



MANIPAL
ACADEMY of HIGHER EDUCATION
(Institution of Eminence Deemed to be University)

Report of Quality Education



4 QUALITY
EDUCATION





SDG 4

Health related articles in local newspaper supplement

Health related articles for the public are published every week in the popular Arogyavani section of Udayavani, a local kannada newspaper. These articles are written by faculty of various institutions of MAHE for the benefit of general public in order to create awareness about health issues and provide useful information to their doorstep.



Nasha Mukta Abhiyan

Department of Student Affairs, MAHE has conducted several programs in MAHE and Udupi District as part of the 'Nasha Mukta Bharath' campaign.



International Webinar on Tobacco Control was organized to observe World No Tobacco Day on 31st May 2021 on Zoom. It was organized in association with the Medical Research Council of United Kingdom funded projects - Preventing Smoking Uptake & Tobacco Control Capacity Program. Experts from across the world participated in the Webinar and shared their views on country-specific and global measures for tobacco control.



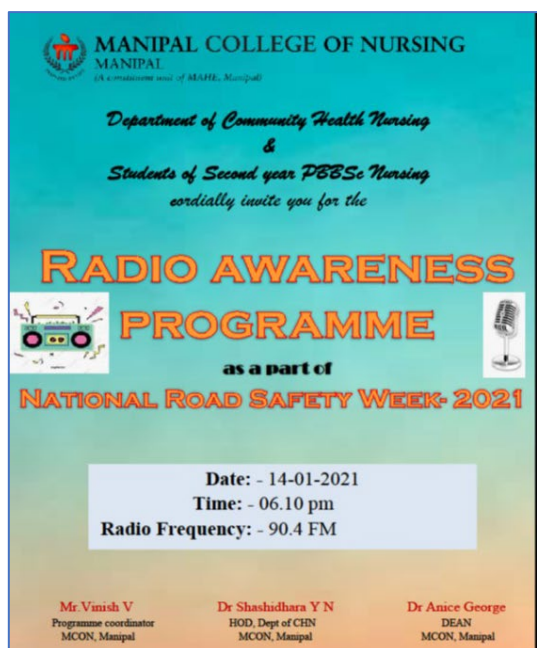
In order to raise awareness and increase the reach of our efforts, we conducted a series of

Talks over the Radio. Dr. Geetha Maiya (Director Student Affairs) and Dr. Rayan Mathias (MAHE Student Counsellor) recorded the first of Nasha Mukta Udupi Abhiyaan Radio Talk Series, accompanied by Mr. Roshan Jathanna (Deputy Director Student Affairs), at the Community Radio Station at Manipal Institute of Communication, MAHE.

National Road Safety Week

Every year, January 11 to 17, Government of India observes National Road Safety week. MAHE celebrated the 32nd Road Safety Week with the theme “Safe yourself to save your family”. It aimed at making the roads and streets in India safer by making the people aware of how to drive safely to avoid accidents and injuries.

National Road Safety Week - 2021 was observed by the faculty and students Manipal College of Nursing on 14th January 2021, by conducting a Radio awareness programme for the public. The programme was broadcast by Community radio, Manipal at FM 90.4 on January 14, 2021, at 6.15 pm onwards.



National Science Day

Manipal Academy of Higher education is an Institution of Eminence that takes social responsibility to ignite the spirit of learning and improve the knowledge of the general public. Manipal School of Life Sciences, Manipal Institute of Technology and Manipal Centre for Natural Sciences observe the National Science week every year to create an enthusiasm toward science, research, and innovation among high school students and every year 24-26 school students are trained for one week on various aspects of science and innovation and participate in building scientific models and conducting exhibitions and the best ones are rewarded.



Close to 400 school students from the region visit the exhibition on science day. Lectures are organized by eminent scientists during the week.



Public library run by Manipal Academy of Higher Education

Nehru Memorial Library is a public library with a rich collection of books, including fiction & non-fiction, self-improvement, general knowledge, general management, cookery, philosophy, and religion. Leading newspapers and available magazines are open to the general public and serve a population of around sixty thousand. A separate children's section with a good collection of children's books exists. The library has fully computerized its collection, which can be accessed through OPAC (Online Public Access Catalogue) within the campus network.



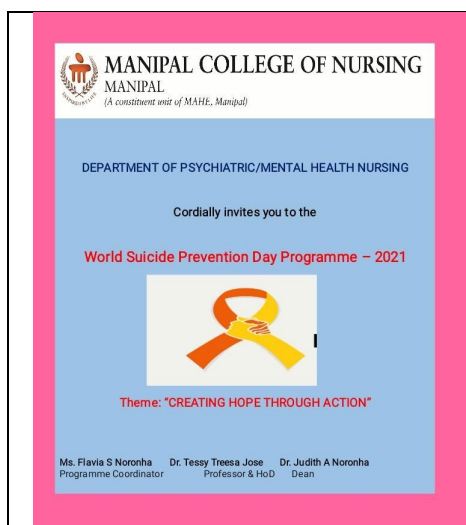
Dr TMA Pai Planetarium

Dr TMA Pai Planetarium, with a seating capacity of 70, conducts astronomy shows for school children, college students and general public on a regular basis. A Carl Zeiss ZKP II Model and Mirror Dome projection system are used to conduct the shows which enthrall the audience. The planetarium attracts many visitors and helps ignite the spark of scientific thinking in young minds.



World Suicide Prevention Day

Suicide Prevention Day is observed worldwide every year on September 10, 2021. One of the leading causes of death globally is suicide. Suicide may be prevented if the warning signs are recognized, and timely counseling and psychological support are provided to the individual. For three consecutive years, the theme for World Suicide Prevention Day (WSPD) has been “Working together to Prevent Suicide,” which highlights that everyone has a role to play in preventing suicide.



A webinar on “Early detection of the warning signs and prevention of suicide” was organized by Manipal College of Nursing, through the online Google Meet platform for the Primary and High School, Teachers of Udupi District.

Vaidyara Nade, Halligala Kade

In association with the District health and family welfare department, Dakshina Kannada district, Mangalore, Department of Community Medicine, with the help from other departments of Kasturba Medical College, Mangalore, did a house-to-house survey activity as a part of “Vaidyara Nade, Halligala Kade” to facilitate rapid testing, treating for COVID 19 and isolating the population at their doorstep at Moodbidri Taluk and Kateel.



The home survey was done with RAT screening of household members with Influenza-like illnesses in rural areas. More than 20 teams, including doctors interns, Tutors, faculty members), lab technicians from KMC, and other supporting staff from government health centers. This activity lasted nearly a month, wherein more than 11000 houses and 48,000 people were screened.

International Women's Day

To commemorate the International Women's Day, Manipal College of Nursing conducted a radio talk in the form of role play and interlocution on the topic 'Women Empowerment to challenge the challenges of women' for the International Women's Day theme #Choose to Challenge broadcast by Radio Manipal Community Radio station on FM 90.4 MHz at 5 pm on 8th March 2021. MAHE observes International Women's Day every year by organising various programmes to empower women both the in-campus and general public.



International Yoga Day

To promote wellness among the public, the university has established a division of yoga that provides training for the general public, patients, and students on yoga. International yoga day, conducted every year by the division, sees massive participation from students, faculty, and members of the public. The International Day of Yoga is celebrated worldwide on the 21st of June. It was the brainchild of our honourable Prime Minister, Mr. Narendra Modi, that a day for yoga should be celebrated as it is an essential piece of culture that we gave to the world.



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Division of Yoga
Centre for Integrative Medicine and Research
MAHE Manipal

Cordially invites you to the webinar on
(Via MS Teams by)

DR. ANANDA BALAVOGI BHAVANANI
Director & Professor
Centre For Yoga Therapy, Education And Research (CYTER)
A Center Of
Sri Balaji Vidyapeeth (SBV), Puducherry

Webinar link:
Date: 21.06.2021 | Time: 11.30 - 12.30 PM

Dr. Arunagoorna K
HOD
Division of Yoga

Dr. Vishal Bhat
Coordinator
CIMR

Dr. B.S.Satish Rao
Director -Research
MAHE

Manipal Academy of Higher Education (MAHE) celebrated the 7th International Day of Yoga on 21st June 2021 through virtual mode due to the pandemic. Division of Yoga, Centre for Integrative Medicine and Research (CIMR), MAHE, organized a program that included a live demonstration and a webinar. Competitions were conducted for the best poster and best photograph related to yoga.

Museum of Culinary Arts

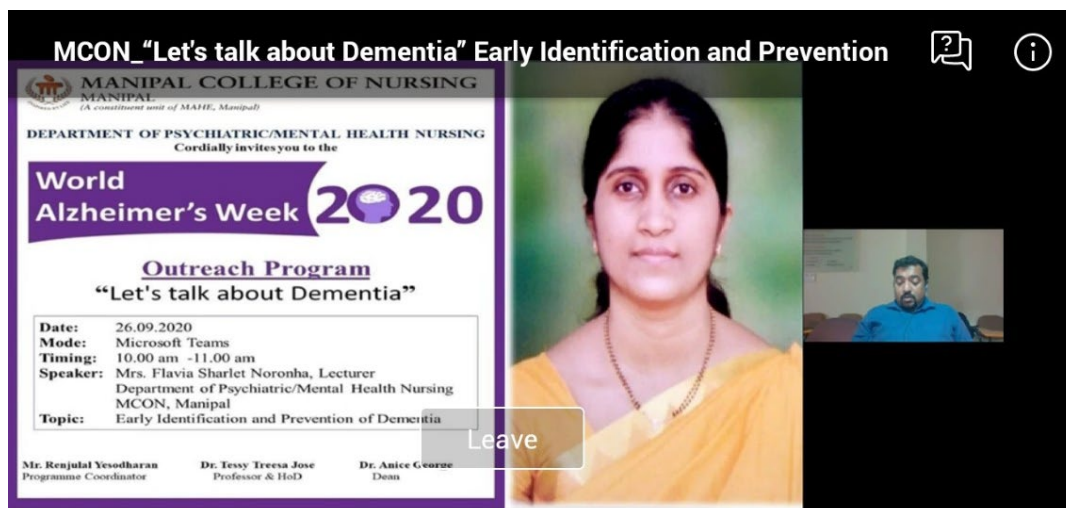
The Museum of Culinary Arts celebrates the glory of India's cooking heritage and cultural traditions. It was established by the Welcomgroup Graduate School of Hotel Management in 2018 and was featured in the Limca Book of Records last year as India's First Living Culinary Arts Museum. Michelin star Chef Vikas Khanna, an alumnus of WGSMA, is the brain behind the novel initiative.



It was set up to preserve India's traditional utensils and showcase them to millennials so that the chefs currently can also learn about the art of cooking in the bygone era. The museum boasts over 2,000 artistic tools from diverse cultures and regions such as Kodagu, Mysuru, Hampi, Kashmir, Chettinad, Rajasthan, Kolkata, Goa, and the north-eastern states. The museum is open to the public/students and faculty with prior appointments. It also operates as a 'Travelling Museum.' Its valuable collections are lent for exhibitions both within and outside India to showcase the richness of Indian culinary tradition.

Alzheimer day celebration

Alzheimer's disease is the most common type of dementia. It is substantially increased among people aged 65 years or more, with a progressive decline in memory, thinking, language and learning capacity. It is estimated that every 3 seconds, someone in the world develops dementia.



Department of Psychiatric / Mental Health Nursing, Manipal College of Nursing, Manipal observed the Alzheimer's week from 21st to 26th September 2020 to sensitize the general public and adults regarding the early identification, prevention and treatment of Dementia.

"Out of Hospital Cardiac Arrest and Immediate Support" an awareness program

This awareness program was conducted by the department of Cardiology, KMC & Kasturba Hospital, Manipal, and the department of CVT, MCHP, MAHE, Manipal, on March 6, 2020 at MGM College, Udupi. Dr. Sudhir Chandra Sudha, DHO, Udupi District, and Dr. M G Vijay, Principal, MGM College, Udupi, were invited as chief guests for the program, which was presided over by Dr. PLNG Rao, Pro Vice-Chancellor- Faculty of Health Sciences, MAHE, Manipal. Dr. Sharath K Rao launched a short video on risk factors and immediate management of Acute Cardiac Infarction. Dr. Avinash Shetty, Medical Superintendent of Kasturba Hospital, Manipal, found a short video on Basic Life Support along with Dr. Tom Devasia, Professor and Head of Cardiology, KMC, MAHE, Manipal.





The main agenda behind this initiative was to sensitize the students on Cardiac arrest and to train them about basic life support steps. Videos of Basic life support steps and acute myocardial infarction were released during the launching ceremony. After the launching ceremony, the steps to identify cardiac arrest and perform cardiopulmonary resuscitation effectively were demonstrated after the launching ceremony.

Cultural Activities at MAHE

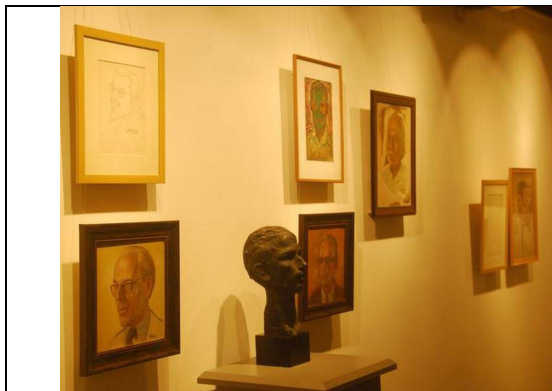
To promote Indian culture, art, and tradition, the Cultural Coordination committee conducts various events to nurture and preserve values of culture, music, and skill among the younger generation.



These activities also aim to orient them towards standards of equality, justice, and humanist culture. These activities are held throughout the year, and eminent people from their respective fields are invited from all over India and abroad to participate in these programs.

Hebbar Gallery and Art Centre

The Hebbar Gallery and Art Centre envisions itself as a space that nurtures and encourages the spirit of creative expression and art pedagogy which was central to the life and times of artist and art educationist Kattingeri Krishna Hebbar (1911–1996). HGAC opens its doors to cross-disciplinary engagement with artists and other cultural practitioners in and around South Canara and aims to encourage a deeper and more meaningful relationship between the people, the student communities in the region, and art. The Art Centre houses twenty-six works of K K Hebbar from the Portrait Collection.



The Art Centre is part of the University's initiative to establish a cultural centre promoting art and performance with particular emphasis on the coastal region of South Canara. HGAC is committed to its immediate regional and global artistic community with a focus on artistic creation and pedagogy with interest in creating a space for thinking about and making art. Thinking through making and thinking through experiencing guides the prime intentions behind the Art Centre.

Manipal Museum of Anatomy and Pathology (MAP)

MAHE provides open access to the Manipal Museum of Anatomy and Pathology (MAP), one of the largest in Asia, housing more than 3000 human anatomy specimens. It is visited by thousands of school and college students from far and wide and is a beautiful learning aid for them.



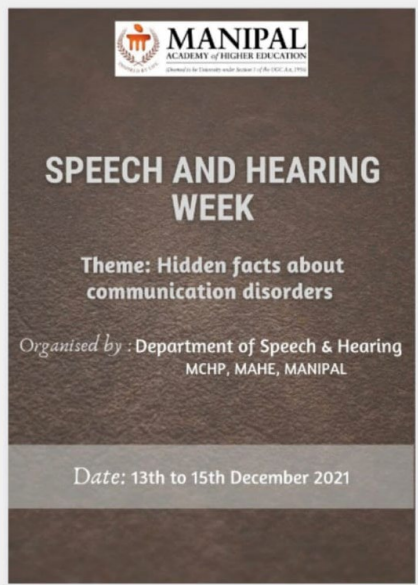


The museum, which opened its doors to the public in 1954, was revamped in 2012. The sprawling Anatomy section displays specimens of standard human body parts and organs in a manner that makes them easy to understand. Each organ system of the human body can be explored as a separate entity. The Pathology Museum, which displays diseased body parts and organs, has a popular section on lifestyle-related diseases and their impact on the human body.



Speech and Hearing Week

Age-related hearing loss is the third most common non-communicable disease. It is caused by damage to the inner ear/ hair cells. In fact, today, almost 60% elderly population suffer from age-related hearing loss, and it can be said that nearly 1 in every 3 persons is facing the issue. Unfortunately, this can cause dementia at least 3.2 years earlier than individuals with normal hearing. Therefore, it is essential to treat hearing loss with early intervention of doctors/audiologists and using a hearing aid.

Every year in December, the Department of Speech and Hearing celebrates Speech and Hearing week by conducting a series of events, including webinars, telephonic consultations, Facebook live talks, and radio talks to develop awareness regarding various communication disorders.

 <p>MANIPAL ACADEMY of HIGHER EDUCATION <small>Deemed to be University under Section 3 of the UGC Act, 1956</small></p> <h1>SPEECH AND HEARING WEEK</h1> <p>Theme: Hidden facts about communication disorders</p> <p>Organised by : Department of Speech & Hearing MCHP, MAHE, MANIPAL</p> <p>Date: 13th to 15th December 2021</p>	 <p>MANIPAL ACADEMY of HIGHER EDUCATION <small>Deemed to be University</small></p> <p>Kasturba Hospital, Manipal in association with Manipal Institute of Communication presents</p> <p>RADIO MANIPAL 90.4 FM</p> <p>RADIO MANIPAL 90.4 FM TOPIC MYTHS AND FACTS ABOUT STUTTERING Dr Rakesh C V Assistant Professor Department of Speech & Hearing Manipal College of Health Professions MAHE, Manipal</p> <p>Date: Wednesday 01 December 2021 at 05.00 pm Repeat: Thursday 02 December 2021 at 12.00 pm</p> <p>For suggestions write to: marketing.kh@manipal.edu</p> 
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