



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS KASTURBA HOSPITAL AND MCHP , MANIPAL

PRESENTS

Nutritional Evaluation Camp for Nurses

Discover Your Health Potential

- Gain valuable insights into your health and fitness levels.
- Unlock the secrets to a healthier, more energetic lifestyle.
- Connect with colleagues and share your journey towards better health.
- Celebrate Nutrition Week by investing in your well-being.

Our Services:

- ✓ BMI Analysis
- ✓ Body Composition Assessment
- ✓ Muscle Strength Testing
- ✓ Nutritional Counseling And customised diet plan

- **Date:** September 3rd, 2024
- **Time:** 2:00 PM to 5:00 PM
- **Location:** Paediatric seminar hall, ground floor , W&C block

Unlock Your Full Potential with a Healthy Lifestyle!

