



# FROM SCRIPT TO SCREEN: ENHANCING YOUR WORDS INTO PERFORMANCE

24TH FEB TO 1ST MARCH, 2025  
4PM - 8PM

VENUE: MIC, MAHE

## From Script to Screen: Enhancing your words into Performance

The Acting Workshop will be organized by the Manipal Institute of Communication is designed to immerse participants in the multifaceted world of performance art, emphasizing the critical intersection of creativity, expression, and technical skill. Scheduled from February 24 to March 1, 2025, from 4 PM to 8 PM daily, this workshop aims to cater to both novices and those with prior experience in acting. The dynamic landscape of contemporary theatre and film demands a nuanced understanding of character, emotion, and narrative, and this workshop seeks to provide participants with the foundational tools necessary to navigate these complexities. In an era where storytelling transcends traditional boundaries and becomes a medium for social commentary and personal expression, the ability to act is more vital than ever.

This workshop will serve not only as a gateway to the performing arts but also as a space for personal growth and confidence building. Participants will engage in a series of practical exercises, discussions, and performance critiques, enabling them to explore their unique voices and styles. Furthermore, through collaborative activities, attendees will learn how to adapt to various performance environments—be it stage, screen, or improvisational contexts—recognizing the varied demands each presents. The workshop will be facilitated by accomplished practitioner and educator in the field of acting, Professor Jijoy PR whose diverse experiences will enhance the learning environment. They will guide participants through an exploration of techniques such as Stanislavski, Meisner, and various

improvisational formats, encouraging them to find authentic connections to the characters and stories they portray.

**Objectives:-** The primary objectives of the Acting Workshop at the Manipal Institute of Communication are multi-dimensional and aim to equip participants with both foundational skills and practical insights into the world of acting.

1. Skill Development : To provide participants with a proficient understanding of various acting techniques and methodologies, enabling them to choose and adapt styles that resonate with their personal artistic expression.
2. Character Exploration: To foster the ability to create and portray authentic characters through exploration of backstory, emotional depth, and motivation, resulting in heightened performance awareness.
3. Vocal and Physical Training: To develop participant's vocal and physical capabilities through targeted exercises, enhancing their overall presence and ability to convey emotion effectively on stage.
4. Improvisational Confidence: To cultivate spontaneity and confidence in performance through improvisational exercises, allowing participants to explore creativity and adaptability in various scenarios.



5. Performance Readiness: To prepare participants for live performances by instilling rehearsal techniques, stage presence awareness, and audience engagement strategies that contribute to impactful storytelling.
6. Peer Collaboration: To encourage teamwork and collaboration among participants, fostering a supportive network that values constructive feedback and growth within the art of acting.
7. Personal Growth: To instill a sense of personal growth and confidence in participants, enabling them to embrace vulnerability as a source of strength within their performances. By the conclusion of this workshop, participants will not only enhance their technical acting abilities but also gain invaluable insights and experiences that inform their understanding of the performing arts, equipping them to pursue further opportunities in theatre, film, and beyond.

## COURSE OUTLINE

- Day 1: Introduction to Acting Techniques - Overview of the workshop and expectations - Introduction to key acting methodologies: Stanislavski, Meisner, and Uta Hagen - Warm-up exercises focusing on relaxation and physical awareness - Group discussions on the importance of character motivation.
- Day 2: Character Development - Techniques for building a character: backstory and emotional arcs - Scene study: selecting and analyzing short scenes - Practical exercises aimed at embodying diverse characters - Group feedback sessions.

- Day 3: Voice and Movement - Exercises in vocal techniques: projection, diction, and tone - Movement in acting: understanding space and physicality - The importance of body language and non-verbal communication - Exploration of different performance styles (e.g., classical, contemporary)
- Day 4: Improvisation and Spontaneity - Introduction to improvisational theatre concepts - Techniques for fostering spontaneity and creativity on stage - Group exercises in improvisation: building trust and collaboration - Discussion on the role of improvisation in scripted performances.
- Day 5: Performance Preparation - Techniques for preparing for a performance: rehearsal techniques and stage presence - Individual and group rehearsals of selected scenes - Mentoring sessions focused on personal performance goals - Peer feedback and constructive critique sessions.
- Day 6: Presentation Skills and Audience Engagement - Understanding the audience: tailoring performances for engagement - Techniques for overcoming stage fright and enhancing confidence - Practicing monologues and short scenes for peer presentation - Discussion on the ethics of acting and representation.
- Day 7: Final Performances and Reflection - Participants will deliver their final performances in front of peers - Group reflection on learning experiences and personal growth - Discussion on next steps and continued engagement with acting - Closing remarks and certificate distribution.

## SHRI. JIJOY PULICKAL RAJAGOPAL

Shri. Jijoy Pulickal Rajagopal is an international theatre artist, Indian film actor, actor trainer and producer. He holds a Bachelor's Degree in Theater Arts from Calicut University and first rank holder of both M.A. as well as M.Phil in Drama and Theater Arts, from Pondicherry University.



He had extensively worked in the area of Theatre and film as an actor and producer. He was part of the prestigious Royal Shakespeare Company which toured around the globe and he had embellished notable performances as an actor in the shows. He had performed nearly 400 International Theatre shows across the continents of Australia, Europe, North America and Asia along with The Royal Shakespeare Company, Act Productions UK, The British Council and The Japan foundation asia center and had done noteworthy performances. He holds the filmography of around 60 films as actor and also accomplished his role as a producer. He is the recipient of Junior Fellowship from Ministry of Culture and the young artist scholarship from MHRD. He is an Associate Professor of Acting and formerly Dean of Films at Film and Television Institute of India, Pune and presently working as Director of KRNNIVSA on deputation.

## REGISTRATION FEE

1. Rs. 1000 for MAHE Students
  2. Rs. 1230+ 18% GST (Rs. 1500) for non MAHE Students (without Accommodation)
  3. Rs. 2000 for MAHE Professionals
  4. Rs. 2050+18% GST (Rs. 2500) for Non MAHE Professionals (without accommodation)
- (The accommodation can be arranged in a University hostel on the basis of direct payment basis at the venue.)

**Prof. Dr. Padma Rani, Professor, Director, MIC, MAHE**  
**Dr. Debjani Halder, Associate Professor, Coordinator of Certificate Course, MIC- MAHE**  
Student Coordinator: Amal H. and Rekan V. (President, MIC Film Club)

Deadline for application **18th February, 2025**  
Contact for queries: 9632787083

Link to Apply:  
<https://docs.google.com/forms/d/e/1FAIpQLSft5sXGNKP0jGGH1RGbWhflwZYf5-A19JMVlc6JseXlwJ6hcg/viewform>