshops for the non-teaching staff members of MIT hostels. Five two-day workshops on Basic Communication Skills and Email Etiquette were conducted from 3 February 2022 to 18 February 2022.



**Dr RAVEENDRA RAO K** conducted a workshop for BTech /MTech students on Art of Selling from 10 October to 24 October at MIT, Manipal. The workshop aimed at enhancing the skills in Sales and Marketing. The participants were trained in basics of personal selling skills for consumer as well B2B sales. A total of 30 participants attended the workshop. Diverse topics such as Basics of marketing, Role of Selling in Marketing, History of Personal Selling, and Personal Selling - Prospecting, qualifying, approach, opening, objection handling, closing were covered in the workshop.





## CHIEF GUEST

**LT CDR GEETHALAKSHMI P M**, was invited as the Chief Guest for an event 'Ek Din NCC Army ke Naam' at MGM college on 18 October 2022.



## PATENT FILED

**Mr RAMAKRISHNA NAYAK** is one of the team members who filed a patent titled "A super-capacitor and a method of fabrication thereof" on 17 December 2021. The team comprises faculty members and students of MAHE - Ramakrishna Nayak, Dr Selvakumar, Achintya Dutta, and Aditya Arun Nirmale. The invention will allow the cheap mass production of flexible micro energy storage devices which are expected to eliminate batteries and give rise to a new generation of battery-less, truly sustainable devices. The team has developed a unique methodology for the screen printing and encapsulation of a novel two dimensional flexible micro supercapacitor device consisting of printed nanoparticle based current collectors, novel binary nanocomposite based symmetric electrodes and a novel quasi-solid state acid doped polymer blend electrolyte. The presented fabrication methodology is cheap, simple and commercially viable for large scale production.

## START-UP

**Mr RAMAKRISHNA NAYAK** is a member of the MAHE team that initiated a startup - SESNOR Technology Pvt Ltd. It is an innovative start-up started in July 2022 in Manipal - Government of Karnataka Bio-incubator cell, and focuses on the field of flexible electronics. Ramakrishna Nayak, Dr Selvakumar, Achintya Dutta, and Aditya Arun Nirmale are the founders of the start-up. The aim of this start-up is to develop and provide solutions to the medicine, agriculture, energy, and, food industries. The start-up has received BIRAC E-Yuva grant-2022 of ₹2.50 lakhs to develop solutions for the agriculture field.



# RESEARCH HIGHLIGHTS

## QUARTILE 1

- ✦ **Ramakrishna Nayak**, P. Shetty, M. Selvakumar, A. Rao, K.M. Rao, K. Gurukrishna, S. Mangavati, published article titled “Enhancement of power factor of screen printed polyaniline /graphite based flexible thermoelectric generator by structural modifications”, *J. Alloys Compd.*, in November 2022
- ✦ **Dr Sumukh S Hungund**, and **Dr Sriram K V**, published article titled “Influence of inbound and outbound open innovation practices on performance of firms: an evidence from Indian product SMEs”, *International Journal of Innovation Science*, in October 2022
- ✦ **Dr Sumukh S Hungund**, published article titled “Enhancing Firm Performance Through Adoption of Innovation: An Empirical Evidence from Indian Biotechnological Firms”, *Journal of the Knowledge Economy*, in September 2022
- ✦ **Dr Asish Oommen Mathew**, and **Mrs Anasuya K Lingappa**, published article titled “Engineers and Social Responsibility: Influence of Social Work Experience, Hope and Empathic Concern on Social Entrepreneurship Intentions among Graduate Students”, *Social Sciences*, in September 2022
- ✦ **Ramakrishna Nayak**, A. Dutta, A. Nirmale, M. Selvakumar, S. Bhat, S. Paramasivam, S. Senthil Kumar, published article titled “Geometric design optimization of polyaniline/graphite nanocomposite based flexible humidity sensor for contactless sensing and breath monitoring”, *Mater. Lett.*, in September 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Demystifying the Advancements of Big Data Analytics in Medical Diagnosis: An Overview”, *Engineered Science*, in June 2022
- ✦ **Dr Giridhar B Kamath**, published article titled “Experimental and Statistical Evaluation of Drilling Induced Damages in Glass Fiber Reinforced Polymer Composites - Taguchi Integrated Supervised Machine Learning Approach”, *Engineered Science*, in June 2022
- ✦ **Dr Lewlyn Lester Raj Rodrigus**, and **Dr Sriram K V**, published article titled “Holistic approach to water conservation behavior in urban environment: a systematic literature review”, *Urban Water Journal*, in May 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Role of Artificial Intelligence in Detecting Colonic Polyps during Intestinal Endoscopy”, *Engineered Science*, in April 2022
- ✦ **Mr Giridhar B Kamath**, published article titled “MultiResponse Optimization of Milling Process Parameters for AluminumTitanium Diboride Metal Matrix Composite Machining Using Taguchi Data Envelopment Analysis Ranking Approach”, *Engineered Science*, in March 2022
- ✦ **Dr Dasharathraj K Shetty**, and **Dr Lewlyn Lester Raj Rodrigus**, published article titled “Enhancing Technology Acceptance through User Experience Evaluation: Comparative Analysis of Banking Website Versus Mobile Application”, *Engineered Science*, in March 2022
- ✦ **Dr Dasharathraj K Shetty**, and **Dr Lewlyn Lester Raj Rodrigus**, published article titled “Machine Learning based Predictors of Cardiovascular Disease among Young Adults”, *Engineered Science*, in January 2022
- ✦ **Ramakrishna Nayak**, P. Shetty, S. M, A. Rao, K. M. Rao, published article titled “Formulation of new screen printable PANI and PANI/Graphite based inks: Printing and characterization of flexible thermoelectric generators”, *Energy*, in January 2022

## QUARTILE 2

- ✦ **Ms Correa Sharyl T**, and Neeta Inamdar, published article titled “Negotiating Identities: The Journey of Roman Catholic & Protestant Clergy in India”, *The International Journal of Religion & Spirituality in Society*, in November 2022
- ✦ **Mr Abhay Shetty**, published article titled “The Negotiations of Colours in Kari: An Analysis of Art References and the Use of Colour in Kari”, *International Journal of Multicultural Education*, in October 2022
- ✦ **Rajesh Pai R**, Alathur, S., Chetty, N., Kumar, V., & Dhelim, S., published article titled “Hate and False Metaphors: Implications to Emerging E-Participation Environment”, *Future Internet*, in October 2022



- ✦ **Mr Mahesh Prabhu H**, published article titled “Modelling the enablers of quality management practices using ISM”, International Journal of Productivity and Quality Management, in October 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “The role of data science in healthcare advancements: applications, benefits, and future prospects”, Irish Journal of Medical Science, in August 2022
- ✦ **Mr Lidwin Kenneth Michael, Dr Sriram K V, and Dr Sumukh S Hungund**, published article titled “Factors influencing adoption of electric vehicles - A case in India”, Cogent Engineering, in June 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Telemedicine and Telehealth in Urology—What Do the ‘Patients’ Think About It?”, Frontiers in Surgery, in April 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Energy Auditing in ThreePhase Brushless DC Motor Drive Output for Electrical Vehicle Communication Using Machine Learning Technique”, Wireless Communications and Mobile Computing, in April 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Legal and Ethical Consideration in Artificial Intelligence in Healthcare: Who Takes Responsibility?”, Frontiers in Surgery, in March 2022
- ✦ **Mr Sunith Hebbar**, published article titled “A bibliometric analysis on mobile government research”, International Journal of Electronic Governance, in February 2022
- ✦ **Dr Sumukh S Hungund**, published article titled “Academic Leadership and Research Performance: A study among Engineering Academicians in Emerging Nations”, International Journal of Educational Management, in January 2022

## QUARTILE 3

- ✦ **Dr Sriram K V, and Dr Giridhar B Kamath**, published article titled “Return on investment and return on ad spend at the action level of AIDA using last touch attribution method on digital advertising platforms”, International Journal of Internet Marketing and Advertising, in September 2022
- ✦ **Dr Sriram K V, and Dr Giridhar B Kamath**, published article titled “Does Work Environment & Work-Life Balance Influence Women Employees’ Intention to Stay?”, Studies in Business and Economics, in August 2022
- ✦ **Dr Asish Oommen Mathew, and Dr Sriram K V**, published article titled “Drivers of purchase intention hedonic or utilitarian values? A case of Indian electric car market”, International Journal of Business Excellence, in June 2022
- ✦ **Mr Mahesh Prabhu H**, published article titled “Impact of student perceived service quality and faculty transformational leadership on student satisfaction and student motivation: an empirical study”, International Journal of Services and Operations Management, in April 2022
- ✦ **Mr Mahesh Prabhu H**, published article titled “Impact of hotel attributes, service quality and brand image on customer satisfaction among diners at a fine dine restaurant - evidence from India”, International Journal of Business Excellence, in April 2022

## SCOPUS NON-INDEXED

- ✦ **Dr Gopalkrishna Barkur**, published article titled “Analysis of hospital website contents for promoting medical tourism among accredited and non-Accredited hospitals”, International Journal of Health Sciences, in August 2022
- ✦ **Dr Dasharathraj K Shetty**, published article titled “Role of Deep Learning in Prostate Cancer Management: Past, Present and Future Based on a Comprehensive Literature Review”, Journal of Clinical Medicine, in June 2022
- ✦ **Dr Tungesh G M**, published article titled “Representation of Nature and Western Ghats in K P Poornachandra Tejaswi’s Novel”, Jundishapur Journal of Microbiology, in April 2022

## CENTRE FOR CREATIVE AND CULTURAL STUDIES (CCCS)

The Centre for Creative and Cultural Studies (CCCS) was officially inaugurated in February 2016 by Dr H Vinod Bhat the then Vice Chancellor of MAHE. Dr Unni Krishnan Karikkat, (Fulbright, Chevening and UNESCO fellow) Associate Professor, Department of Humanities and Management, MIT, is the coordinator of the Centre since its inception. The Vision of the Centre is to sensitize students and community to art & cultural appreciation. The objective is to develop a PhD Research Centre to conduct research in the larger interdisciplinary areas of arts, culture & media with a scientific temperament and provide academic courses and services through cultural education. Currently, the Centre has five PhD candidates guided by Dr Unni Krishnan - four Dr TMA PAI fellows and one MAHE faculty in the interdisciplinary areas of cultural & media studies.

Till date, the Centre has organized special lecture series, symposiums and workshops by several renowned experts: Culture critic - Professor N Manu Chakravarthy; Art Historian & UNESCO fellow - Professor Choodamani Nandagopal, Tagore Chair at Edinburgh Napier University - Professor Bashabi Frazer, Renowned Folklorist Professor Viveka Rai, renowned Author Dr Vaidehi and many more senior scholars and key experts in the field.



Workshop by CCCS centre on film criticism by Prof N Manu C



Special lecture by CCCS on Indian Art and Heritage by Prof. N Choodamani

The Centre has been successful in procuring grants from reputed national bodies for convening annual conferences. A conference on 'Indian Art and History: Coastal (Karavali) Culture and Art practice' was convened by the Centre in 2017 and funded by the Indian Council of Historical Research. This conference witnessed several senior scholarly presentations; the experts' committee recommended the centre to publish them and the process is underway.

The centre has been successfully offering Open Electives (OE) for Manipal Institute of Technology & Department of Commerce since 2016. Some of the OEs offered across the institutes of MAHE are: (1) Art Appreciation-I & II, (2) Corporate Communication, (3) Creative Communication, (4) Leadership, Innovation and Sustainability, (5) Media, Society and Politics. Evening certificate credit-courses are also offered.



In the past, the Centre has also procured grants from India Foundation for the Arts to collaboratively work with government schools to support the migrated and displaced communities. Project 'Nature and Culture' was one such project that contributed to social impact by creating awareness on challenges and issues of government school education. With the immense support from NGOs and Government officials, the project conducted significant activities and engaged the educators, stakeholders, activists and parents for active discussions and debates. Other outreach activities by the center include the 'Reaching the un-reached' project which supported financially challenged school children by arranging special classes on education through creative engagements.



*CCCS guided visit to the MAHE KK Hebbar art gallery (HGAC) Art Collections*



*CCCS Exhibition dedicated to the art works of senior artists (born prior 1947)*

The Centre has facilitated the publication of a book titled 'Culture and Creativity' - selected essays of Professor N Manu Chakravarthy by Manipal Universal Press. Several art exhibitions, talks, film screenings, workshops and social projects have also been curated and organized in the past. These include an exclusive art exhibition which was specially dedicated for the art works of those senior visual artists who were born prior 1947. As guided by the then Vice Chancellor, the Centre has been regularly organizing guided visits to the MAHE K K Hebbar Gallery and Art Centre (HGAC) for the students, guests and government school children. The growth of the Centre wouldn't have been possible without the steadfast motivation and guidance from former and present Vice Chancellors, Dr K Ramnarayan, Dr H Vinod Bhat and Lt Gen (Dr) M D Venkatesh. The Centre also wishes to thank the Director of MIT, Manipal Cdr (Dr) Anil Rana for his support and encouragement.



Online Course on  
'Discerning India - Living Cultures of Tulunadu' offered by  
**CENTRE FOR INTERCULTURAL STUDIES AND DIALOGUE (CISD)**

The Centre for Intercultural Studies and Dialogue (CISD), MAHE is a platform for learning and research on communication across cultures. It aims at understanding the intricacies and nuances of plurilingual and multicultural societies by focusing on the cultural interactions and negotiations at various levels. It examines the critical points of intersections in cross-cultural communication through its varied activities involving students of diverse background.

Dr. Praveen Shetty, Department of Humanities and Management, MIT, Manipal is the coordinator of CISD.

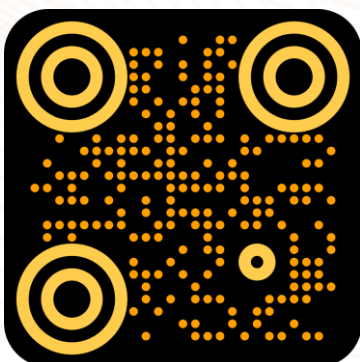
Discerning India- Living Cultures of Tulunadu is a unique Online Course that attempts to introduce the participants to the distinctive cultural traits of Tulunadu. As the belief systems, values, assumptions and practises of a community form the culture, an understanding of the culture through its markers is a fascinating field of study. The course is an attempt to capture the living experience of the communities of Tulunadu by examining the features of select practices.

The region where MAHE is located has its own cultural richness and has unique cultural markers. The region is popularly known as Tulunadu and it has a distinctive identity within the State. The region stretching across the Arabian Coast from Byndoor in Karnataka to Kasargod in Kerala, known as Tulunadu in the popular lore, is a mosaic of cultures. This cultural hub with intriguing and fascinating domestic diversity offers a glimpse of the essence of Indianness. The indigenous worship traditions, vibrant folk theatres and syncretic living ways add a distinctive richness to the region. This course introduces the participants to the glimpses of this cultural heritage and leaves them with a desire to delve deeper.

**Components :** The Level 1 Course comprises the following Units:

- |                                |   |                                                                                                         |
|--------------------------------|---|---------------------------------------------------------------------------------------------------------|
| <i>Theatre and Performance</i> | : | <i>Yakshagana (Folk Theatre of the Region)</i>                                                          |
| <i>Community and Sports</i>    | : | <i>Kambala (Slush Track Buffalo Race of the Region)</i>                                                 |
| <i>Worship Traditions</i>      | : | <i>Bhutaradhane (Bhuta Worship of the Region)</i><br><i>Nagaradhane (Worship of Naga in the Region)</i> |

SCAN QR CODE





## **YAKSHAGANA**

*Yakshagana (Folk Theatre of the Region) is a vibrant and unique traditional art form that is performed in the Coastal districts of Karnataka and Kasaragod district of Kerala. It has a recorded history of more than five centuries. This theatrical art form with its combination of dance, music and narration draws upon the stories from the well-known epics Ramayana and Mahabharatha.*

## **KAMBALA**

*This module is about a folk sport of Tulunad known as Kambala. Kambala is a traditional slush track buffalo race that takes place in different parts of Tulunad from the month of November till March. Kambalas have a ritualistic significance and are connected to Bhuta worship. It also is integrally connected to the agricultural activities and the worship of land and nature. Kambala also offers a glimpse into the man-animal relationship. The module attempts to highlight what meaning and value Kambala holds for the people of Tulunad.*

## **NAGARADHANE**

*Nagaradhane is a distinctive worship tradition of Tulunad- the region surrounding Udupi and Dakshina Kannada. The beliefs associated with Naga or the Cobra in this region are symbolically represented in the ritual forms of Nagaaradhane. The faith, the practices, and the mystery surrounding Nagaradhane make these rituals a curious combination of human -nature- divine elements.*

## **BHUTARADHANE**

*As a culturally unique practice, Bhuta worship epitomises Tulunad. The worship practice followed by Tuluvas mirrors life in various ways ranging over social, economic and religious aspects. Bhuta worship is closely connected with the Kinship relations, community relations, individual and community justice, agriculture, and the well-being of the people. Bhuta worship also involves an oral story telling tradition which becomes an integral part of the cultural memory.*

The two-credit course is designed to be completed in a self-paced mode and the details can be accessed at <https://manipal.edu/cisd>





**LIFE IS GOOD...**

*Life is good when you care not much,  
for all the dirt thrown at you.*

*Life is good when you cry not much,  
for all the people you have cared for.*

*Life is good when you bleed not much,  
after all the wars you have fought.*

*A life rendered to the earnest faith,  
never did any much harm.*

*You still keep walking on the*

*Snowy deserted paths, shadowed by the fears unknown.*

*Strangers you meet on the highway,*

*Know what you feel like someday.*

*Rivers, ravens and all the gorges,  
were never made in a day.*

*Doors locked with faith of none,  
will scream out the truth one day.*

*Rush to the cobbler to find you the needle,  
Because your shoes will tear someday.*

*Butterflies you see were worms once and, you hate that,  
Because you never know what will kill you one day.*

*Life is good when you have worn enough clothes,  
You will never feel the cold wind of despair.*

*Life is good when your friend doesn't kill you and  
you have shared enough food for the day.*

**ABHAY SHETTY**



## AAGHAZ NEWSLETTER KA

आज के इस मुबारक अवसर पर सबको बधाई,  
हमने अपने मन की बात इसमें है जताई ॥

LAUNCH है आज अपने खुद का NEWSLETTER,  
कहते हैं लोग, BETTER LATE THAN NEVER ॥

हमने सोच को शब्दों में बयान किया है जिसमें,  
लगी है मेहनत कई हफ्तों की इसमें ॥

निखरकर खूब आया है लगता है ऐसे  
नयी नवेली दुल्हन डोली में बैठी हो जैसे ॥

कभी लगता है बेगानी शादी में अब्दुल्ला दीवाना,  
चलो फ़िक्र NOT, फैसला कर लेगा ज़माना ॥

कोशिश है की अपनी बढ़ोतरी आपके साथ करेंगे SHARE,  
आम है यह सिलसिला, न है कोई RARE ॥

उम्मीद है आप करेंगे इस NEWSLETTER को पसंद  
आगे भी बने रहेंगे हमारे-आपके संबंध ॥

कवि - डी 7





## CENTRE FOR OUTDOOR STUDIES

An Opportunity for Students to engage constructively outside the Classroom

Coordinator: Mr Ganesh Nayak, Instrumentation and Control, MIT, Manipal

This is now Ganesh narrating his experience of developing the Centre: In 2017, I got a scholarship to attend an outdoor educator course from the National Outdoor Leadership School, USA. I spent a month in the wilderness of Alaska with educators from around the world, learning essential survival skills like navigation, wilderness first aid, leave no trace. Apart from this we had to learn to read weather, work in challenging environments with incomplete information, and take care of sick teammates. I came back with a deeper appreciation of our natural environment and also with a bag-full of new learnings to implement in our adventures here. The NOLS course also gave me a structure to base new adventures on, and it gave me the confidence to increase the number of students that I could safely enroll on our trips.

In 2018, I enrolled for a fellowship in Inter-Professional Education from MAHE-FAIMER International Institute for Leadership. Over the coming years, my informal trips took on a structure and thus began The Adventurer - a six-week outdoor leadership course exclusively for our students at MAHE. I put together a team of professionals to help me run this course. Thus bike maintenance and repair, first aid, local ecology and celestial navigation became mandated workshops run by my collaborators on the course. Apart from these workshops, my students and I trained four times a week for a period of six weeks. We worked on our fitness, and through challenging rides, built our physical and psychological conditioning. The finale was a 3-day bicycle tour of the Western Ghats. The Adventurer was first offered to our students in January 2019 with 5 students cycling to Agumbe. In October 2022, on the fifth edition of the program, the number of students had grown to 16. The finale was a 3-day trip to Mookambika Nature Reserve.

The FAIMER fellowship was also a springboard into research. My study around the Adventurer has revealed that outdoor adventures are a way for students to develop psychological resilience critical for a positive attitude towards the many stressors they face. Over the last ten years, I have had the rare opportunity to travel to remote corners of the world - The Annapurnas of Nepal, Kayaking the incredibly rich Prince William Sound of Alaska, the Pamir Mountains of Central Asia, the Copper Canyon and the Baja Coast of Mexico. I have always returned with a new appreciation for our own little corner in the World.



Manipal is a treasure. It has a stunning coastline dotted with islands waiting to be discovered, a riverine system exploding with all sorts of birds and mammals, and the biodiversity hotspot of the Western Ghats is at our doorstep.

The Centre for Outdoor Studies was started in October 2022, with the intention for students to reconnect, to have meaningful experiences, and to fall in love with our natural environment. Because what you love, you fight to preserve.





# HAIKU

It is an unrhymed poetic form consisting of 17 syllables arranged in three lines of 5, 7, and 5 syllables respectively. The haiku first emerged in Japanese literature during the 17<sup>th</sup> century, as a terse reaction to elaborate poetic traditions, though it did not become known by the name haiku until the 19<sup>th</sup> century. A haiku is considered to be more than a type of poem; it is a way of looking at the physical world and seeing something deeper, like the very nature of existence. It should leave the reader with a strong feeling or impression. There were four master haiku poets from Japan, known as "the Great Four" - Matsuo Basho, Kobayashi Issa, Masaoka Shiki, and Yosa Buson. Their work is still the model for traditional haiku writing today.

## EXAMPLES OF HAIKU POEMS

Three examples from Matsuo Basho (1644-1694), considered the greatest haiku poet:

*An old silent pond...  
A frog jumps into the pond,  
splash! Silence again.*

*Autumn moonlight-  
a worm digs silently  
into the chestnut*



*In the twilight rain  
these brilliant-hued hibiscus -  
A lovely sunset*

Three examples of haiku poems from Yosa Buson (1716-1784):

*A summer river being crossed  
how pleasing  
with sandals in my hands!*



*Light of the moon  
Moves west, flowers' shadows  
Creep eastward*

*In the moonlight,  
The colour and scent of the wisteria  
Seems far away*

Three examples of haiku from Kobayashi Issa (1763-1828):

*O snail  
Climb Mount Fuji,  
But slowly, slowly!*

*Trusting the Buddha, good and bad,  
I bid farewell  
To the departing year.*

*Everything I touch  
with tenderness, alas,  
pricks like a bramble.*



Three examples of haiku poems from Masaoka Shiki:

*I want to sleep  
Swat the flies  
Softly, please*

*After killing  
a spider, how lonely I feel  
in the cold of night*



*For love and for hate  
I swat a fly and offer it  
to an ant*



## HARUKI MURAKAMI



*Sometimes fate is like a small sandstorm that keeps changing directions. You change direction but the sandstorm chases you. You turn again, but the storm adjusts. Over and over you play this out, like some ominous dance with death just before dawn. Why? Because this storm isn't something that blew in from far away, something that has nothing to do with you. This storm is you. Something inside of you. So all you can do is give in to it, step right inside the storm, closing your eyes and plugging up your ears so the sand doesn't get in, and walk through it, step by step. There's no sun there, no moon, no direction, no sense of time. Just fine white sand swirling up into the sky like pulverized bones. That's the kind of sandstorm you need to imagine.*

*And once the storm is over you won't remember how you made it through, how you managed to survive. You won't even be sure, in fact, whether the storm is really over. But one thing is certain. When you come out of the storm you won't be the same person who walked in. That's what this storm's all about.*


*But one thing is certain. When you come out of the storm you won't be the same person who walked in.*



Abstract from the book :

## KAFKA ON THE SHORE





# BEHIND THE LINES

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